

This is just a brief overview of the PTSC Athletics Policies. The entire Student Activities and Athletic Policies are listed in the PTSC District Handbook, and the IHSAA Physical Form also contains Eligibility Rules. These both should be read carefully by both the parent and the student-athlete.

It is the responsibility of the student-athlete to know and abide by these policies.

1) Physical and Concussion / SCA Forms

Every student-athlete at the High School and Middle School is required to have a current physical examination form and the concussion/sudden cardiac arrest acknowledgement form completed and on file in the athletic office before conditioning or participating in any sport.

1. Effective 6/27/16, the physical evaluation form may be completed and signed by, not only a physician with an unlimited license to practice medicine, but also nurse practitioners and physician assistants.
2. Both parents (parent(s) with custody) and student must sign the physical on both page 1 and 4.
3. Do not leave any question unanswered.
4. Do not wait until the day before try-outs to attempt to have a physical completed.
5. A post-April 1st physical is good for the entire school year, but an emergency card must be submitted to the coach for each sport the athlete plays.

2) Drug Testing Consent Form

All students in the High School and Middle School wishing to participate in athletics must submit an authorization form stating they will participate in the Drug Testing Program. This form will be kept on file in the school office and is due prior to first practice. There is an associated annual fee.

3) Transportation Fee

There is a \$35.00 Annual Transportation Fee for each traveling team athlete (High School or Middle School), due prior to the first practice. This fee is waived for free-lunch families; reduced lunch student-athletes are required to pay \$17.50.

4) Grades

To be academically eligible, students must be enrolled in and passing at least 5 classes. All incoming freshmen are eligible at the *beginning* of the school year. Semester grades will take precedence.

5) Code of Conduct

Remember that all Code of Conduct policies are enforced 365 days a year.