

TSD APPROVED
for distribution



CROSS COUNTRY CAMP
ELEMENTARY/MIDDLE SCHOOL
BOYS AND GIRLS
Entering GRADES 1-8
June 19 – June 23, 2017
6:00 – 7:30 p.m.

**The Talawanda Cross Country Team Proudly Offers
A Brave Cross Country Camp**

I would like to personally invite your son/daughter to A Brave Cross Country Camp. The purpose of the camp is to raise an awareness of the sport of cross country for elementary and middle school students by teaching basic training routines, and allowing the athlete to enjoy the benefits of running through a positive and rewarding experience. ~ Coach Paul Stiver

CAMP DATES: June 19th – June 22nd with Camp Race on June 23rd
COST: \$35 (registration received on or before June 1st) \$45 (registration received after June 1st)
Each additional child per family is only \$25! Please arrive 15 minutes early on Monday, June 19th.
In case of inclement weather, decisions on camp will be emailed to parents.

Camp will be held at Talawanda High School. More Info at www.talawandacrosscountry.com

Talawanda Cross Country Camp
(entering 1st - 8th grade)
6:00 - 7:30 PM

Campers will receive...

- ☑ instructions on how to warm-up and cool down properly
- ☑ lessons on correct running form
- ☑ teaching on how to train for distance running
- ☑ fun and games
- ☑ a camp t-shirt

***Each camper is also invited to participate in a camp race on
Friday, June 23rd at 6:00 PM***

2017 Talawanda Boys and Girls XC Camp Registration Form

Child's Name _____ T-Shirt Size Youth S M L or Adult S M L XL
First Last (circle one)

Gender _____ Grade (entering) _____ Age (at time of camp) _____

Parents' Names _____ Email _____ @ _____

Phone Number (home) _____ (emergency/work/cell) _____

I release Talawanda Schools and its administrators, the Talawanda XC Camp, its Director, and its Staff from any and all liability in the event of injury and accident. I acknowledge that liability for such injury lies solely with the participant.

Parent/Guardian Signature _____ Date _____

Paid

RETURN TO: Paul Stiver 5301 University Park Blvd. Oxford, OH 45056
Make checks payable to: Talawanda Athletic Boosters
CONTACT: Head Coach – Paul Stiver @ 937-266-8646 or stiverp@talawanda.org

Date Rec.
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Positive Attitude * Give 100% * Finish What You Start