

MOORESVILLE HIGH SCHOOL

CONCUSSION POLICY

Any and all suspected head injuries during practice and or games Athletic Trainer Fred LaPlante will be notified by coaching staff. After evaluation of student-athlete parents will be contacted by phone or in person. The student-athlete will be sent home with head injury guidelines and return to play protocol.

CONCUSSION RETURN TO PLAY PROTOCOL

*Per Indiana Code 20-34-7, a student athlete who is suspected of suffering a head concussion may not return to play until the student athlete has been evaluated by a **licensed health care provider trained in the evaluation and management of concussions**, receives a written clearance to return to play, and at least twenty-four (24) hours has passed from the initial injury*

After passing Impact post-injury test and written clearance by MD or DO:

Day 1: Student-athlete will run/jog for 20-30 minutes then evaluated by ATC.

Day 2: Student-athlete will run/jog for 30-40 minutes and sports specific (e.g., pass catching, shooting drills, dribbling etc.,) non-contact drills arranged by athletic Trainer and coaching staff, then re-evaluated by ATC.

Day 3: Student-athlete may participate in full practice without contact, then re-evaluated by ATC.

Day 4: Student-athlete may return to full practice, then re-evaluated by ATC.

Day 5: Student-athlete may return to full game play.

***Each step of the Return-to-Play protocol must be completed on a separate day.** If any signs and/or symptoms of a concussion occur during any step, the student must return to the previous step and return for follow-up with the licensed healthcare provider.

*Even with a physician's clearance, the Athletic Trainer reserves the right to hold out any student-athlete if they suspect the athlete is not ready to compete safely.