



**IMPROVE
YOUR GAME WITH CHALLENGER
SPORTS
FRANKLIN HIGH SCHOOL BOYS
PROFESSIONAL TRAINING CAMP**

LOCATION: FCHS SOCCER FIELDS

DATES & SCHEDULE:

AGES	DATES	TIMES
14-18	Monday June 6th – Friday June 10 th	9am – 4pm

For more information on Soccer Camp please call Martin Harris @ 855-837-4461 Extension 8.

Our Team camps are run specifically to measure your child's requirements and look to develop skill, footwork and tactical awareness.

1000 touch curriculum – Every day on camp, ball familiarity to start – toe taps, utilizing the whole foot and using advanced turns from stationary to on the move.

Advanced shooting - laces, follow through, instep shooting, body position and body adjustment for first time shooting

Advanced passing - when to pass to feet when to pass to space, long and short passing

First touch - away from the defender, on the stronger foot to shoot, opening body shape to pass and see the field

Arial control - inside feet and flat lace volleys, thigh and chest control and heading

Advanced turning - fundamentals of over 10 turns and usage in game situation

Advanced Dribbling - close ball control, changing direction with the ball, dribbling into space and running with the ball

Playing as a defensive unit – compact in defense, defending as a unit and defending when outnumbered

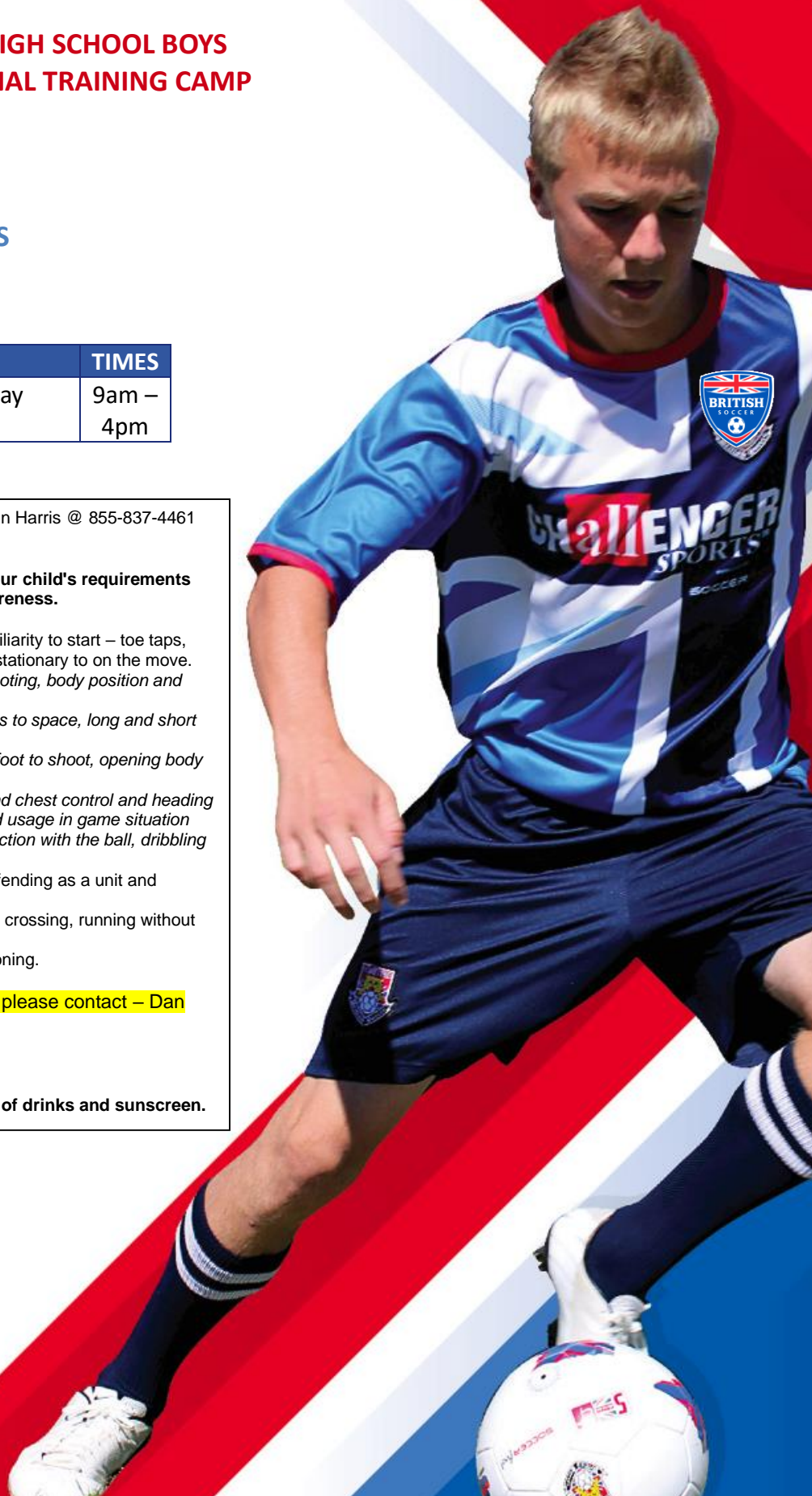
Attacking in the final third – diagonal runs, wide play, crossing, running without the ball and creating space.

Goalkeeping – handling, distribution, diving and positioning.

For more information on how to sign up for camp please contact – Dan Gartenman dgartenman@fccsc.k12.in.us

(12pm-1pm lunch at the field)

Please ensure players bring a packed lunch, plenty of drinks and sunscreen.



WWW.CHALLENGERSPORTS.COM



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