

# Holt High School Athletic Facts 2017-2018

Athletic Office: 517-694-2383  
 Athletic Fax: 517-699-3439  
 Office is open from 7:00am – 3:30pm Monday  
 through Friday - Summer Hours 8 am – 4 pm

Athletic Director: Renee Sadler  
 Email: rsadler@hpsk12.net  
 Athletic Office Professional: Kimberly Bails  
 Email: kbails@hpsk12.net

	Start Date	Information
<b>Fall Sports – First Day</b>		
Football	August 7	<b>Time:</b> 8:00 am – 3:00 pm <b>Location:</b> Holt High School <b>Bring:</b> Workout clothes, towel, football shoes and lunch daily
Cheerleading – Varsity and JV	August 9	<b>Time and Date:</b> Check the Cheer Schedule <b>Location:</b> HS Football Field/Track <b>Bring:</b> Cheer shoes, water bottles, appropriate practice clothes. Hair up and no jewelry. Water and sunscreen
Volleyball	August 9	<b>Time:</b> 5:00 pm – 8 pm <b>Location:</b> Holt High School Gym <b>Bring:</b> Volleyball attire, volleyball shoes, kneepads, water, and a good attitude
Soccer - Boys	August 9	<b>Time:</b> 7:00 – 9:00 am and 11:00 – 1:00pm <b>Location:</b> Holt High School <b>Bring:</b> Workout clothes, running shoes and cleats, shin guards, socks, water
Cross Country – Boys and Girls	August 9	<b>Time:</b> 10:00 am – 12:00 pm <b>Location:</b> Valhalla Park (West Side) <b>Bring:</b> Sweatshirt, pants, running shoes, WATER, snack and a positive attitude
Tennis - Boys	August 9	<b>Time:</b> 9: 00 am – 12:30 pm <b>Location:</b> High School Tennis Courts – West Commons if it is raining <b>Bring:</b> Racket, good Shoes, Water Jug
Golf	August 9	<b>Time:</b> 9:00 am <b>Location:</b> El Dorado Golf Course <b>Bring:</b> Clubs, bag, balls and tees
Swim - Girls	August 9	<b>Time:</b> 8:30 am – 12:00 pm <b>Location:</b> High School Pool <b>Bring:</b> Suit, goggles, cap, towel, workout clothes including running shoes and a lock

All sports follow MHSAA rules

**ALL ATHLETES MUST HAVE A COMPLETE PHYSICAL ON FILE BY DROPPING IT OFF IN THE ATHLETIC OFFICE PRIOR TO THE FIRST DAY OF PRACTICE OR TURN ONE IN THE FIRST DAY OF PRACTICE TO THE COACH – THE PHYSICAL EXAM MUST HAVE BEEN GIVEN ON OR AFTER APRIL 15, 2017 \*\*no student will be allowed to participate in practice/tryouts until there is a physical on file**

## Online Information

Holt High School Athletic Website: [holtathletics.com](http://holtathletics.com)

Schedules: [holtathletics.com](http://holtathletics.com)