



Port Huron Schools

Advocate Innovate Educate

2015-2016 District Athletic Handbook For Student-Athletes and their Families

www.phhsbigreds.com

www.phnhuskies.com

Mission Statement

The mission of the Port Huron Schools' Athletic Department is to provide opportunities for students to participate in safe, coordinated, sequential interscholastic athletic programs promoting participation, sportsmanship, skill and knowledge development.





MHSAA STUDENT ADVISORY COUNCIL BELIEF STATEMENT

We believe athletes should be competitive, sportsmanlike and excel academically. We believe students in the stands should have fun, but not take the focus away from the game. We believe coaches should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that parents should always be positive role models and be supportive of their child's decisions. We believe officials commit their own time to high school sports and respect should always be shown and given to them.

The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.

Participation in extracurricular competitive interscholastic athletics is a student's privilege, not a right, that can be removed at any time for failure to meet the standards and requirements of particular teams, school or school districts, leagues or conferences, and regional, statewide or national organizations to which the student's school belongs. Observe completely all district policies regarding conduct, doing so as a duty to school, team & self. Counsel with the athletic director over questions of eligibility.

Practice and play fairly, giving complete effort in all circumstances and credit in victory to teammates and to opponents in defeat.

Accept favorable and unfavorable decisions, as well as victory and defeat, with equal grace.

Demonstrate respect for opponents and for official *MHSAA CODE FOR ATHLETES*.

Know and adhere to the athletic code of the school.

Exceed all attendance and academic requirements as practical evidence of loyalty to school and team and a proper philosophy of school-sponsored athletics.

~ INFORMED CONSENT ~

By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

RESPONSIBILITY

Being a member of an athletic team is the fulfillment of an early goal for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic program is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic team, you have inherited a wonderful tradition, a tradition you are challenged to uphold.

Our tradition has been to compete with honor. We desire to win, but only with honor to our athletes, our school, our community, and your family. Such a tradition is worthy of the best efforts of all concerned. Over many years our squads have achieved more than their share of league, tournament and State championships. Many individuals have set records and won All-State and All-Conference honors.

It will not be easy to contribute to such a great athletic program. To compete for your school may mean that you will have to say "NO" to influences that an athlete cannot afford. When you wear the colors of your school, we assume that you not only understand our traditions, but are willing to assume the responsibility that goes with them.

Responsibility to Yourself

The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your high school experiences. Your studies, your participation in other co-curricular activities as well as in sports, prepare you for your life as an adult.

Responsibility to your School

Another responsibility you assume as a squad member is to your school. Port Huron Schools cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage. By participation in athletics to the maximum of your ability, you are contributing to the reputation of your school.

Responsibility to Others

As a squad member, you also bear a heavy responsibility to your home and community. When you know in your heart that you have lived up to the training rules, that you have practiced to the best of your ability, and that you have played the game "all out", you maintain self-respect and your family and community can be justly proud of you. Always be mindful that the younger students of Port Huron Schools are watching you. They will emulate you in many ways. Set good examples so their athletic experiences may have a positive effect on them just as you expect to gain from your participation in athletics.

LEADERSHIP

You assume a leadership role when you are on an athletic squad. The student body and citizens of the community know you. You are on stage with the spotlight on you. The student body, the community and other communities judge our school by your conduct and attitude both on and off the field. Because of this leadership role, you can contribute greatly to your school spirit and community pride. Make Port Huron Schools proud of you, and your community proud of your school, by your faithful exemplification of these details.

Role of the Athlete

Athletes are in school first for an education. An interscholastic athletic program has a proper place in Port Huron Area Schools only when it is an educational function. The values of athletics, as far as the athletes are concerned, are many. In order to get the most out of their athletic competition, athletes must assume certain responsibilities:

- Strive to achieve sound citizenship and desirable social traits, including emotional control, good sportsmanship, honesty, cooperation, dependability, and respect for the other fellow and his abilities
- Maintain academic and eligibility standards
- Show respect for both authority and property
- Learn to attain physical fitness through good health habits
- Learn the spirit of hard work and sacrifice
- Desire to excel

Conduct of the Athlete

The conduct of any athlete is closely observed in many areas of life. It is important that your behavior be above reproach in all of the following areas:

- On the Field - In the area of athletic competition, a real athlete does not use profanity or illegal tactics, and learns fast that losing is part of the game and that you should be gracious in defeat and modest in victory. It is always courteous to congratulate the opponent on a well-played game after the contest, whether in defeat or victory.
- In the Classroom - In the academic arena, a good athlete must be a good student. A person cannot be a classroom laggard and think he/she can be an outstanding athlete. If you do not give 110% in class, you will not give 110% on the practice field or floor and will never reach your potential. As an athlete, you must plan your schedule so that you may allocate sufficient time and energy to your studies - as they are your priority.

