



**CINCINNATI  
CHRISTIAN  
SCHOOLS**

**2017-2018  
STUDENT-ATHLETE  
HANDBOOK**

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Athletic Director



## THE VISION

The athletic program is an integral part of the overall educational process at CCS. Through sports, students are taught the value of hard work, discipline, team building, sportsmanship, and other values that help develop a child's character. By 2021 Cincinnati Christian Schools will be one of the nation's exemplary Christian schools. CCS will be recognized for our faithful adherence to authentic biblical truth, commitment to academic excellence, as financially sound stewards, and our service to the local community. Our students will leverage their individual success and impact the world as they live out our Core Values, Mission, and Statement of Faith.

### **This is our vision and what we pray God will give us:**

**Athletes** who genuinely have a love for God, have a conviction to represent Him on the field/court, have a teachable, humble attitude and have a selfless "team before me" approach.

**Coaches** who love their athletes and work hard for them in preparation, strategic improvement and college exposure; who respect and speak well of parents and each other; and who represent Christ's character and humility to opposing coaches, poor officiating and undisciplined athletes.

**Parents** who support and pray for all of their coaches, who respect coaches' decisions even if they don't agree, who are more concerned about their athlete's character on/off the field than their playing time or potential for a scholarship and who are giving their valuable time to serve God in any way they can without concern for which sport or student(s) will benefit the most by their serving.

**An Administration of Athletics and a School** that is organized and enthusiastic about the successes and efforts of its teams giving due adulation for accomplishment, that is properly and fairly enforcing all regulations and guidelines, that is keeping parents informed and involved in a structured and productive manner (always aware of the value of their time) and that is keeping this vision even before them in their efforts to bring glory to God in the CCS Athletic Department.

We want a dynamic athletic program that is distinctive in its commitment to represent Christ. We are asking God to give us courage to be different... not superior in attitude but distinctive in our desire to follow Him wholeheartedly as we participate in this program. **"But because my servant Caleb has a different spirit and follows me wholeheartedly."** (Num. 14:24a)

It is our prayer that God would have this testimony about the people in the CCS Athletic Department... that they have **"a different spirit and follow me wholeheartedly."** If God declares that following Him wholeheartedly requires a "different spirit," then that is what we want to be... **different**, not arrogant; **distinctive**, but not special; **wholehearted**, but not critical in our pursuit of our one and only passion... to hear, "Well done, thy good and faithful servants."

## THE MISSION STATEMENT

Cincinnati Christian Schools, partnering with Christian families, provides a **Bible-centered, quality educational program** to **equip, train, and disciple** students to follow **Christ** and impact culture.

## THE PHILOSOPHY AND PRIORITIES OF CCS

The Athletic Department is only one aspect of the total educational experience at CCS. Our athletic philosophy is merely an extension of the philosophy of this school, which is to serve parents by providing a distinctively Christ-centered, collegiate preparatory, educational experience for Christian young people.

## THE PURPOSE AND GOALS OF CCS ATHLETICS

The purpose of athletics at CCS is to provide a context for our students to use their God given talent in the physical form of competition. Academics, social events and the school atmosphere provide the primary framework for the development of the mental, social and spiritual aspects of the student. While athletics does chiefly cultivate the uniquely physical element, it also produces excellent opportunities and *“teachable moments”* to build the mental, social and spiritual areas as well. Our intent is to use athletics to bring a well rounded “Luke 2:52” experience to the student who participates. “And Jesus grew in *wisdom* (mental), *stature* (physical), *and in favor with God* (spiritual) *and man* (social).” (*Luke 2:52*)

## THE INTENDED END RESULTS OF THE CCS ATHLETICS EXPERIENCE

1. It is the belief of the coaching staff that the student-athletes are here at CCS to gain a Christ-centered education. We desire to have a program and, ultimately, student-athletes that honor and glorify the Lord in all things. Our attitudes, actions, and thoughts should all be brought into control so that we can accomplish this goal. (1 Corinthians 10:31).
2. We want student-athletes who are motivated to give 100% effort in all things and not be satisfied with mediocrity...not for self-recognition, but for the Lord. (Colossians 3:23). In addition, we would like to see the student athletes at CCS be the proper types of leaders in all areas, the most important being the spiritual realm. (1 Timothy 4:12).
3. We have a desire to create a sense of excitement, enthusiasm, and loyalty to the CCS athletic program. Our sources to reach are the student body, faculty, staff and the county as a whole. When people see us compete, they should be encouraged to become COUGAR Fans!!! (1 Corinthians 16:18).
4. Finally, it is our goal to have each member of our team give his or her best in every area of life. (Joshua 1:8).

