

Ridge View High School

Cheer Tryout Packet



2015 – 2016

Tryout Schedule:

Tryout Cheer Clinic

Monday - Wednesday, April 20 – 22

4:00 – 6:30 PM in Small Gym

Cheer Tryouts

Thursday, April 23

4:00 - TBD

Dear Cheerleading Candidate & Parent/Guardian,

Thank you for your interest in trying out for the 2015–16 Ridge View High School Cheerleading Squad. Cheerleading is a rewarding and exciting sport that teaches teamwork, dedication, sportsmanship, confidence, leadership, and school spirit. Being chosen to represent Ridge View High School as a cheerleader is both an honor and a privilege. As a Ridge View High School cheerleader you will be in the forefront as a representative of our school and will be expected to follow a strict code of conduct, with honor at all times. Keeping this in mind, both you and your parent/guardian should read the following information to ensure you fully understand both the responsibility and commitment expected of you as a Ridge View High School Cheerleader.

The 2015-16 cheerleading program will consist of:

Varsity: Rising Juniors and Seniors

Junior Varsity: Rising Sophomores

B-Team: Incoming Freshmen

- Only candidates with a standing back handspring will be placed on Varsity, regardless of the scores received in other sections.
- All cheer teams will cheer for volleyball, football, boys and girls basketball, and wrestling.

The cheerleaders at Ridge View High represent over 1400 students. This responsibility requires a selection of dependable student leaders. To be eligible for cheerleading, a student must have a C (equivalent to a 2.0 unweighted GPA or a 77%) average during the semester prior to tryouts and have their application signed and turned in on time. After selection, each member of the squad must remain eligible as per the SCHSL rules.

While deciding whether or not to be a part of our cheerleading program, please remember and consider the time, expense, and commitment this sport will require from both the student and parents. Your commitment will require active participation in after school practice, summer camp, fundraisers, local community events, team bonding activities, multiple weekly games (football, volleyball, and basketball), etc. Due to the fact that cheerleading is a team sport, one person's inability to follow through on their commitment affects the entire squad. Thus, cheerleaders may not participate in other sport activities during the season they cheer.

A physical with parent consent dated **AFTER** April 1, 2015 must be on file with the Ridge View High School Athletic Department for any student to tryout. Athletic physical forms can be obtained from the RVHS, Athletic, and Cheer websites. Only Richland School District Two physical forms will be accepted for any student wanting to participate in cheerleading or any other RVHS school sport. Ridge View High School will be conducting physicals for all current and potential students at the Moore Center for Orthopedics (near Providence Hospital) on **Saturday, April 18, 2015**. A signed physical form and \$10.00 fee are due to Mr. Mike Crook, the RVHS Athletic Trainer, by **April 16, 2015**.

This packet should contain all of the information you need during the tryout process. ***The completed cheerleader application is due no later than 4:00 PM on Friday, April 17, 2015.*** Turn in your application into the Cheer box in the RVHS Main Office. Original physical forms must be submitted to Mr. Mike Crook. **Absolutely NO applications will be accepted after this date and time.** If you have a current balance at Ridge View High School, you will be unable to tryout unless the debt is paid in full before April 17, 2015. If you have any questions, please feel free to contact me. I am looking forward to an exciting tryout!

