

# EMERGENCY ACTION PLAN

<p>Homewood High School- <b>Wrestling/Cheer</b> 1901 South Lakeshore Drive Homewood, Al 35209</p> <p><i>From Lakeshore Drive, Old Montgomery Hwy, Right onto South Lakeshore Drive, Double Doors at first parking lot</i></p>	<p><b><u>EMS PROTOCOL</u></b></p> <p>Provide Name and Current Address Telephone Number Injuries, Treatment, Directions <b><i>Do Not Hang up until EMS Hangs up first</i></b></p>	<p><b><u>CONTACT</u></b></p> <p>Greg Pendley 914-9685 Cell 822-8860 Home Ed Harris 531-7892 EMS 911 Police 879-4701 Fire 332-6202</p>
<p><b>INJURY PROTOCOL</b></p>		
<p>Chain of Command</p> <ul style="list-style-type: none"> <li>➤ Physician will always take charge when on site</li> <li>➤ ATC will always be with athlete and take charge in absence of physician</li> <li>➤ Head Coach will be with athlete and take charge in absence of physician and ATC</li> <li>➤ Assistant Coach will make sure EMS (911) is activated, that access to facility is open, and that someone is there to direct emergency personnel.</li> </ul>		
<p><b>A. Serious Injury</b></p> <p>Cessation of Breathing Cessation of Circulation Severe Bleeding Severe Fracture Possible Severe Head Injury Possible Serious back or neck injury</p> <ul style="list-style-type: none"> <li>➤ <b>Heat Exhaustion/Heat Stroke</b></li> </ul>	<p><b>Procedures</b></p> <ol style="list-style-type: none"> <li>1. Activate EMS (911)</li> <li>2. Perform emergency CPR or First Aid</li> <li>3. Facility Accessible and Someone to meet EMS</li> <li>4. Have someone contact family</li> <li>5. Make contact with ATC if not on site</li> </ol> <ul style="list-style-type: none"> <li>➤ <b>Cool Immediately, Ice Bath, Ice Towels, shower, etc.</b></li> </ul>	
<p><b>B. Moderate Injury</b></p> <p>Lacerations that require suturing Possible fractures Sickness Orthopedic Injuries</p>	<p><b>Procedures</b></p> <ol style="list-style-type: none"> <li>1. Perform First Aid</li> <li>2. Make contact with ATC if not on site</li> <li>3. Make sure athlete sees training staff</li> <li>4. Make sure communication is made with parent</li> </ol>	
<p><b>C. Questionable Injury</b></p>	<p><b>Procedures</b></p> <ol style="list-style-type: none"> <li>1. When in doubt. ICE it (20 min)</li> <li>2. Make contact with ATC if not on site</li> <li>3. Make sure athlete sees training staff next day</li> <li>4. Make sure communication is made with parent</li> </ol>	
<p><b>LOCATION OF AED</b></p> <p>Main Concourse Wall – on ramp to main school</p>		