## **ADMINISTRATION AND CHAIN OF COMMAND**

### **The Superintendent**

The Superintendent is the chief executive officer of CCS. The superintendent works through the members of the Administration to oversee the employees of the school.

### **The Athletic Director**

The Athletic Director is responsible for the administration and supervision of the athletic program at the school and reports directly to the Superintendent.

### **The Head Varsity Coaches, Head JV Coaches and Assistant Coaches**

The Head Varsity Coaches are responsible as stewards of the program they oversee. Each coach, including varsity, is directly accountable to the Athletic Director regardless of what level they coach (elementary, junior high, junior varsity, varsity) and ultimately to the Superintendent. The elementary, junior high, and junior varsity coaches are underneath the direction of the Varsity Head Coach as it relates to program approach, strategy and player selection for all teams. Assistant coaches are responsible for assisting the Head Coach of their respective sport and directly under them. They are directly responsible to the Head Coach and ultimately to the Athletic Director and the Superintendent.

## **FUNDAMENTALS OF GOOD SPORTSMANSHIP**

1. Show respect for the opponent at all times. When opponents visit our school, they should be treated as guests, greeted cordially on arriving, given good accommodations, and accorded the tolerance, honesty and generosity, which all human beings deserve. When visiting another school, we should be cordial and appreciative of our host. Good sportsmanship is the Golden Rule in action.
2. Show respect for the officials. The officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
3. Know, understand and uphold the rules of the contest. A familiarity with the current rules of the game and the recognition of their necessity for a fair contest is essential. Good sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rules.
4. Maintain self-control at all times. A prerequisite of good sportsmanship requires one to understand his/her own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Good sportsmanship means proper behavior by all involved in the game.
5. Recognize and appreciate skill in performance regardless of affiliation. Applause for an opponents' good performance is a demonstration of generosity and good will. The ability to recognize quality in performance and the willingness to acknowledge it without regard to team membership is one of the most commendable gestures of good sportsmanship.

## **THE ATHLETE'S RESPONSIBILITIES:**

1. Represent Christ through your actions on and off the athletic field.
2. All student athletes at Cincinnati Christian Schools are subject to the school rules at all times. In addition, stricter guidelines may also apply to student athletes.
3. An athlete cannot begin practice with Sport B until Sport A is completed. Varsity head coach A can give permission for an athlete to begin practice in Sport B. He/she has the right to specify what is/is not done.
4. Any athlete who is suspended from school may not participate in or attend an athletic event or practice during the duration of the suspension.
5. A coach has the right to refuse an athlete's request to come out for a sport if the athlete is late in coming out for the sport.
6. Coaches reserve the right to make cuts before the season.
7. The coach or the school administration may hold athletes with frequent absences and/or tardies and discipline problems in the classroom and on the athletic field ineligible.
8. All athletes are required to attend all events, practices, games, awards ceremonies, etc., during their season. In addition, athletes are to arrive on time for all of the above. If a player chooses to skip a practice or a game, he/she will be suspended from one game.
9. During practice and games, all athletes are required to remain with the team at all times at all home and away events. This includes all people involved in the sport: players, cheerleaders, statisticians, photographers, etc.
10. Students must be at school by 11:00am in order to compete in an interscholastic competition.
11. A player committed to one sport may not quit during the season. If a player quits a team once the season has started, he/she will not be allowed to play ANY other sport at CCS for the entire school year. If a player quits a team, they must go to the athletic office to fill out a form stating they understand the consequences of their decision. This form will be signed by the athlete and the parent and kept on file in the athletic office. If there are extenuating circumstances for a particular athlete, the athletic administrator will review the situation.
12. Each athlete will be checking out equipment and game uniforms for the season. All athletes are expected to keep the equipment clean and in good repair. The athlete and the parents will be responsible for the replacement of any lost or damaged equipment. After the season, each athlete will be expected to turn in his/her uniform and equipment clean and in good condition. The athlete is required to return the uniform the day and time the coach has determined. An athlete who has not turned in his/her equipment will not receive his/her report card or be allowed to play another sport.