Jean Porter-Nichols, RVHS Head Cheer Coach
jporter@richland2.org

Melissa Myers, JV Cheer Coach
mmyers@richland2.org

Morgan Daniels, Varsity Cheer Coach
cheercoachdaniels@gmail.com

Brianna Leach, JV Cheer Coach Volunteer
brianna10531@yahoo.com

Important Dates and Expenses to Consider

- April 15** Mandatory Parent and Cheerleader Meeting 6:00 – 8:00 PM in the Large Gym.
The cheer applicant and at least one parent **MUST** attend this meeting or the cheer applicant will be ineligible to tryout for the RVHS Cheer Squad for the 2015-16 season. Another applicant's parent **canNOT** be present for you. Please bring this cheer packet with you to this meeting since we will be discussing the packet in detail and answering any questions you may have during this time.
- April 17** Tryout application and all forms included must be turned in by 4:00 PM. Please turn in all forms at the RVHS main office, attention Cheer Coach Porter-Nichols.
- April 18** Physicals at Moore Orthopedics next to Providence Hospital. Richland School District Two physical forms can be found on the RVHS, Athletic, and Cheer websites. All physicals must be dated **AFTER** April 1st in order for it to count for the 2015-16 school year.
- April 20 – 22** Tryout clinic: 4:00 - 6:30 PM in the RVHS Small Gym (Tryout clinics will be closed to the public.)
- April 23** Tryouts begin promptly at 4:00 pm in the Large Gym (Tryouts will be closed to the public.)
- April 25** 2015-16 Cheer Rosters will be posted outside gymnasium doors after 3:00 PM.
- April 29** Mandatory meeting for ALL 2015-16 RVHS Cheerleaders and a parent/guardian.
6:30 PM in the Large Gym **First Payment Due: \$250.00**
Used to purchase cheer shoes, t-shirts, sweatshirt, poms, warm-up jacket, etc. Monthly payments will be required in June, July, and August. All balances must be paid in full in August in order to cheerleader to receive cheer uniforms, camp clothing, and poms. Cheerleaders will work on their cheers during the meeting.
- May 1** Krispy Kreme Fundraiser – This fundraiser will help pay for cheer expenses for the parents.
- May 22** BlazerFest – Every cheerleader is required to attend!!
- May 27** **Second Payment Due: \$250.00**
- June 24** **Third Payment Due: \$250.00**
- July 22** **Fourth Payment Due: \$250.00** (or remaining account balance)
- Cheer Camp** August 7 – 10
Cheer Camp will be at Lander University, and hosted by UCA. Cost of the camp will be \$345; poster sponsorships can pay for camp. Parent performance will be at end of camp.
- August 26** **Deadline for all accounts to be up-to-date**
- August TBD** 10 mandatory practices begin. If you do not attend these practices you **CANNOT** perform at the first PEP Rally

Tryout Information

General Information

- Cheer Tryout Clinic will be held April 20 - 22
- Cheer tryouts will be held on April 23.
- Evaluations will be in front of judges.
- All RVHS clinics and tryouts are **closed** to the public.
- No videotaping of any portion of the evaluation day is permitted by candidates or parents.
- Must have a C average for the first semester prior to tryout. Must be passing all subjects on progress report for current grading period.

Before Clinic & Tryouts

- All candidates are required to have completed teacher evaluation forms (included in this packet) to the RVHS Cheer box (in the Main Office) by 4:00 PM on Friday, April 17th.
 - **ALL EVALUATIONS MUST COME FROM YOUR CURRENT TEACHERS.**
 - All recommendations must be in seal envelopes with the teacher's signature on the back seal.
- Candidates and parents are responsible for completing, signing, and returning all forms required. Forms that indicate counselor approval must be completed by the student's specific counselor.
- All candidates must have all debts paid to RVHS prior to being eligible to tryout.
- All candidates must be in good discipline standing, at their respective school.

During Tryout Clinics

- All candidates will learn a chant, a hip-hop dance routine, jumps, and the fight song.
- Each candidate is responsible for securing his/her own stunt group.
 - Time will be provided for candidates to make the necessary arrangements.
- All candidates should report to RVHS Small Gym, on time, each day of the tryout process.
- No cell phones will be permitted in **ANY** of the tryout areas.
 - 5 points per occurrence will be deducted from the cheerleader's final tryout score.
- Disrespect to coaches, poor cooperation, and inability to get along with other candidates will **NOT** be permitted at **ANY** time.
 - 5 points per occurrence will be deducted from the candidates final tryout score.
- Clothing for clinic sessions: shorts, sweat pants, t-shirt, socks, cheer or athletic shoes, hair pulled back securely.
 - No jewelry or body jewelry! If you are wearing any jewelry, it must come out. **NO EXCEPTIONS**
 - No acrylic fingernails. Fingernails must be cut short.
- All candidates are required to attend all 4 days of the tryout process.
 - Death in the family, or a doctor's excuse (due to illness) will be the only acceptable excuses.
- During the tryout process, the following will be evaluated: performance, cheer technique, dance technique, spirit, and jumps.