In addition to maintaining good scholarship, an athlete should give respectful attention to classroom activities and show respect for the students and faculty at all times. Horseplay and unnecessary boisterousness are not approved habits of behavior. A healthy athlete should have a good attendance record. Never cut classes or school. *You must be in school at least half of the day to participate in any athletic contest or practice on that day.*

ELIGIBILITY

Academic Eligibility Requirements

Being an athlete sets one aside from the rest of the student body. Athletes set the example in many areas of school life. This example setting is particularly important as it relates to the elementary and middle school students of our district.

Athletes, on the average, receive higher grades than most other students. This is true for many reasons including an athlete's increased awareness of the importance of school and school activities to their lives. Students who excel in school activities also excel in the classroom.

Part of the eligibility requirements of the Michigan High School Athletic Association deal with the athlete's academic standing and progress. The state (and Port Huron Schools') standards are that an athlete must have passed a minimum of four classes at the conclusion of the last semester of enrollment and continues to pass at least four classes during the season of competition.

In-season academic standing will be determined by the Athletic Director utilizing the "Current Eligibility Check" in Skyward every Monday morning. Students not meeting current academic eligibility standards will be notified that day by the athletic director that they are ineligible for one week. The athletic department will notify the parent and coach involved by the end of the school day. This repeats every week. If a student-athlete continues to fail more than two classes after three weeks of ineligibility during a season, he or she will be removed from the team for the remainder of the season.

We expect our athletes to do more than meet the minimum state requirements. Every student athlete has the opportunity to choose from a great number of course offerings suited to individual needs, desires, and achievement expectations. Our Counselors work closely with their students and parents to help achieve maximum growth and potential.

Transfers Following Violations at Other Schools

Port Huron Schools will enforce upon a transfer student any period of ineligibility to which that student would have been subject as a result of a student or athletic code violation(s) at that student's most recent school of attendance.

A student who transfers after becoming ineligible because of a student or athletic conduct code violation(s) at the previously attended school shall remain ineligible at Port Huron Schools for not less than the period of ineligibility imposed by the previously attended school. This would be the case even if the student's situation would otherwise satisfy one or more of the exceptions to the transfer regulation of PHS and the Michigan High School Athletic Association (Regulation I, Section 9), and even if the act which caused the student's ineligibility at the previous school would not be a violation or cause the same period of ineligibility. That student was subject to the rules and penalties of the previous school and shall not be allowed to escape the consequences of his/her conduct and in doing so displace students of PHS from teams, positions, events and awards at least the full period of ineligibility has been served.

PROGRAM

Port Huron Schools will make every reasonable effort to ensure that all individuals associated with our athletic programs and contests conduct themselves in a sportsmanlike manner.

Guidelines

The following actions on the part of players, coaches, parents and/or spectators will not be tolerated:

- Physically or verbally abusing any official, coach, player or spectator
- Inciting participants or spectators to violent behavior
- Using profanity, vulgarity, making derogatory or demeaning comments, or making obscene gestures (verbal or written)
- Mistreatment of the facilities or equipment
- Throwing of objects onto the playing surface or at participants or spectators
- Unauthorized entrance of the field of play
- Other acts of conduct deemed by the school personnel supervising the event as inappropriate

Penalties

Penalties for unsportsmanlike conduct may result in, but are not limited to, the following:

- Verbal warning
- Removal from the facilities
- Barring an individual from attending future athletic events
- Issuance of a no-trespassing order prohibiting an individual from entering school property or attending school functions
- Contact law enforcement and possible criminal prosecution
- Additional penalties for unsportsmanlike behavior on the part of players, students, coaches and school personnel will be administered in accordance with established District policies.