## **GRADE LEVEL PARTICIPATION**

Athletes will play on teams in keeping with their grade level (Exception: Upon recommendation by the coach, the Athletic Director will consider allowing an athlete to move from a lower team to a higher team). No “leave of absence” may be taken from the team, unless deemed necessary by the Coach and the Athletic Director.

To tryout for the squad, students in grades 7th-12th must maintain a 2.0 or higher GPA for the preceding quarter and must pass all classes in the preceding quarter – no F’s. For fall sports, the fourth quarter for the previous year will be considered the preceding quarter. (For 6th grade students entering 7th grade, this does not apply.) Not meeting these standards will immediately make the student ineligible and dismissed from the team.

## **METHOD OF SELECTING TEAMS**

Tryouts are open to all academically eligible students. In addition to regular school communications, sign-up sheets will be posted outside the athletic office prior to each season. In the event that there are more students trying out than positions available, then a specific date will be announced when tryouts are over. If a student is unable to tryout during the designated period, the student must request special arrangements with the coach for a tryout at another time. The granting of such is the sole discretion of the coach. After the tryout period is concluded, and if cuts are made, any new members of the team must be drawn from those who had been previously cut from the tryouts. Additional players can be added if the cut list has been exhausted. Adding players after the try-out period is solely at the discretion of the athletic director and coach in that sport, provided they allow others to tryout also.

## **COMMUNICATIONS**

All coaches are required to read, familiarize themselves with, and following the Cincinnati Christian Schools Communication Policy-especially the section focusing on external communications. All coaches will be given a copy of this policy prior to the start of their respective season. This document addresses the limits and guidelines for communicating via telephone (including text messaging), email, social networking programs, and more. Coaches should consult the Athletic Department for clarity on any aspect of the Communications Policy.

## **CCS AFFILIATION**

### **Ohio High School Athletic Association**

CCS is a recognized 7th-12th grade member of the OHSAA, which allows us to compete against other OHSAA members. CCS is also a member of the Miami Valley Conference. This conference is made up of local Cincinnati schools, CCS, New Miami, Lockland, St. Bernard, Cincinnati Country Day (CCD), Summit Country Day, Seven Hills, Cincinnati Hills Christian Academy (CHCA), North College Hill, Norwood, Miami Valley Christian Academy, and Clark Montessori. In general, each team will play teams in their division twice and every team in the other division once.

## CCS INTERSCHOLASTIC ATHLETIC ACTIVITIES

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
<p style="text-align: center;"><b>Volleyball</b> Junior High Girls Senior High Girls</p> <p style="text-align: center;"><b>Soccer</b> Junior High Girls Junior High Boys Senior High Girls Senior High Boys</p> <p style="text-align: center;"><b>Cross Country</b> Junior High Girls Junior High Boys Senior High Girls Senior High Boys</p> <p style="text-align: center;"><b>Golf</b> Senior High Boys</p>	<p style="text-align: center;"><b>Basketball</b> Junior High Girls Junior High Boys Senior High Girls Senior High Boys</p> <p style="text-align: center;"><b>Cheerleading</b> Junior High (Basketball) Senior High (Basketball)</p> <p style="text-align: center;"><b>Swimming</b> Junior High Senior High</p> <p style="text-align: center;"><b>Bowling</b> Senior High Boys Senior High Girls</p>	<p style="text-align: center;"><b>Track &amp; Field</b> Junior High Girls Junior High Boys Senior High Girls Senior High Boys</p> <p style="text-align: center;"><b>Softball</b> Junior High Girls Senior High Girls</p> <p style="text-align: center;"><b>Baseball</b> Junior High Boys Senior High Boys</p>
<p style="text-align: center;"><b>Volleyball</b> Elementary Girls</p>	<p style="text-align: center;"><b>CPYBL Basketball</b> Elementary Boys</p> <p style="text-align: center;"><b>CPYBL Basketball</b> Elementary Girls</p>	<p style="text-align: center;"><b>Track</b> Elementary Girls Elementary Boys</p>

**\*All sports are subject to change depending on interest, budget and coaching availability!**

### EXTRA-CURRICULAR ELIGIBILITY:

- Senior High students must have passed five (5) one-credit courses the previous quarter or the equivalent to participate that quarter. Note – this includes satellite home students.
- All students in 7-12 must maintain a minimum 2.0 GPA and have no F's in order to participate in a sport or extra curricular activity.
- Athletes must have an annual physical, signed OHSAA Athletic Eligibility Information Bulletin and all other school requirements to participate in CCS athletics.