During Tryouts

- Candidates may only wear the following:
 - Plain silver, purple, or black t-shirt/tank
 - Plain silver, purple, or black shorts/capris

- Wear hair all up, pulled securely in a ponytail with bow. For hair that is too short to wear in a ponytail, ½ up is permitted.
- Cheerleading shoes or athletic shoes with socks
- Candidates will tryout in groups selected in random order.
- Candidates will be scored by judges on the following basis:

Spirit/Showmanship (projection, smile, enthusiasm, poise, and confidence) – 5 points

Motions (A cheer will be taught during tryout clinic) – 10 points

Dance (A dance will be taught during tryout clinic to evaluate dance ability) – 10 points

Partner Stunt Execution – 5 points

Partner Stunt Difficulty – 5 points*

Standing Tumbling Execution – 5 points

Standing Tumbling Difficulty – 5 points*

Running Tumbling Execution – 5 points

Running Tumbling Difficulty – 5 points*

Jumps – 10 points

****Each candidate is responsible for studying scale and determining what they will be doing for this section for their individual tryout. The scale is a modified version of the competitive scale provided by the SCHSL.***

After Tryouts

- The results of tryouts will be posted on the gymnasium entrance doors in the back of the school after 3 PM on Saturday, April 25th
- All decisions made regarding team placements and rosters are made at the discretion of the cheer coach(es) and administration, and are final.

Tryout Scale

Spirit/Showmanship (projection, smile, enthusiasm, poise, and confidence) – 5 points

Motions (A cheer will be taught during tryout clinic) – 10 points

Dance (A dance will be taught during tryout clinic to evaluate dance ability) – 10 points

Partner Stunts Execution – 5 points

Partner Stunts Difficulty – 5 points*

Standing Tumbling Execution – 5 points

Standing Tumbling Difficulty – 5 points*

Running Tumbling Execution – 5 points

Running Tumbling Difficulty – 5 points*

Jumps – 10 points

Spirit/Showmanship (5 points)

Points	Description
0 – 1	Low energy, few to no smiles/facials, words not clear, low/soft voices
2 – 3	Medium energy, inconsistent and/or average smiles/facials, words not consistently clear (fade while building), average voices
4 – 5	High energy, consistent smiles, natural facials, clear understandable words, loud voices

Motions (10 points)

Points	Description
0 – 1	No motions evident in routine or motions performed in stunts & pyramids
2 – 4	Slow pace, lacking in variety of level changes, performed with sub-standard technique including poor motion placement and synchronization of foot/arm work
5 – 7	Moderately paced, some variety of level changes, performed with average technique including motion placement and synchronization of foot/arm work
8 – 10	Fast paced, variety of level changes, performed with advanced technique including intricate body positions and strong synchronization of foot/arm work

Dance (10 points)

Points	Description
0 – 1	No dance moves evident in routine or motion performed with minor hip movement
2 – 4	Basic dance skills, slow movement and lacking synchronization of foot/arm work, little to no level or formation changes; Little to no footwork or body movement is evident.
5 – 7	Intermediate dance skills, moderately paced movement and synchronization of foot/arm work, few to some level or formation changes. Few to some footwork or body movement is evident.
8 – 10	Advanced dance skills quick/sharp movement and strong synchronization of foot/arm work, comprising of multiple level and formation changes creating seamless transitions.

Partner Stunts Execution (5 points)

Points	Description
0 – 1	Numerous mistakes in body alignment/form, timing and synchronization is off, dismounts attempted
2 – 3	Several mistakes in body alignment/form, timing and synchronization is slightly off, dismounts incomplete
4 – 5	Few to no mistakes, excellent technique in body alignment/form. Timing and Synchronization is precise. Dismounts are completed.

Partner Stunts Difficulty (5 points)

Points	Description
0 – 1	Beginner-Intermediate partner stunt skills (thigh stands, shoulder straddles, shoulder stands, elevator /extensions, etc.), extended two-legged stunts and below, one-legged non-twisting stunts, performed by the majority of the team throughout the routine. Little to no combination skills and non-twisting dismounts
2 – 3	Intermediate-Advanced partner stunt skills (double base preps/extensions and lib variations, etc.), two-legged stunts with single/double twisting dismounts, extended one-legged stunts with single twisting dismounts, performed by the majority of the team throughout the routine; some combination skills/transitions, visual ins OR outs
4 – 5	Advanced-Elite partner stunt skills (lib variations), extended one-legged stunt combination with double down dismounts performed by the majority of the team throughout the routine consisting of one visible 3 body line sequence/transition requiring a creative in AND out. Note: A double is considered a creative out, however there are several other possibilities. A double down is required from at least (1) one-legged stunt sequence.