Awards

All Freshman and Junior Varsity athletes will receive a certificate for their particular sport. Any athlete who has earned a Varsity Letter will receive a Varsity Certificate, a Varsity "Letter", and a sport insignia. If an athlete earns a second letter in a Varsity sport, they will receive a Year Bar. If an athlete has earned a Varsity Letter in another sport, they will receive the sport insignia and a year bar. An athlete will be given only one Varsity Letter.

All Varsity athletes are eligible for the MAC Academic Award. In order to receive this award an athlete must have a 3.0 cumulative G.P.A.

Risk of Injury

Be aware that playing or practicing in interscholastic sports can be a dangerous activity involving many risks of injury. These injuries could include the following to my child as a result of his/her participation: bruise and cuts, muscle tears, sprains and strains, broken bones, closed head injuries, partial or full paralysis, death, other impairments to the body or mind.

Travel

It is understood that travel to and from authorized school athletic events or practices for the season may be by means of school bus, private car or walking (Note: private car is meant to be one driven by the coach or other authorized person).

POLICIES FOR ATHLETES

Citizenship and Academics

An athlete must work to his/her academic potential in his/her academic subjects. He/she must also display good school citizenship at all times. Disciplinary action taken by the school may be supplemented by additional disciplinary action by the Athletic Department.

Missing Class

An athlete shall not participate in athletics on the day he/she has been absent from any class without just reason and/or prior approval. If an athlete is too ill to attend class, he/she is too ill to participate in athletics. Again, academics are our priority.

Missing Practice

An athlete should always consult his/her coach before missing practice. Missing practice or a game without good reason will be dealt with by reducing playing time. Sudden illness or some other emergency would be a good reason for missing practice or a game.

Dropping or Transferring Sports

In extremely rare cases an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed: a) talk with your coach, b) report your situation to the Athletic Director, c) check in all equipment issued to you. If an athlete wishes to change sports, he/she must have approval of both coaches concerned and the athletic director prior to ever practicing or competing with new team.

Equipment

School equipment checked out by the student athlete is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation. Athletes are to wear only department approved equipment.

Travel

All athletes must travel to and from out-of-town athletic contests in transportation provided by the Athletic Department unless specific permission is granted by the coach and Athletic Director. **We leave and return as a team unless there is an emergency.** Students may then leave **only** with a parent and the parent must sign a release form. Athletes will remain with their squad and under the supervision of a coach when attending away contests. All regular school bus rules will be followed when applicable including food, noise, remaining in seats, and care and respect for equipment. Always dress appropriately and in good taste - remember you are an ambassador of our district.

College Recruitment Policy

In the event an athlete should be contacted personally by a college recruiter, he/ she has an obligation to work through his/her coach and the Athletic Department. Inform your coach of such a contact as soon as possible.

Conflicts in Co-Curricular Activities

An individual student who attempts to participate in too many co-curricular activities will undoubtedly be in a position of a conflict of obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of co-curricular activities and will attempt to schedule events in a manner so as to minimize conflicts. Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty sponsors involved immediately when a conflict does arise.

Personal habits of good health

An athlete shall develop the following habits:

- shower after each workout (using soap)
- keep finger and toenails cut short
- keep all personal and athletic clothing clean
- as rest is important, attempt to get adequate rest at all times
- good nutrition is important, eat healthy foods

Grooming and Dress

A member of an athletic team is expected to be well groomed and dressed neatly. Appearance, expression and actions always influence people's opinions of athletes, the team and the school. Sportsmanship, leadership, team pride and respect are influenced by an athlete's grooming and dress. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in this community.

Only uniforms issued by the Athletic Department will be permitted to be worn for contests. An athlete shall dress presentably at all times while on trips, at assemblies or at banquets.

POLICY ON ATHLETIC INJURIES

A Physical Examination and parent's consent is required of every student before he/she is allowed to participate in tryouts, practice sessions or games. Coaches shall check each player personally to ascertain that these requirements have been fulfilled.

Athletics are voluntary programs in which a student may participate if he/she so desires, but he/she does so at his/her own risk of injury. Port Huron Schools will not assume any responsibility or liability relative to doctor or hospital expense. This policy should be explained to all students participating in the program by each coach. The coach should emphasize that neither their name nor the name of the school should be used where medical expense is involved.