- Students must be in attendance by 11:00am (or with excused permission for the Principal or Athletic Director concerning doctor visit, funeral and other school sanctioned activity) in order to be eligible to participate in the extra-curricular activity that afternoon or evening.
- Please refer to the OHSAA Eligibility Brochure for more detailed information or at the website – [www.ohsaa.org](http://www.ohsaa.org). Any transfer students must direct eligibility questions to the Athletic Director.

### **REQUIRED FORMS \***

**Before the first practice, the following forms are required to be on file in the Athletic office:**

- **CCS EMA form**
- **OHSAA Pre-participation Physical Evaluation**
- **OHSAA Authorization Form**
- **OHSAA Eligibility Checklist**
- **OHSAA Eligibility and Authorization Statement**
- **Ohio Department of Health Concussion Information Sheet and Signature Page**
- **CCS Parental Release Agreement Form**
- **\$175.00 Participation Fee**

**\* All athletic forms and handbooks are available online at [www.cincinnatiathletics.org](http://www.cincinnatiathletics.org). Click on athletics then athletic forms.**

### **A FEW OHSAA GUIDELINES**

- If a student participates in an athletic contest and his or her eligibility has been established by falsified information (includes but is not limited to: name, address, transcripts, birth certificate, etc.), the student shall be ineligible in Ohio for a maximum of one year from the date the penalty is imposed. (Bylaw 4-1-2)
- If a student enrolled in high school attains the age of 19 before August 1, the student shall be ineligible to participate in senior high interscholastic athletics for the school year commencing in that calendar year. (Bylaw 4-2-1)
- If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7-8th grade interscholastic athletics for the school year commencing in that calendar year. (Bylaw 4-2-2)
- A student shall become eligible for senior high athletics when the student attains their fifteenth birthday before August 1, or when the student attains ninth grade standing. The student is eligible at the school where the student is expected to enroll at the ninth grade level. (Bylaw 4-2-3)
- In determining the age of a student, the date of birth as recorded in the school records shall be considered as final, except that when birth records, filed within six years after date of birth, are available in the State Bureau of Vital Statistics or a comparable governmental agency, it shall be used. If this

information is not available and if the school records do not agree, the earliest date of birth shall be considered the valid date of birth. (Bylaw 4-2-4)

- All students participating in a school sponsored sport must be enrolled and attending in accordance with all duly adopted Board of Education or similar governing board policies of that school. (Bylaw 4-3-1)
- After a student completes the eighth grade, or is otherwise eligible for senior high athletics pursuant to Bylaw 4-2-3, the student shall be eligible for a period not to exceed eight semesters taken in order of attendance, whether the student participates or not. A student in grade 7 or 8 who attains the age of 15 before August 1 shall be eligible only at the senior high level for a period not to exceed eight semesters taken in order of attendance, whether the student participates or not. (Bylaw 4-3-3)
- In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in school the immediately preceding grading period. During the preceding grading period, the student must have received passing grades in a minimum of five one credit courses or the equivalent which count toward graduation. (Bylaw 4-4-1)
- A student is considered to have transferred whenever enrollment is changed from one school to another school, or whenever the student participates in a practice, scrimmage or contest with a school-sponsored squad of a school in which the student has not been enrolled. If a Student transfers at any time after the fifth day of the student's ninth grade year or after having established eligibility prior to the start of school by playing in a contest (scrimmage, preview/jamboree, Foundation game or regular season/tournament contest), until the one year anniversary of the date of enrollment in the school to which the student transferred, the student shall be ineligible for all contests (including all scrimmages, preview/jamboree/Foundation games) until after the first fifty percent (50%) of the maximum allowable regular season contests in those sports in which the student participated during the twelve (12) months immediately preceding this transfer have been completed. **Note:** For purposes of this bylaw, a student is considered to have participated in a sport if he/she has entered, if for only one play, a scrimmage or contest at any level of competition/contest (e.g. freshman, junior varsity and varsity). (Bylaw 4-7-2)
- A student is considered a prospective athlete after enrolling in the seventh grade, or the grade corresponding to the seventh grade for a student from a foreign country. Any attempt to recruit a prospective student-athlete for athletic purposes shall be strictly prohibited. (Bylaw 4-9-1)
- For purposes of this Bylaw Section 9, the term "recruit" shall mean the use of influence by any person connected or not connected with the school to secure the transfer of a prospective student-athlete. (Bylaw 4-9-2)

