



## Instructions for Parents

Register My Athlete allows parents to register their student-athletes for sports online. Here are some basic steps to follow when registering your student-athlete for the first time:

- 1. Find Your School:** Find your school by going to <http://registermyathlete.com/schools/>, selecting your state, and finding your school. Click on the school to continue to the next step. Schools are encouraged to make a direct link from their school's website.
- 2. Create an account:** Now begin creating your account by clicking the "Create An Account" button. After filling in the required information the system will automatically log you in and you will be required to accept the terms of use.
- 3. Add a new student-athlete:** The next step is to add a student-athlete. You can do so by clicking the "My Athletes" tab on the left-hand side of the page or by clicking "Add Athlete" underneath the "My Athletes" tab. This only needs to be done once during your student-athlete's entire career at a school. The information entered here will carry over from year to year. This information includes your student-athlete's contact information and medical information.
- 4. The student-athlete's profile:** After you've created your athlete you will be brought to their Profile page. This page is a summary of their info and involvement.
- 5. Register for a sport:** Click "+ Register For A Sport" to begin registration, you will be asked to choose the sport for which your student-athlete is registering.
- 6. Your registration checklist:** This page shows the status of your student-athlete's registration. You will be asked to complete several steps to complete registration including agreeing to documents, and completing the physical exam forms.
- 7. Physical Exams:** Pre-participation physical exam documents and/or interim questionnaires should be completed by the parents (or medical professionals as needed). Parents have the ability to upload these documents to the system. Uploaded documents will need to be verified by the administration at the school prior to being