

## Appendix A

### ASSUMPTION HIGH SCHOOL DRUG, ALCOHOL, AND TOBACCO POLICY FOR STUDENT ATHLETES

Because I want to represent Assumption High School in a positive manner, and because I have chosen to participate as an athlete at Assumption High School during the current school year, I agree to the following:

- \* I will not smoke or use tobacco products.
- \* I will not possess or use alcohol.
- \* I will not possess or use unauthorized drugs or other substances.

I realize that to achieve my goals as an athlete and to be a positive role model, possessing or using alcohol, unauthorized drugs or other substances, or tobacco products is unacceptable at any time; this includes during the school year, not just my season, and out of school as well as at school and at school-sponsored events. I realize that school policies regarding tobacco use and the possession or use of alcohol, unauthorized drugs, or other substances, as outlined in the student handbook, apply to students when they participate in school athletics. If I use, possess, or am found to be under the influence of any of the aforementioned substances, I agree to accept the following **additional** consequences:

#### FIRST VIOLATION

- \* athletic director/coach/player conference
- \* one-week ineligibility
- \* meet a minimum of three times with a student assistance counselor

#### SECOND VIOLATION

- \* athletic director/coach/player conference
- \* two-week ineligibility
- \* meet a minimum of three times with a student assistance counselor

#### THIRD VIOLATION

- \* athletic director/coach/player conference
- \* indefinite ineligibility (minimum six weeks)
- \* meet a minimum of three times with a student assistance counselor

Although rumors will not be the basis for restricting student participation, they will be addressed. If the athletic director becomes aware that a student may be using or in possession of any of the above-mentioned substances, she/he will meet with the student to discuss the situation. If the suspicion is confirmed, Assumption will follow its general and athletic policies. If no evidence is found to support the expressed concerns, the matter will be dropped. Suspected use is not an accusation of use.

**Appendix A**

**ATHLETE/PARENT PLEASE KEEP THIS PAGE**

**ASSUMPTION HIGH SCHOOL**

**SPORT(S):** \_\_\_\_\_

**ATHLETE'S PLEDGE AND RESPONSIBILITY**

As a participant in Assumption High School athletics, I have read and understand Assumption's Drug, Alcohol, and Tobacco Policy for Student Athletes. I understand that this pledge is for the entire school year, not just the current sport season. I agree to abide by all rules regarding the use of alcohol, drugs, and tobacco. Chemical dependency is a progressive but treatable disease, characterized by continued drinking and drug use in spite of recurring problems resulting from that use. Therefore, I accept and pledge to abide by the rules listed on the title page of this policy and others established by my coaches.

I understand that risks are involved in all forms of athletics. I agree to abide by all the rules established by the National Federation of High Schools, The Kentucky High School Athletic Association, Assumption High School, and my coaches. I agree to be responsible for equipment issued by the school and agree to return all equipment and uniforms issued at the end of the season. Should any equipment or uniform be lost or ruined (other than normal wear and tear), I agree to pay the cost of replacement. With this in mind, I hereby request permission to participate in Assumption High School's Athletic Program during this current school year.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

**PARENT'S PLEDGE AND RESPONSIBILITY**

I/We have read and understand Assumption High School's Drug, Alcohol, and Tobacco Policy in the Student/Parent Handbook and for Student Athletes. I/We understand that this pledge is for the entire school year, not just the current sport season. As a parent/guardian of an athlete participating in Assumption High School athletics, I/we will support our daughter's agreement to abide by all the training rules because chemical dependency is a progressive but treatable disease, characterized by continued drinking and drug use in spite of recurring problems resulting from that use.

I/We further understand that I/we are responsible for my/our daughter's transportation to and from practices and/or games and competitions.

I/We understand that risks are involved in all forms of athletics. In consideration for the making arrangements for athletic participation by Assumption High School, I/we hereby release and save harmless Assumption High School and any and all employees of the school from any and all liability for any injuries, loss, or other claims arising out of or resulting from my/our daughter's participation in athletics. The undersigned parent/guardian(s) agree to accept all responsibility for the risks, conditions, and hazards which may occur whether or not they are now known. By signing this acknowledgement and assumption of risk and release as the parent/guardian(s), I/we am/are consenting to my/our daughter's participation and acknowledge that I/we understand any and all risks, whether known or unknown, is expressly assumed by me/us and all claims, whether known or unknown, are expressly waived in advance.

With these things in mind, I/we hereby request that my/our daughter be allowed to participate in athletics at Assumption High School during this current school year.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date