Standing Tumbling Difficulty (5 points)

Points	Description
0 – 1	Forward Rolls, Backward Rolls, Cartwheels and Round offs by the majority of the team
2 – 3	Standing Back Handsprings performed by member(s)/ the majority of the team
4 – 5	Squad Standing Back Handsprings, Standing Tucks performed by the majority of the team, Specialty combination skills (i.e., back handspring tuck, double back handspring tuck, back handspring full, etc.) performed by members of the team

Standing Tumbling Execution (5 points)

Points	Description
0 – 1	Tumbling performed with a sub-standard level of execution (little to no body control while performing skills). Skills are being attempted that have not been mastered by the athlete. Knees and elbows are bent while attempting skills.
2 – 3	Tumbling performed with an average level of execution (little body control while performing skills). Skills are being performed and executed without using proper technique. Knees and elbows are bent while completing skills.
4 – 5	Tumbling performed with a high level of execution (body control displayed throughout the skills). Skills are performed and executed with proper technique. Knees and elbows are locked while completing each skill.

Running Tumbling Difficulty (5 points)

Points	Description
0 – 1	Cartwheels and round-offs performed by the majority of the team.
2 – 3	Aerials, front handsprings, round-off back handsprings/ round-off back handspring back tucks performed by the member(s) of the team.
4 – 5	Majority Round-off Back Handspring Tucks/Round-off Tucks or Tumbling sequences ending with one of the following skills (layouts, x-outs, or fulls) performed by members of the team.

Running Tumbling Execution (5 points)

Points	Description
0 – 1	Tumbling performed with a sub-standard level of execution (little to no body control while performing skills). Skills are being attempted that have not been mastered by the athlete. Knees and elbows are bent while attempting skills.
2 – 3	Tumbling performed with an average level of execution (little body control while performing skills). Skills are being performed and executed without using proper technique. Knees and elbows are bent while completing skills.
4 – 5	Tumbling performed with a high level of execution (Body control displayed throughout the skills). Skills are being performed and executed with proper technique. Knees and elbows are locked while completing each skill.

Jumping (10 points)

Points	Description
0 – 1	No jumps evident in routine or basic jumps performed by members of the squad
2 – 4	Basic jumps (tuck, spread eagle) performed without combinations, with basic technique flexibility and landings, major synchronization issues, with no variety, performed by the majority of the team with a low level of perfection.
5 – 7	Advanced jumps (side hurdler, front hurdler, herkie) performed without combinations and with average flexibility and landings, with few synchronization issues, showing some variety, performed by the majority of the team
8 – 10	Elite jumps (toe touch, pike) performed with variety and combinations with superior flexibility, excellent landings, feet together, chest upright, and strong synchronization, performed by the majority of the team.

Point System

Scales:
up to 65 points

Teacher Recommendations (3 recommendations):
up to 35 for each recommendation
up to 105 points total for all 3 recommendations

Total Possible Points
170 points

RIDGE VIEW HIGH SCHOOL CHEERLEADING TRYOUT APPLICATION

Please print all information.

Student Name: _____

Student Information:

Current School: _____ 2015 – 16 Grade Level: _____

Home Address:

Candidate Cell Phone #: _____

Home Phone #: _____

Date of Birth: _____

Email: _____

1st Parent or Guardian Name: _____ Relation: _____

Home Address:

Parent's Cell Phone #: _____

Home Phone #: _____

Email: _____

2nd Parent or Guardian Name: _____ Relation: _____

Home Address:

Parent's Cell Phone #: _____

Home Phone #: _____

Email: _____

Other Emergency Contact (Name/Number)

RIDGE VIEW HIGH SCHOOL CHEERLEADING TRYOUT APPLICATION

Do you work? If so, where and is your schedule flexible enough that you can make changes to it just in case you must add games and practices at the last minute.

List other clubs or activities you plan on being part of next year, including any outside cheer activities:

Previous Cheer/Gymnastics/Dance Experience:

Why do you want to be a cheerleader at RVHS?

What strengths and abilities do you possess that would be an asset to RVHS Cheer?

What does a positive attitude mean to you? How do you maintain a positive attitude even on your worst days?

What does it mean to be part of a team?

CHEERLEADER STATEMENT OF CANDIDACY

This form is a pre-tryout contract, which must be signed by a parent/guardian and the potential cheerleader. The signature page should be returned with the tryout application by **4:00 PM on Friday, April 17th** to the Cheer Box in the RVHS Main Office.

I agree to accept all of the following responsibilities if I am selected.