Coaches and the school district will strive to ensure:

- that all players receive adequate instructions in the fundamentals
- that all players provide or have provided good protective equipment and that players are told to check their equipment and ask for replacements if and when they think it is defective
- that players receive adequate medical examinations
- that injured players are not returned to competition unless a physician clears them for further action

Whenever possible, a coach or trainer will accompany an injured player to the hospital. The coach will call the parents at once and notify the Principal and/or Athletic Director as soon as possible.

When an injury occurs, it is the responsibility of the coach to fill out an injury report and return it to the Athletic Director within 24 hours after the injury occurs. This report is required as a precaution against personal and school liability.

A student returning to athletic participation following a lengthy illness or serious injury must deliver to his/her coach or trainer a statement from the physician releasing him/her for participation in practice and competition.

RULES AND REGULATIONS

Basic Rule of Conduct

As a general rule, any time student athletes do anything to bring discredit to themselves, their family, their team, or their school, they are in effect telling their coaches that they no longer want to be a member of the team. An athlete will not engage in or be an accomplice to the act of stealing, extortion, gross disrespect, bullying, or vandalism or any other types of inappropriate behavior. Violation of these basic rules of conduct will mean the suspension of the student athlete and possible exclusion from that sport or athletic program.

Illicit Substances and Severe Inappropriate Behavior

Students who are involved in school activities are in a leadership role representing their school and the school district. Involvement is a privilege. The school and the school district will not condone the use, possession, buying selling or giving away of illicit substances, including illegal drugs, inhalants, alcohol, tobacco products, steroids and performance enhancing substances, drug paraphernalia, etc., or involvement in other severe inappropriate behavior by participants in co-curricular activities. Infractions of this rule will be directed to the appropriate administrator and acted upon immediately.

Suspension Procedure for Violations

The importance of enforcement of all regulations in this book should be apparent. A firm and fair policy of enforcement is necessary. The community, school administrators and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. It is our intent to preserve rules that reasonably pertain to the health and safety of the individual, and to the orderly conduct of sports. We do not wish to establish arbitrary personal preferences to insure absolute uniformity. The welfare of the students is our major consideration. What happens to them is of primary importance. Hopefully, their welfare transcends any other consideration.

Discipline Procedure

In the event an athlete fails to comply with necessary standards, the athlete will be denied the privilege of participating. After meeting with the student and investigating, the coach (or athletic director) will notify the student and his family of the decision. The Athletic Director will send written notification of the violation, consequences, and due process procedure.

If the athlete or family chooses to appeal they must contact the Athletic Director within 2 days of receiving written notification. The Athletic Director may schedule a meeting with the student, parent, coach, and to re-examine the issue. The AD will communicate his/her decision to uphold or change discipline.

If athlete or family still wish to continue the appeal process after this communication, they must request an appeal in writing to the building principal within 3 days. The written request should be specific as to the basis and grounds of the appeal.

The principal may communicate directly or elect to convene an appeal hearing with a committee comprised of the following voting members:

High School Principal (chair - non voting)	1 Teacher (non coach)
1 Coach	1 Executive Director
1 Community Member	1 Teacher (non coach)

The appeals committee will grant or deny the appeal by secret ballot and the decision is final. The appeals committee will determine whether to uphold, decrease, increase, or revoke the suspension. The Principal will contact the family with the committee's decision within 24 hours of the hearing and follow up in writing. This is the absolute final action the district will take.

CLARIFICATION OF CO-CURRICULAR POLICY

Students who violate Port Huron Schools co-curricular policy are subject to a suspension period from their respective co-curricular activity. The suspension period is defined as follows:

First Violation

For any first violation the student will not participate in at least 30% of a given season. For athletics, the season begins for each sport and students are “involved” from the first day of the sport season as defined by the MHSAA for high school athletes (and the SCCIAA for middle school athletes) through the presentation of awards at the end of the season (awards banquet, assembly, etc.). The season for fall sideline cheer will coincide with that of football. The season for winter sideline cheer will be the same as competitive cheer.

