

2017-18 Rensselaer Central Middle School Sports

Rensselaer Central Middle School offers sports to all 3 grade levels. All Student Athletes must meet the general requirements of the athletic department including:

- Physical – Performed any time after 4-1-17 and it is good for entire 2017-18 school year
- Concussion Acknowledgement/Sudden Cardiac Arrest Form
- Drug Testing Form

These forms need to be completed and turned into the Athletic Department prior to any participation or tryouts. These forms are available at each school, outside the Athletic Department and online at the Athletic Department website. Due to the nature of some team sports such as Volleyball or Basketball, tryouts may be necessary and a spot on the team is not guaranteed. Athletes must also meet all eligibility requirements set forth by the RCMS Administration.

Fall	Football	7 th Team – Comprised of all 6 th graders and most 7 th graders. 8 th Team – Comprised of all 8 th graders and possibly some 7 th graders that are physically, mentally and socially capable of 8 th grade football.
	Volleyball	6 th Team – Comprised of all 6 th graders 7 th Team – Comprised of all 7 th graders 8 th Team – Comprised of all 8 th graders
	Cross Country	All 6, 7 and 8 graders will comprise one MS Boys team and one MS Girls Team

Winter	Boys Basketball	6 th Team – Comprised of all 6 th graders 7 th Team – Comprised of all 7 th graders 8 th Team – Comprised of all 8 th graders	
	Girls Basketball	6 th Team – Comprised of all 6 th graders 7 th Team – Comprised of all 7 th graders 8 th Team – Comprised of all 8 th graders	
	Wrestling	All 6, 7 and 8 graders will comprise one MS Team	
	Swimming	All 6, 7 and 8 graders will comprise one MS Team	

Spring	Track	All 6, 7 and 8 graders will comprise one MS Boys team and one MS Girls Team
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Start Dates for Middle School Sports

Fall	Football	7 th Team – 8-7-17 8 th Team – 8-7-17	
	Volleyball	6 th Team – 8-14-17 7 th Team – 8-14-17 8 th Team – 8-14-17	
	Cross Country	Both Teams – 8-7-17	

Winter	Boys Basketball	6 th Team – 10-16-17 7 th Team – 10-24-17 8 th Team – 10-24-17	
	Girls Basketball	6 th Team – 10-16-17 7 th Team – 12-4-17 8 th Team – 12-4-17	
	Wrestling Team	– 1-8-18	
	Swimming Coed Team	– 1-29-18	

Spring	Track Both Teams	– 3-12-18
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