1. Although every effort will be made to insure the safety of all tryout participants, my parent/guardian and I understand that the school and coaches are not responsible for any accidents that may occur during the tryout process. We know of no medical conditions or limitations that would affect my participation in clinics or tryouts. We also understand that a medical examination by a physician will be required to try out and it must be completed on the Richland School District Two paperwork dated after April 1, 2015.
2. I understand the importance of my position and the privilege of being a cheerleader. It shall come first in case of conflict with a job, personal activities, or other functions. I also understand that I must maintain strong academic standing. I will not abuse my position through unauthorized absences or neglecting my studies.
3. I am aware I must follow all rules and guidelines established by the school and the advisor and I will be expected to sign a contract to that effect, if I am selected. I understand there will be consequences administered if I fail to follow the rules during my tenure as a cheerleader. I also agree to trust the coaching staff as they enforce the RVHS Cheerleader program and SCHSL regulations.
4. I am fully aware that cheerleading involves a large time and financial commitment on my part. I will be required to attend:
 - a. Any after school practices through the month of May.
 - b. Morning practices throughout the summer, Odyssey, and Cheer Camp in August
 - c. After school practice as scheduled.
 - d. Games, Rallies, Special Events (i.e. BlazerFest, etc.)
 - e. RVHS, RVHS Cheer, and RVHS Cheer Booster Club fundraisers; planning and events
5. I understand it takes a positive attitude to be successful in cheerleading. I understand that it is a privilege to be a cheerleader and that I am a role model representing Ridge View High School. As such, I am held to a higher standard. I will stay focused, work hard, and take constructive criticism. I will demonstrate I am a team player and display school spirit enthusiastically! I will work cooperatively and put the squad's needs before my own.
6. I understand all of the responsibilities outlined in the RVHS Cheer application packet. I understand the dedication that is required of me if I am selected to be a member of the

RVHS Cheerleading program. I also agree to trust the coaching staff as they enforce these regulations.

7. I understand that the coach and RVHS assume no financial obligation due to expenses incurred by our child, and/or cheerleading program. The debt that I incur is a school debt owed to Ridge View High School, and if not fulfilled can and will be held on the student's account up through high school graduation. Furthermore, I will not be allowed to participate in football season until my account balance is paid in full.

**CHEERLEADER STATEMENT OF CANDIDACY
SIGNATURE PAGE**

My daughter, _____, has my permission to try out for the Ridge View High School Cheerleading Team for the 2015–16 school year. We also understand that the school and/or coaches assume no responsibility for accident or injury that might occur during any cheerleading activity, including tryouts. We have read the tryout information concerning the cheerleading organization and the tryout procedures. We understand and agree to abide by the RVHS Cheerleader Statement of Candidacy. We also understand that not everyone can be chosen.

Signature of Parent/Guardian

Date

Printed Name of Candidate

Date

Signature of Candidate

Date

This signature page, along with the cheerleader application, must be returned NO LATER than 4:00 PM on Friday, April 17, 2015 to the RVHS Cheer Box located in the Main Office of Ridge View High School. A physical must also be on file with the RVHS Athletic Department prior to this deadline. Failure to meet this deadline will result in the loss of tryout privileges.

ABSOLUTELY NO APPLICATIONS WILL BE TAKEN AFTER THIS DATE AND TIME.

Do not write in this area:

Tryout # _____

Group # _____

Physical Rec'd _____

Completed Application Rec'd _____

**Please feel free to add additional comments to the back of this page.

RVHS Teacher Evaluation Form - Cheerleading Tryouts

Dear Teachers/Cheer Coach,

Please complete this teacher recommendation form for the listed student. Please be honest and accurate and include any comments or additional information we need to know in reference to their personality and behavior in your classroom. Teacher recommendations are a LARGE part of the decision for choosing the team and we take this information very seriously. Along with being athletes, cheerleaders are representatives of the school; therefore, we value dedication, responsibility, honesty, and behavior on our squad. Thank you so much for your extra time!

Teachers, please return evaluation forms to the student in a sealed envelope with your signature across the seal. Cheerleaders must have completed application to Ridge View High School by Friday April 17th. If you have any questions, please email Coach Porter-Nichols at jporter@richland2.org.