Out of Season

For out of season violations the student will be held out of the first 30% of the first sport season contests the student participates in. The student will not be allowed to participate in any pre-season scrimmages or be on the sideline during the suspension period. If the violation occurs during a season with more than 70% of the season completed, the remaining percentage would carry over into the next regular season. The percent is based on days of competition not games or matches. *Note: If less than the maximum number of games allowed by MHSAA, 30% of the games scheduled for that season.*

The suspension will begin after the meeting with the building administrator. A student is expected to attend tryouts and practice during their suspension. Any season that involves the suspension period must be fully completed: the student may not choose to join a team, serve the suspension period, and quit that season. The suspension begins again in full if a season involving the suspension is not completed.

Substance Violation

If the student is involved in a drug, alcohol or steroid related violation, in addition to the penalties above, the student must initiate themselves and participate in a drug education program (approved by Athletic Director). Failure to comply will render the student unable to participate in all activities until this requirement is met.

Severe Violation

Involvement in severe inappropriate behavior such as larceny, assault, malicious destruction of property, etc. will result in immediate suspension from all co-curricular activities. A final decision regarding the length of the suspension will be made by the appropriate administrator based on the nature and severity of the violation. The length of the suspension can be up to one calendar year.

Subsequent violations

(2nd offense, 3rd, etc.) will result in the student being suspended from all co-curricular activities for a period of at least one calendar year from the date of the meeting with the administrator.

PORT HURON SCHOOLS
CO-CURRICULAR POLICY REGARDING SEVERE INAPPROPRIATE BEHAVIOR
INCLUDING ILLICIT SUBSTANCES
(Alcohol, drugs, tobacco, steroids, etc.)

Students shall not use, possess, buy, sell or give away illicit substances, including illegal drugs, inhalants, alcohol, tobacco products, steroids and other performance enhancing substances, drug paraphernalia, caffeine pills, medication (except the possession or use of prescription medication when authorized under the District's medication policy), fake and look-alike drugs or alcohol. Larceny, assault, vandalism, or other inappropriate behavior will not be tolerated. In addition to penalties described in the Student Code Handbook applicable to all students, students found to be in violation will lose the privilege of participating in co-curricular activities.

A. The penalty for the first offense of use, possession, buying, selling or giving away of illicit substances

will be immediate removal from any activity the student is participating in for the duration of the activity. In addition, the student shall be prohibited from participation in all other co-curricular activities for a period of 30% of season from the date of the meeting with the appropriate administrator to convey the disciplinary action. Students between activities at the time of the violation will be prohibited from participating in all co-curricular activities for a period of 30% of season from the date of the meeting with the administrator. Subsequent violations will result in suspension from all co-curricular activities for a period of one calendar year.

B. The penalty for involvement in larceny, assault, vandalism or other inappropriate behavior

will be immediate suspension from all co-curricular activities. A final decision regarding the length of the suspension will be made by the appropriate administrator based on the nature and severity of the violation. The penalty can result in the student being removed from all activities for the duration of the activities and the student being prohibited from participating in other co-curricular activities for a period of 30% of season and up to one calendar year.

C. The duration of a co-curricular activity

is defined as the entire season, appointment, elected term, etc. For athletics, the season begins the first day of practice allowed by the Michigan High School Athletic Association for that sport and continues through the presentation of the athletic awards or last contest, whichever comes last (Note: For middle school, starting dates are determined by the St. Clair County Intermediate Athletic Association).

D. These rules are in effect for students both at school, outside of school hours and during vacations (includes summer).

Each coach has the right and the responsibility to select his/her squad personnel and to make substitutions as he/she sees the need.

Each coach has the right and responsibility to drop members from his/her squad. Such action may result because of such reasons as: lack of physical, mental or moral fitness; lack of sufficient application to work; lack of cooperation, with the team or coach; and failure to observe training rules/regulations.

A student who makes the squad in one sport and who does not finish the season in that sport, will not be eligible to start practicing for another sport before the end of the competition in the sport he/she dropped, unless he/she has the consent of the coaches of both sports.

Coaches in all sports are at liberty to advise and instruct individuals at any time during the year, consistent with regulations of the M.H.S.A.A. and the Port Huron Schools.

In a rare case it may be reasonable and proper to refuse to accept a candidate for a sport. In such instance, the case is to be reviewed by the principal, the athletic director and the involved coach.