## PRE-SEASON PARENT MEETINGS

It is mandatory that each coach (with the assistance of the Athletic Director) holds a meeting with parents and prospective players for his/her team in the pre-season. This will afford the players' parents the opportunity to get to know each

other, the coach and the support staff. This will also provide the Athletic Director and the coach the opportunity to communicate any special rules or guidelines he/she may have for their team and anticipated expenses for the parents in that sport. **This is a mandatory meeting for parents. Athletes may attend.**

## **ATTENDANCE IN SCHOOL**

Students must be in attendance by 11:00am in order to engage in practice or participate in a contest. If a student has a medical appointment, he/she must provide written documentation of the appointment from the doctor and attend more than one-half of his/her classes in order to participate that day.

School sponsored field trips are considered an excused absence from school. Student are expected to be at all practices and games unless absent from school. Students may be dismissed from a team after three unexcused absences.

## **ATTENDANCE FOR PRACTICE & GAMES**

Prior notice is to be given to the coach for any absences. If prior notice is possible, but neglected, the absence will be counted unexcused. The following are considered as excused absences:

- Illness
- Unavoidable medical appointments
- Death in family
- Private academic tutoring
- Special family situations (Weddings, counseling, etc.)\*
- Special church activities (when choosing to attend a special activity, keep in mind the attendance policy for lettering and the pressure imposed on the team by your absence)\*

**\*Prior approval must be granted by the coach**

Unexcused absences to practices will receive the following:

- 1st absence: Lost practice time will be made up individually.
- 2nd absence: Suspension from participating in upcoming game. Parent will be notified.
- 3rd absence: Dismissal from team.

Tardiness: Discipline will be at the discretion of the coach.

An unexcused absence to a game may result in expulsion from the team.

## **PRACTICE SCHEDULES & TIMES**

Athletic practices begin immediately after school. Here are the following exceptions:

1. Two-a-day practices on any non-school day may not exceed five hours.
2. Two-a day practices on a school day may not exceed three hours

**Sunday meetings and practices are discouraged and held only with approval from the athletic director.**

## **PRACTICE**

- Prayer will be a part of each practice.
- Devotions or character life skill lesson will be conducted once a week.
- Practice is off-limits to an athlete who has been absent the school day.

- Non-team members are not to be in the gym during practice. Outsiders are not to be involved in practice unless invited by the coach.
- Team members are to be in the vision range of the coach at all times.
- No loitering.
- All water bottles, clothes, towels, etc. are to be removed from the athletic field or gym after practice.

## **PRACTICE CLOTHING**

Coaches may require team members to purchase practice clothing bearing the school name and sport.

Students are not permitted to wear clothing that is revealing and/or makes reference to alcohol, tobacco, drugs, profanity, Satan, or other offensive symbols. Length of shorts is to be mid-thigh and worn at the waistline. **Modesty is the priority!**

## **UNIFORM REPLACEMENT POLICY**

Varsity uniforms will be purchased on a need basis (usually every 3-4 years). Due to the nature of certain sports, some uniforms will last longer than 4 years and some less than 4 years. Junior High and Junior Varsity uniforms will be purchased on a need basis as well. Changes in style or fashion do not warrant purchasing new uniforms if the current uniform is still in good condition.

If the majority of the team's uniforms are in good or excellent condition and less than  $\frac{1}{4}$  in fair or poor condition, replacing the entire set is not necessary if matching replacement uniforms can be purchased.

Whenever possible, Varsity and Junior Varsity uniforms shall be identical. This allows for greater flexibility in sizing. Whenever possible, Varsity uniforms will be passed down to the Junior Varsity and Junior Varsity uniforms will be passed down to the Junior High. This will not be done if the uniforms are in poor condition or do not fit the majority of the team properly.

## **ADDING A SPORT**

Competitive athletics is a vital aspect of the integrated educational program at CCS, and sports teams play an important role in that program. Adding sports teams to the athletic department and thus to the educational program of the school has consequences (intended and unintended) that must be carefully considered.

Issues to be considered are focus on the new sport's overall impact on the school's total educational program and the school community, including such issues as school philosophy, goals and mission, level of student interest, coaching, facilities, budget, competitive excellence, long-term commitment, and league approval.

