

BREBEUF JESUIT PREPARATORY SCHOOL

CONCUSSION PROCEDURES

My child sustained a head injury. What should I do?

If your child is suspected of having a concussion and you are seeking academic accommodations, you must make an appointment to see a doctor. We recommend you see a doctor who frequently treats concussions at a sports medicine clinic as they will be most familiar with how to diagnose and treat head injuries. The doctor will fill out an accommodations form with recommended accommodations, if needed, and parents must bring it to the academic counseling department at Brebeuf Jesuit for academic accommodations to be put in place.

What accommodations will my child receive?

The doctor may make several recommendations for accommodations, but here are the types of accommodations we can make at Brebeuf Jesuit:

- Extended time on exams OR no exams
- Copy of daily outline/notes from teachers
- Reduction in workload
- Limited work on computers
- Breaks as needed to rest in dean's office
- Modified Attendance

*** Please note that a 'reduction in workload' is not an exact science for teachers as they try to provide some relief while trying to keep students on schedule with class. Please be sure to keep teachers updated if your student is having trouble managing the amount of work she/he is assigned as they recover.

What other restrictions will be in place?

In order to expedite the recovery period, any student receiving academic accommodations will not be permitted to attend sports practices or contests, extra-curricular activities, or participate in PE. This is not designed as a punishment, rather to help your child recover quickly from a concussion. It is recommended that parents limit screen time at home and encourage their child to get adequate sleep.

How long will academic accommodations last?

Academic accommodations will expire according to the expiration date noted on the doctor's concussion accommodation form. If no expiration date is noted, accommodations will be in place for one week from the original doctor's visit OR until the student-athlete's follow-up doctor's visit at which

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a new accommodations form would need to be obtained for accommodations to continue. Should a student be cleared by a doctor for participation in athletics prior to the accommodations expiration date, academic accommodations will automatically be removed at that time unless additional documentation is provided that states they should continue.

What if my child is still experiencing severe symptoms after accommodations expire?

If symptoms are still lingering and accommodations are needed beyond the expiration of the concussion plan, parents should schedule a follow-up appointment with a doctor. At that time the doctor can issue a new accommodations form if needed.

When can my child resume participating in athletics?

An athlete must have a doctor's written release stating he/she is cleared to participate in athletic activities. They must present this release to the athletic trainers who will then administer return-to-play protocols. A student-athlete may then return to full participation upon successful completion of this progression from the athletic trainer.

Who should I contact if I have questions?

If you have questions related to the procedure for obtaining accommodations or about academic accommodations in place you should contact Allen Glunt in our academic counseling department. If questions are related to athletic participation please contact our athletic training staff.

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