Participation in more than one sport within a season is possible if all coaches involved are in agreement.

If it is necessary for an athlete to be absent from a practice session, he/she must notify his/her coach prior to the practice time.

Requirements for participation

As an athlete you are not eligible to participate in any sport until:

- A physical examination is completed and a signed form has been turned into the Athletic Office
- All eligibility requirements have been satisfied
- An emergency treatment release card is on file with your coach
- A *Co-Curricular Policy Regarding Alcohol, Drugs, Tobacco and other Severe Inappropriate Behavior* form, signed by both parent *and* student, is on file in the Athletic Office
- A *Waiver of Liability* form, signed by a parent, is on file with your coach
- An *Athletic Participation and Travel Permit*, signed by a parent, is on file with your coach
- PHS Activity Fee form and fee are submitted to the Athletic Office

PORT HURON AREA SCHOOL DISTRICT
ATHLETICS

REQUIRED FORMS & FEES
*Please read, sign and return
the following forms to your coach:*

Co-Curricular Policy
Activity Fee
Co-curricular Policy Parental Consent Concussion Awareness Waiver of Liability
ImPACT Concussion
Athletic Participation and Travel Permit

**PORT HURON AREA SCHOOL DISTRICT
CO-CURRICULAR POLICY REGARDING SEVERE INAPPROPRIATE BEHAVIOR
INCLUDING ILLICIT SUBSTANCES
(Alcohol, drugs, tobacco, steroids, etc.)**

Students shall not use, possess, buy, sell or give away illicit substances, including illegal drugs, inhalants, alcohol, tobacco products, steroids and other performance enhancing substances, drug paraphernalia, caffeine pills, medication (except the possession or use of prescription medication when authorized under the District's medication policy), fake and look-a-like drugs or alcohol. Larceny, assault, vandalism, or other inappropriate behavior will not be tolerated. In addition to penalties described in the Student Code Handbook applicable to all students, students found to be in violation will lose the privilege of participating in co-curricular activities.

A. The penalty for the first offense of use, possession, buying, selling or giving away of illicit substances

will be immediate removal from any activity the student is participating in for the duration of the activity. In addition, the student shall be prohibited from participation in all other co-curricular activities for a period of 30% of season from the date of the meeting with the appropriate administrator to convey the disciplinary action. Students between activities at the time of the violation will be prohibited from participating in all co-curricular activities for a period of 30% of season from the date of the meeting with the administrator. Subsequent violations will result in suspension from all co-curricular activities for a period of one calendar year.

B. The penalty for involvement in larceny, assault, vandalism or other inappropriate behavior

will be immediate suspension from all co-curricular activities. A final decision regarding the length of the suspension will be made by the appropriate administrator based on the nature and severity of the violation. The penalty can result in the student being removed from all activities for the duration of the activities and the student being prohibited from participating in other co-curricular activities for a period of 30% of season and up to one calendar year.

C. The duration of a co-curricular activity

is defined as the entire season, appointment, elected term, etc. For athletics, the season begins the first day of practice allowed by the Michigan High School Athletic Association for that sport and continues through the presentation of the athletic awards or last contest, whichever comes last (Note: For middle school, starting dates are determined by the St. Clair County Intermediate Athletic Association).

D. These rules are in effect for students both at school, outside of school hours and during vacations (includes summer).

The student has the right of appeal by the following process:

1. Appeal to the Athletic Director
2. Appeal to the Building Principal
3. Appeals Committee as convened by Building Principal

Student Name (PRINTED)	Student Signature	Date
Parent/Guardian Name (PRINTED)	Parent/Guardian Signature	Date

PORT HURON AREA SCHOOL DISTRICT ACTIVITY FEE POLICY

The Port Huron Area School District provides a variety of student extra-curricular activities that have paid advisors/coaches and other operating expenses. The District has determined that students shall be assessed a fee to partially offset the cost of these activities. The policy regarding Activity Fees and the amount charged will be reviewed annually to address changing needs and costs.

