

**LAKOTA EAST SWIMMING  
TEAM RECORDS  
March 1, 2015**

**GIRLS**

**BOYS**

**200 Medley Relay**

2/19/11	Rachel Jencen Shelby Hutton Jessika Hall Abbey Cramer	1:52.49	2/20/15	Matt McDonald Keith Jessee Josh McDonald Brad Barren	1:5.82
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**200 Free**

2/25/09	Elizabeth Tabor	1:53.80	2/25/15	Josh McDonald	1:40.01
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**200 IM**

2/19/11	Jessika Hall	2:06.79	2/23/06	Jared Miller	1:51.84
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**50 Free**

2/19/11	Rebecka Sepela	24.66	2/22/07	Jared Miller	21.95
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**Diving**

**6 Dives**

1/19/12	Abby McConnell	276.18	1/30/15	Alec Linder	246.20
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**11 Dives**

1/14/12	Abby McConnell	443.45	2/18/13	Alec Linder	257.00
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**100 Fly**

2/18/12	Jessika Hall	57.58	2/20/15	Keith Jessee	51.24
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**100 Free**

2/19/11	Paige Baisden	53.07	2/17/06	Jared Miller	47.06
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**500 Free**

2/21/09	Elizabeth Tabor	4:59.74	2/25/15	Josh McDonald	4:25.35
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**200 Free Relay**

2/19/11	Rebecka Sepela Shelby Hutton Abbey Cramer Paige Baisden	1:39.83	2/17/07	Grant Hawkins Michael Taulbee Mike Rawlins Jared Miller	1:29.91
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**100 Back**

2/18/05	Natalie Grove	1:01.53	2/25/15	Matt McDonald	51.76
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**100 Breast**

2/16/13	Shelby Hutton	1:07.83	2/16/07	Jared Miller	57.78
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**400 Free Relay**

2/17/07	Elizabeth Tabor Lisa Murphy Ashley Yanzsa Lauren Kindrick	3:39.62	2/25/15	Josh McDonald Matt McDonald Brad Barren Keith Jessee	3:12.62
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