Individuals or groups interested in adding a new sport(s) to the CCS athletic program will present a written proposal to the Athletic Director. To the fullest extent possible, the proposal should address each of the criteria set forth below. The proposal should be submitted sufficiently in advance of the proposed start of regularly scheduled competition so as to afford a reasonable time prior to the start of competition for CCS to conduct the analysis required by this policy. Individuals

or groups submitting proposals are encouraged to do so at least nine months prior to the anticipated start of competition.

The Athletic Director, in conjunction with the Junior/Senior High Principal, will review the proposal and then meet with the individual's to discuss the ramifications and viability of adding the new sport. The Athletic Director and the Junior/Senior High Principal, as immediate supervisors and guardians of the mission of the athletic department, will prepare a report to the administration that analyzes the proposal in light of the criteria set forth below, and makes a recommendation regarding the proposal, and the basis therefore. The administration shall review the proposal, and the recommendation, and make the final determination.

The Athletic Director and the Junior/Senior High Principal will evaluate each proposal to add a new sport based on the following criteria:

**Mission** – Does adding the sport advance or sustain the mission of the school and the athletic program?

**Student Interest** – Will a segment of the student population be positively influenced and will an adequate number of student-athletes demonstrate a high level of interest in making a serious commitment to the team?

**Coaches** – Are qualified coaches interested in the position and available to coach? Interviews will be conducted according to CCS hiring policies.

**Facilities** – Are the facilities for the proposed sport reasonably available under the circumstances, and adequately equipped to conduct effective practices and competitive games?

**Budget** – What are the costs/revenues? Expenses and potential revenues should be addressed in the proposal. Typical expenses include facility fees, equipment costs, coaching stipends, officials fees, tournament fees, transportation costs (if applicable), and insurance costs (if applicable). Typical revenues are gate receipts.

**Competitive Excellence** – CCS strives for excellence, achievement and the opportunity to glorify God. Will the addition of a new sports team sustain this mission?

**Long-term Commitment** – Is it the intent that there is a multi-year commitment to the sport at CCS? If so, what steps will be taken to assure that will be the case? What are the prospects for the new sport team to endure at CCS? Athletic leagues/conferences look for member teams that ideally will make a multi-year commitment to the league. Are we prepared for a long-term relationship with a league? Should the new sport begin as a club to test its viability?

## **STUDENT MANAGERS**

Student managers are valuable assets to our athletic teams. Students desiring to serve as managers should contact the head coach. Student managers are required to meet and follow all rules and regulations pertaining to athletics and may earn varsity letters by meeting the same criteria as team members.

## **HOME SCHOOL ATHLETES**

Satellite and home school students are eligible to play at CCS if they take at least one course on campus.

## **ATHLETIC CAMPS**

Coaches may conduct sports camps during the summer to refine the athlete's skills. All athletes are encouraged to attend.

## **WEIGHT ROOM USE**

The weight room is a common use facility. Each team will have equal access to this facility, with priority given to in-season sports.

No student is permitted to use the weight room without direct supervision from a CCS coach. Students must have proper workout attire consisting of a clean, dry t-shirt, athletic shorts, socks and athletic shoes (no cleats or sandals). Students must remove all jewelry before entering the weight room.

No drinks or food are permitted at anytime. Students are responsible for re-racking and cleaning up weight room after each use. Violations of weight room rules or policies may result in loss of privileges.

## **HOUSING**

CCS will reserve and pay all costs deemed necessary for hotels during state final competitions. Hotel expenses for regular/post season tournaments or meets are the responsibility of the student.

## **TRANSPORTATION TO AND FROM AWAY GAMES**

Transportation may or may not be provided to away games. The CCS Athletic office and the CCS Transportation Coordinator will use the following factors to determine whether or not transportation will be provided:

- Number of Student Athletes participating in the event
- Distance of travel to the away event
- Time of day of the away event
- Availability of CCS Buss and Driver
- Overall expense of transportation

If a bus is provided, all athletes must ride the bus to the away event. After the event, an athlete may return home with his/her parent with the coach's approval and after obtaining a "release" signature from the parent/guardian.

The CCS Athletic Office will work with team parents and coaches to assist in coordinating car pools when school transportation is not provided.

## **AWAY GAMES ON A SCHOOL NIGHT**

It is important that the players arrive on campus by 10:30 p.m. on a school night.