Middle School Activities

\$50 annual fee regardless of the number of activities

Athletics ~ Drama ~ Drill Team ~ Quiz Bowl

High School Activities

\$200 cap per student

Athletics \$100

Drama \$75 ~ Drill Team \$75 ~ Quiz Bowl \$75

Note: Drama is considered one activity with a one-time annual fee of \$75 regardless of the number of drama productions

Family - Fees will be capped at \$300 per family regardless of the number of children participating in activities at any level. Parents are responsible for keeping track of fees paid and notifying the appropriate school administrator when the family cap has been reached.

Free or Reduced Meals Program - The fee shall be \$25 for students who are approved for free or reduced meals through the Household Information Survey with a \$50 cap per student and \$100 per family.

Rules Regarding Fees

1. The Activity Fee must be paid and a completed **Activity Fee Contract** (reverse side) submitted to the advisor/coach BEFORE the first contest/performance in that activity.
2. All checks should be made out to Port Huron Schools (or PHASD).
3. Payment of an Activity Fee does not guarantee playing/participation time on a team or other activity.

Refunds

1. Students who are cut from an activity will be reimbursed the full amount of the fee.
2. Students who voluntarily quit an activity within ten (10) calendar days after enrolling and whose equipment has been returned will be reimbursed the full amount of the fee.
3. After ten (10) calendar days, a refund may be allowed if the student's withdrawal is the result of illness or injury. The illness or injury must have a prognosis as lasting the duration of the season/activity.
4. Fees will not be refunded for students who are removed from an activity because of disciplinary reasons, academic ineligibility or who voluntarily quit after ten (10) calendar days after enrolling.

If you have any questions, please contact your building Assistant Principal/Athletic Director.

Directions for Parents/Guardians: Complete the top of this form. Check reverse side for policy and required fees. Send/deliver completed form with payment (check or cash) to the school Assistant Principal/Athletic Director. The form and payment must be received BEFORE any student will be allowed to participate in a contest/performance.

ACTIVITY: _____	Fee attached: _____
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Student Name: _____ Birth Date: _____

School: _____ Grade: _____

Home Address: _____

City: _____ Zip: _____

Home Phone: _____ Daytime Phone: _____

My signature indicates that I have read, understand and agree to the terms specified in the Activity Fee Policy found on the reverse side of this form. Furthermore, I understand that payment of this fee does not guarantee playing or participation time on any team or activity.

Parent/Guardian's Signature Date

Payment(s) previously THIS SCHOOL YEAR:

Activity: _____ Fee Paid: _____

Activity: _____ Fee Paid: _____

Family Cap met? YES NO Student Cap met? YES NO

Free/Reduced Meal Plan? YES NO

School Office Use Only:

Free/Reduced Verified and on File?	YES	NO	
Family Cap of \$300 reached?	YES	NO	<i>Forms MUST BE ATTACHED</i>
Student Cap of \$200 reached?	YES	NO	<i>Forms MUST BE ATTACHED</i>

Payment(s) Received:

Activity: _____ Date: _____ Amt: _____ Ck # _____

Activity: _____ Date: _____ Amt: _____ Ck # _____

Activity: _____ Date: _____ Amt: _____ Ck # _____

Comments: _____

Received by: _____
Name & Title Date

Directions for School Personnel: Keep original on file; provide two-sided copy to parent upon request.

**PORT HURON AREA SCHOOL DISTRICT
ATHLETIC DEPARTMENT**

***ATHLETIC PARTICIPATION, RISK OF INJURY,
INSURANCE COVERAGE, TRAVEL PERMIT, SPORTSMANSHIP***

PARENTAL CONSENT FORM

Directions: This form must be completed, signed by a parent or legal guardian and returned to the school before a student will be allowed to participate in interscholastic athletics. Please read the information carefully and contact your school's athletic director if you have any questions.

Risk of Injury: I am aware that playing or practicing in interscholastic sports can be a dangerous activity involving many risks of injury. These injuries could include the following injuries to my child as a result of his/her participation: bruises and cuts, muscle tears, sprains and strains, broken bones, closed head injuries, partial or full paralysis, death, other impairments to the body or mind. I acknowledge that the risk of injury will vary by type of activity and sport.

Insurance Coverage: I acknowledge that the school does not provide insurance coverage for athletes. I understand that it is my child's responsibility to report accidents that occur in school sponsored and supervised interscholastic sports to his/her coach immediately. I understand that it remains my responsibility to seek appropriate medical treatment and to pay for all medical expenses resulting from injuries incurred while my child participates in athletics.

