



Perry Baseball Philosophy

One Goal, One Family: If each player CARES about their Family we can achieve our goal which is to be men of character on and off the baseball diamond.

CARE- Commitment, Attitude, Respect, and Effort

Players will create individual goals to help accomplish team goals

Players will work on their position skill set, mental approach, and relationships with teammates

Pitching- “Get Ahead, Stay Ahead” First pitch strike (60%); Total strikes (60%); 2:1 Strike:BB

Defense- Make the routine play (.925 average for team)

Offensive- (50% QAB) B.A.S.E.2 Big Inning, Answer Back, Score 1st, Extend Lead, Score with 2 Outs
A.B.C.D.E- At the Base, Find the Baseball, Look at the Coach, Look at the Defense, Exhale and Extend

5 Pillars of the game of baseball:

- 1.) **Pitching-** Balance, power position, follow through, command, mental discipline
- 2.) **Hitting-** Balance (70/30), Rhythm and loading, contact to barrel, Extending
- 3.) **Infield-** Approach, meeting the ball “My spot”, funneling, transfer, accuracy
- 4.) **Outfield-** Positioning, tracking, stay behind the baseball, catch on throwing side, accuracy
- 5.) **Catching-** Stance, receiving, blocking, throwing, accuracy

Wake and Rake: A small rake will be awarded for the outstanding player of the week or those who put the team above themselves.

Jobs posted to ensure EVERYONE works on the field at the end of the game. No one leaves until all assignments are completed.