## **INJURIES**

All injuries requiring medical attention should be reported to your coach. **Do not attend a hospital emergency room after a game without a coach, trainer or parent present to give authorization for treatment.**

## DRESS CODE

Students must travel to and from games in team uniforms, team warm-ups, team shirts, shirts and ties, or school dress code. Students are to look neat and clean at all times when representing CCS. **All shirts must be completely tucked in and worn at the natural waistline.** Students are not permitted to wear jewelry during practices or games.

## TEAM PHOTOGRAPHS

All players must be in uniform when these photos are taken. Only players, coaches, and managers are allowed in the team photos. Every effort will be made to insure that all players are present for the picture.

## CARE OF ATHLETIC FACILITIES

After each practice or game, athletes are to remove all clothes, water bottles, etc. from the athletic facility and clean the general area. The athletic facilities are to be left clean and neat in appearance.

## INITIATION

No initiation or hazing of any kind is allowed. No athlete will be allowed to take advantage of another athlete in any way. Severe discipline of the team will result upon violation of this rule.

## DISCIPLINE Policy

In an effort to continually refine the policies of the CCS Athletic Department, and after receiving feedback from administrators, coaches and parents, it has been determined that our detention policy should be amended to calculate detention penalties based on the specific sport's **SEASON**. Currently, the detention policy is tied to a school semester.

Effective immediately, the amended Detention Policy is as follows:

The following are penalties issued to student athletes for detentions per sports season\*:

First Detention\*\*:

- Parents and coach are notified

Second Detention\*\*:

- Parents and coach are notified
- The student athlete sits out the next game, match or meet following the date that the second detention is served. This includes any post-season games, matches or meets.

Third Detention\*\*:

- Parents and coach are notified
- The Student is dismissed from team

Detention penalties will be strictly enforced and cannot be appealed.

\* The 'season' will begin the first official day of practice after tryouts and end the day of the last season/tournament game.

\*\* The Coach may or may not impose a team penalty in addition to, but not in lieu of, the department's penalty.

Participation in any of the first three items listed below will result in expulsion from the team. Participation in any of the last four items may result in expulsion from the team.

1. Smoking
2. Drinking of alcoholic beverages \*
3. Using drugs \*
4. Being suspended from school
5. Displaying poor class or bus conduct
6. Persistent violation of dress or uniform code
7. Use of unacceptable language (see Student Required Use of Technology & Internet Safety Policy)

\* includes being seen in the company socially of those who are drinking or using drugs

## **AWARD/LETTERS POLICY**

One purpose of an athletic award is to recognize an athlete's God-given ability and achievement and to motivate the athlete to be the best that he/she can be. Various trophies, plaques and certificates will be given out that will be sport specific.

## **AWARDS**

At the end of the school year and/or the sports season, awards will be given to athletes and coaches in all levels at the Awards Banquet. To receive an earned award, the athlete and coach are required to be present at the awards ceremony unless there is a valid reason that is deemed such by the Athletic Director.

### **Athletic Requirements:**

- **Varsity**
  - Varsity Letters are awarded to athletes in grades 9-12 who have:
    - Shown good sportsmanship/attitude.
    - Been present in at least 80% of the practices and played in 80% of the games \*
    - Shown a certain level of skill to be determined by the coach.

\* 50% for baseball and softball

\* **Special circumstances will be reviewed by the Athletic Director & Head Coach**

- Team Participations Certificates are awarded to all team members.
- Managers & statisticians who meet the above requirements will be eligible to letter.
- **Junior Varsity**
  - Team Participation Certificates are awarded to all members of the team.
  - Managers & statisticians who meet the requirements will be eligible to receive a Merit Certificate
- **Junior High**
  - Team Participation Certificates are awarded to all team members.

## **MVC ALL ACADEMIC**

Miami Valley Conference (MVC) all Academic Selection. Athletes that letter in a Varsity sport and maintain a 3.5\* or above GPA will receive a MVC Selection Certificate.

\* This is the quarter GPA:

Fall sport	- 1st Quarter GPA
Winter sport	- 2nd Quarter GPA
Spring sport	- 4th Quarter GPA.

## **TEAM SPIRITWEAR**

The Athletic Director approves the team spirit wear then the Junior/Senior High Principal approves it for Friday wear.

## **ALL-COUNTY AND ALL-STATE TEAMS**

These teams are selected, based on statistics compiled throughout the season, by the sports writers of various papers.

## **BANNERS**

Banners are awarded to teams that win their state, regional or conference championships.

## **PARENT GUIDE**

You can play an essential role in helping your child learn the values of winning and losing. Below are some suggested topics you can discuss with your child in these situations.