Travel: I grant permission for my child to travel to and from authorized school athletic events or practices for the season by means of school bus, private car or walking (Note: private car is meant to be one driven by the coach or other authorized person).

Sportsmanship: The Port Huron Area School District Board of Education has adopted the following code of good sportsmanship for our athletes, coaches and spectators involved in interscholastic athletics.

Mission

The Port Huron Area School District will make every reasonable effort to ensure that all individuals associated with our athletic programs and contests conduct themselves in a sportsmanlike manner.

Guidelines

The following actions on the part of players, coaches, parents and/or spectators will not be tolerated:

- Physically or verbally abusing any official, coach, player or spectator.
- Inciting participants or spectators to violent behavior.
- Using profanity, vulgarity, making derogatory or demeaning comments, or making obscene gestures (verbal or written).
- Mistreatment of the facilities or equipment.
- Throwing of objects onto the playing surface or at participants or spectators.
- Unauthorized entering of the field of play.
- Other acts of conduct deemed by the school personnel supervising the event as inappropriate.

Penalties

Penalties for unsportsmanlike conduct may result in, but are not limited to the following (and may skip steps):

- Verbal warning.
- Removal from the facilities.
- Barring an individual from attending future athletic events.
- Issuance of a no-trespassing order prohibiting an individual from entering school property or attending school functions.
- Contact law enforcement and possible criminal prosecution.

Additional penalties for unsportsmanlike behavior on the part of players, students, coaches and school personnel will be administered in accordance with established District policies.

I understand and agree to abide by the sportsmanship guidelines established by the school district. I realize that I (and my guests) will be subject to the penalties described if I (or my guests) engage in conduct that is deemed unsportsmanlike at any Port Huron Area School District athletic function.

Participation Agreement: I understand the potential risks of injury and agree the Port Huron Area School District and anyone associated with it will not be held responsible for any loss, injury or death related to my child's participation in the school athletic program except for injuries or damages caused by an authorized Port Huron Area School District agent resulting from the agent's gross negligence or intentional act as determined by a court of law.

I also recognize that it is my responsibility to support and obey the rules of the school, facility, team, and the coaching staff, and to conduct myself in a sportsmanlike manner at all school activities.

My signature at the bottom of this form means that I have read, understand and agree to these terms of my child participating in athletic activities.

Student's Name (please print)

School

Parent/Guardian Name (please print)

Sport

Parent/Guardian's Signature

Date

ImPACT Testing Consent Form

I have read the information below.
I understand its contents.

I have been given an opportunity to ask questions
and all questions have been answered to my satisfaction.

I agree to participate in the ImPACT Concussion Management Program.



*Immediate Post-Concussion
Assessment and Cognitive Testing*

NAME of ATHLETE: _____

SPORT(s): _____

DATE: _____

Signature of Student Athlete: _____

Signature of Parent/Guardian: _____

Port Huron Northern and Port Huron High Schools are currently implementing an innovative program for our student athletes. This program will assist our team physicians and athletic trainers in evaluating and treating head injuries (concussions). In order to better manage concussions sustained by our student athletes, we have acquired a software tool called ImPACT - *Immediate Post-Concussion Assessment and Cognitive Testing*. **ImPACT is a computerized exam** utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This **non-invasive test** is set up in "video game" format and takes about 15-20 minutes to complete. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed and concentration. It is not an IQ test.

If concussion is suspected, the athlete will be required to retake the test. Both the preseason and post-injury test data is useful to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return to play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

We are excited to implement this program given that it provides us the best available information for managing concussions and preventing the potential brain damage that can occur with multiple concussions. The Port Huron Area School District administration, coaching, and athletic training staffs are striving to keep your child's health and safety at the forefront of the student athletic experience.

Please return the attached page with the appropriate signatures. If you have any further questions regarding this program, please feel free to contact John Brady at (810) 841-0503 or Amy Nelson at (810) 300-5362.

John Brady, AT, ATC, PES
Athletic Trainer
Port Huron High School

Amy Nelson, MS, ATC
Athletic Trainer
Port Huron Northern High School