

PHYSICAL NIGHT



Pre-registration recommended!

DATE: Thursday, April 26, 2018

PLACE: NHS - Enter @ North Lobby Door #1

TIME: 6:00 - 7:30 p.m.

FEE: \$30 per Athlete (current 6th-11th grade)

Prior to Physical Night:

- Pick-up student athlete physical packet from Athletic office and complete 2018 Physical Night registration on familyid.com/organizations/northridge-high-school
- Pre-pay \$30.00 deadline April 19, 2018 **(No Refunds)***
- Bring complete packet to physical night.

NHS WILL HAVE AREA DOCTORS ON-SITE FOR YOUR CONVENIENCE.

SPECIFIC REQUIREMENTS

2018-19 PHYSICALS MUST BE TURNED INTO THE ATHLETICS OFFICE BY JUNE 30, 2018 TO PARTICIPATE IN SUMMER WORKOUTS.

- **NO** student will be allowed to participate with any history of heart disease, seizures, or are currently taking any medicine for chronic illnesses. These students should see their own family doctor.
- A parent/guardian is suggested to accompany the athlete during physical night. If parent/guardian is unable to attend, athlete must be prepared to answer questions answered with a "Yes" on the Medical Questionnaire.

****Physicals done before April 1, 2018, are not valid for the 2018-19 school year**