## **WEBSITE**

Check the website daily for schedule changes, new events, current records, etc. **The webpage, [www.cincinnatiathletics.org](http://www.cincinnatiathletics.org) contains our most current information that will help with changes in the schedules. Please check website before contacting the athletic office.**

### **Values of Winning**

#### **Help your child learn the values of winning by:**

Offering congratulations for winning, and identifying and discussing the efforts made by individuals and the team;  
Recognizing the improvement and growth of both individuals and the team; Emphasizing competitiveness and doing one's best.

### **Values of Losing**

#### **Help your child learn from losing experiences by:**

Crediting the other team; Crediting the play of his/her opponent; Focusing on improvement by individuals and team;  
Discussing what was successful; Discussing what, if anything, individuals or the team could have done differently; Accepting the loss, setting individual goals, and moving forward.

**Conduct:** The importance of parents behaving as model spectators cannot be overstated. Parent who support the rules of conduct as defined below provide a role model for other parents and students alike.

Of particular concern are parents who harass officials or make comments in the stands regarding judgment decisions made by the coach. This is counterproductive and tends to destroy the values of good sportsmanship and the game.

**Issue or Concerns**

What are appropriate issues to discuss with the coach? This is often the question many parents have when their children are participating in sports.

**Parents Are Encouraged to Discuss:**

1. The treatment of their child
2. Ways to help their child improve
3. Concerns about their child's behavior
4. Coaches' philosophy
5. Coaches' expectations for their child and the team
6. Team rules and requirements
7. Sanctions incurred by their child
8. Scheduling
9. College participation

**Parents are Not Encouraged to Discuss:**

1. Placement on teams
2. Playing time
3. Strategies used by the coach during contests
4. Other student athletes

**Special Note:** It is very difficult to accept that your child is not playing as much as you hoped he or she would. Coaches are professionals. They make judgment decisions based on what they believe to be in the best interest of the team. The coach must take into account all members of the team, not just your son or daughter.

**Coach or Program Complaints:** It is imperative that parents respect the position of the coach and direct any concerns to the coach first. If you wish to discuss a problem or issue concerning your child, begin by contacting his/her coach. Often the problem or issue is resolved at this level

**Steps for Resolution**

1. First contact the coach
2. Contact the A.D.
3. Contact the Junior/Senior High Principal
4. Lastly, contact the Superintendent

## **EMAIL ADDRESSES**

You may contact the athletic department by e-mail.

Steve Gillens-Athletic Director

- [steve.gillens@cincinnatiachristian.org](mailto:steve.gillens@cincinnatiachristian.org)

Julie Reutener-Assistant to the Athletic Director

- [julie.reutener@cincinnatiachristian.org](mailto:julie.reutener@cincinnatiachristian.org)

Carl Woods-Assistant Athletic Director

- [carl.woods@cincinnatiachristian.org](mailto:carl.woods@cincinnatiachristian.org)

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## **Notes**

## Notes

**PLEASE SIGN AND RETURN**

**SPORT:** \_\_\_\_\_

**COACH:** \_\_\_\_\_

**VARSAITY** \_\_\_\_\_ **JV** \_\_\_\_\_

**JH** \_\_\_\_\_

**I have read and understand  
the guidelines and policies as defined by the  
CCS Parent & Student Guide to Athletics.**

**Athlete Last Name (Please Print)** \_\_\_\_\_

**Student Signature** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Please return this page to the Athletic Department,  
BEFORE your season begins.  
Thank you.**







*Christ-Centered 21st Century Education*

## **Athletic Department Mission Statement**

*The CCS interscholastic athletic program offers diverse, high quality experiences in athletic skillbuilding, competition, sportsmanship, citizenship, and spiritual development to Cincinnati Christian student athletes, while supporting academic achievement as a priority.*

**ATHLETIC DEPARTMENT DIRECT LINE: 275-0790**

**WWW.CINCINNATICHRISTIANATHLETICS.ORG**

<p><b>Junior/Senior High Campus</b> <b>Grades 7-12</b> 7474 Morris Road Fairfield, Ohio 45011 Phone: 892-8500 Fax: 892-0516</p>	<p><b>Elementary Campus</b> <b>Grades Preschool-6</b> 7350 Dixie Highway Fairfield, Ohio 45014 Phone: 874-8500 Fax: 874-9718</p>
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