

MIKE MOON 1985

Sports Participated: Wrestling---4 years – 4 letters

Baseball—4 years – 3 letters

Cross Country—1 year – 1 letter

Wrestling:

Career record of 96-8

Undefeated in dual meets for career (75-0)

First state finalist in the wrestling program's history in 1985 (program started in 1969 under Joe Burvan)

Four-time conference champion

Four-time sectional champion

Three-time Twin Lakes Invitational champion

MVP or 'Baguba of the Year' three times

At graduation, held the record for most pins in a season, most decisions in a season, most consecutive victories (27) and most victories in a season (29)

Records for each season were 20-3 (1981-'82), 24-1 ('82-'83), 23-1 ('83-'84) and 29-3 ('84-'85)

Won an AAU state championship in 1981, and finished third in 1982

Baseball:

2 years All conference – Junior year at short stop and Senior year at 2nd Base - Hit .360 senior year.

1 year American Legion baseball in 1985. Hit .349 and helped Remington Post 280 win sectional title.

Cross Country: letter winner - senior year

College Attended: Purdue University 1985-87, and graduated from Indiana University in 1990 with degree from the School of Journalism.

Current Employment: Self-employed. Company is called Exclusively Tailored Custom Clothing.

Fondest Memory of High School:

Being the first to make the State Finals in Wrestling. Coach Joe Burvan was a happy man that day, and my brother and father were very proud. But I fondly remember all of my coaches and teammates and am proud to represent the class of 1985.

JASON POST 1985

Sports Participated: Swimming---4 years – 4 letters

Golf---4 years-3 letters

Swimming:

During his tenure as a student athlete at RCHS, Jason was a 4 time varsity letterman in swimming and a 3 time varsity letterman in golf. He competed as a state finalist in both sports.

In swimming, he was state finalist three years in a row in multiple events. His first trip to the State Finals occurred in 1983 during his sophomore year in the 500 yard freestyle. In his junior year, he competed in the State Finals in the 500 yard freestyle and as a member of the 200 yard Medley Relay. During his senior year, he was the Sectional Champion in the 100 yard Backstroke and competed in 3 events in the State Finals: The 100 yard Backstroke, the 100 yard Butterfly and as a member of the 200 yard Medley relay.

His top finishes in the State in swimming were 12th in the 100 yard Backstroke, 13th in the Medley Relay and 14th in the 500 yard Freestyle. Until recently, he was the RCHS record holder for the 500 Yard Freestyle. That record stood for 26 years.

Golf:

In his senior year in golf, he was the Conference Medalist and led the RCHS Golf Team to their first state tournament in several decades.

College Attended: After graduation RCHS in 1985 with honors, Jason attended St. Joseph's College where he was a 3 year varsity letterman in Golf.

After graduating college, Jason served honorably for 10 years as a US Naval Officer and Naval Aviator. He earned his Naval Aviator Wings on April 22, 1992 and was stationed overseas with Helicopter Combat Support Squadron 5 at Naval Air Station Agana, Guam flying the CH-46D Sea Knight. During his first tour of duty he participated in Operations Southern Watch, Vigilant Sentinel and Restore Hope in support of the US Navy's Seventh Fleet operations in the Persian Gulf. After completion of his tour overseas, he was selected as a Naval Aviation Flight Instructor with Helicopter Training Squadron 18 and stationed at Naval Air Station Whiting Field in Milton, Florida where he flew the TH-57B.

Current Employment: He currently is employed by the Fairfax County Police Department in Northern Virginia where he pilots a Law Enforcement and Emergency Medical Services helicopter. Jason has been married to his wife Kristin for 18 years and has 2 sons, Aidan and Wyatt.

Fondest Memory of High School:

Jason's fondest memory of high school athletics is his teammates. One important life lesson learned participating in high school athletics is Hard work pays off.