SCHOOL: _____

Student Name _____ Current Grade in Class _____

Teacher Name _____ Subject _____

	0 - Unsatisfactory			5 - Excellent		
Sense of Responsibility	0	1	2	3	4	5
Dedication	0	1	2	3	4	5
Respect to Adults	0	1	2	3	4	5
Cooperation with Others	0	1	2	3	4	5
Attitude	0	1	2	3	4	5
Work Completion w/no Excuses	0	1	2	3	4	5
Display of School Spirit	0	1	2	3	4	5

Have you ever caught this student cheating in class? ____yes ____no

*If yes, please explain _____

Have you ever given this student a discipline referral? ____yes ____no

*If yes please explain _____

Comments about student's general attitude: _____

Teacher's Signature _____

**Please feel free to add additional comments to the back of this page.

RVHS Teacher Evaluation Form - Cheerleading Tryouts

Dear Teachers/Cheer Coach,

Please complete this teacher recommendation form for the listed student. Please be honest and accurate and include any comments or additional information we need to know in reference to their personality and behavior in your classroom. Teacher recommendations are a LARGE part of the decision for choosing the team and we take this information very seriously. Along with being athletes, cheerleaders are representatives of the school; therefore, we value dedication, responsibility, honesty, and behavior on our squad. Thank you so much for your extra time!

Teachers, please return evaluation forms to the student in a sealed envelope with your signature across the seal. Cheerleaders must have completed application to Ridge View High School by Friday April 17th. If you have any questions, please email Coach Porter-Nichols at jporter@richland2.org.

SCHOOL: _____

Student Name _____ Current Grade in Class _____

Teacher Name _____ Subject _____

	0 - Unsatisfactory			5 - Excellent		
Sense of Responsibility	0	1	2	3	4	5
Dedication	0	1	2	3	4	5
Respect to Adults	0	1	2	3	4	5
Cooperation with Others	0	1	2	3	4	5
Attitude	0	1	2	3	4	5
Work Completion w/no Excuses	0	1	2	3	4	5
Display of School Spirit	0	1	2	3	4	5

Have you ever caught this student cheating in class? ____yes ____no

*If yes, please explain _____

Have you ever given this student a discipline referral? ____yes ____no

*If yes please explain _____

Comments about student's general attitude: _____

Teacher's Signature _____

**Please feel free to add additional comments to the back of this page.

RVHS Teacher Evaluation Form - Cheerleading Tryouts

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Please complete this teacher recommendation form for the listed student. Please be honest and accurate and include any comments or additional information we need to know in reference to their personality and behavior in your classroom. Teacher recommendations are a LARGE part of the decision for choosing the team and we take this information very seriously. Along with being athletes, cheerleaders are representatives of the school; therefore, we value dedication, responsibility, honesty, and behavior on our squad. Thank you so much for your extra time!

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SCHOOL: _____

Student Name _____ Current Grade in Class _____

Teacher Name _____ Subject _____

	0 - Unsatisfactory			5 - Excellent		
Sense of Responsibility	0	1	2	3	4	5
Dedication	0	1	2	3	4	5
Respect to Adults	0	1	2	3	4	5
Cooperation with Others	0	1	2	3	4	5
Attitude	0	1	2	3	4	5
Work Completion w/no Excuses	0	1	2	3	4	5
Display of School Spirit	0	1	2	3	4	5

Have you ever caught this student cheating in class? ____yes ____no

*If yes, please explain _____

Have you ever given this student a discipline referral? ____yes ____no

*If yes please explain _____

Comments about student's general attitude: _____

Teacher's Signature _____

Tryout Checklist

Candidates Name _____

- _____ Cheerleading Application (2 pages)
- _____ Cheerleading Statement of Candidacy Signature Page
- _____ Copy of most current grades, (Counselor's office) **MUST BE SIGNED BY YOUR COUNSELOR**
- _____ Copy of last semester grades –C average, (Counselor's office) **MUST BE SIGNED BY YOUR COUNSELOR**
- _____ Copy of attendance report from current school year, (Attendance Office) **MUST SIGNED BY YOUR ATTENDANCE STAFF**
- _____ Teacher Evaluation Forms in sealed and signed envelopes.
- _____ Tryout checklist (This Form)

** Please get your recommendations to your teachers early so they have plenty of time to fill them out and return them to you. Your application will be incomplete without all 3 recommendations.

Note: All items must be turned in by **FRIDAY, APRIL 17, 2015, BY 4:00 PM**. Forms can be turned in at the RVHS Main Office. There will be a Cheer Box for all completed applications.