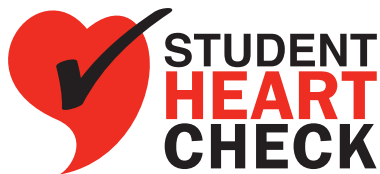


**You've thought about  
their heads.  
What about their hearts?**



**Sudden cardiac arrest is the number one cause of death of student athletes.**

Coaches and parents, watch for the following signs in your players:

- fainting/collapsing or seizures during or after exercise
- shortness of breath that is uncharacteristic of the activity
- palpitations (abnormally fast heart rate or fluttering)
- chest pain
- dizziness
- extreme fatigue

**For additional information on  
Beaumont's Student Heart Check program, visit  
[beaumont.org/student-heart-check](http://beaumont.org/student-heart-check).**

P1379y1\_16499\_091416