

Seneca Valley Fall Try-outs Schedule

These are the approximate times of each fall team's practices each day. Times are subject to change- please refer to www.svhsathletics.org for any updates.

Varsity Football and JV football

Tuesday, August 08th Equipment Issued

8:30 a.m.	-	9:00 a.m.	Seniors
9:00 a.m.	-	9:30 a.m.	Juniors
9:30 a.m.	-	10:00 a.m.	Sophomores
10:00 a.m.	-	10:30 a.m.	Freshman
1:30 p.m.	-	3:00 p.m.	Team Meeting @ the Auditorium

August 9th-11th, 14th, 16th, 17th, 22nd- Single Practice Sessions

1-2:30 pm- team meetings

3-6 pm- Practice-Practice Field

August 12th-morning session- exact times TBD

August 15th, 19th, 21st, 26th- Double Practice Sessions

7:00 a.m.			Locker Room Opens
8:00 a.m.	-	8:30 a.m.	Team Meeting
8:30 a.m.	-	11:00 a.m.	A.M. Practice
11:00 a.m.	-	1:00 p.m.	Lunch
1:00 p.m.	-	1:30 p.m.	Team Meeting
2:00 p.m.	-	4:30 p.m.	P.M. Practice
5:30 p.m.			Locker Room Closed

August: Scrimmages

18	Varsity Scrimmage # 1 @ Richard Montgomery, 5:30 p.m.
19	JV Scrimmage # 1 @ Richard Montgomery, 10 a.m.
23	Teachers Report to Work, Single Practice Sessions
25	Varsity/JV Scrimmage # 2 @ Paint Branch, 6 p.m.

August 23rd, 24th, 28th-Rest of season-(weekdays)-Single Practice sessions

1:00 p.m.	-	2:00 p.m.	Varsity Weight Training
3:00 p.m.	-	5:30 p.m.	Practice
5:30 p.m.	-	6:00 p.m.	Team Meeting
7:00 p.m.			Locker Room Closed

Cross Country

August 9th 8 am- meet in aux gym-svhs

August 9-11; 14-16- 8am-10am

August 17th 8am-10am Black Hills Regional Park

August 18th 8am-10am Fleet Feet 255 Kentland's Blvd, Gaithersburg

August 21st 8am-10am Black Hills Regional Park

August 22nd 8am-10am Seneca Valley

August 23rd- rest of season- 3-5 pm- Seneca Valley

Volleyball-Varsity -JV

August 9th-11th 9-11:30 am-main gym

August 14th-18th; 21st and 22nd 9-11:30 am-main gym

August 23-25th; 28th-31st-3-5 –main gym

September 5th-rest of the season 3-5 pm- main gym

Poms

August 9th-August 11th- 4-7 pm- Auxiliary Gym

August 14th-17th, 21st-25th; 28th-31st- 4-7 pm Auxiliary gym

September 5th- the rest of the season- Mon-Thur-4-7-location varies

Varsity Cheerleading

August 9th-11th- 5-8- Main Gym

August 14th- 17th, 21st, 23rd-24th, 29th-31st- 3-5 Main Gym/small gym/outside

Practice- 4-6 pm Mon-Thur- when school starts- location will vary

JV Cheerleading

August 9th-11th- 5-8- Main Gym/small gym/ outside

August 14th- 17th; 21st-24th- 3-5 Main Gym/small gym/outside/ McAuliffe- TBD

Practice starting Aug 28th- season- Mon-Thur- 3-5 location will vary

Field Hockey-JV and Varsity

August 9-4:30-6:30- McAuliffe

August 10th-11th 9-11 am

August 12th 9-10:30 am- McAuliffe

August 14th-18th 9 am- 11 am- McAuliffe

August 21st- 9 am-11 am- McAuliffe

August 22nd - Scrimmage @ Rockville Varsity 9:00 am/ JV 10:15 am

August 23rd-25th- 3:30 pm-5:30 pm- McAuliffe

August 28th - 31st - 3:30 pm- 5:30 pm- McAuliffe

Sept 1st: No practice

September 5th- on 3:30 -5:30 McAuliffe ES

Girls Soccer and Boys Soccer

August 9th-11th, 14th- 18th, 21st- 25th, 28th- 1st- 3-6 pm- Gunners Park

September 5th- rest of the season- 3 pm to 5 pm- Gunners Park

Girls Tennis

August 12th- 10 am- Clemente MS

August 14th-18th; 21st- 25th; 28th-Sept 1st 8-10 am- Clemente MS

September 5th- rest of the season 3 -5 pm- Clemente MS

Golf

August 15th- 3:12 pm- Front 9-Poolesville Golf Course- please confirm with Mr. Irvin if you are planning on attending the tryout.

August 17th-2:00 pm- Little Bennett Golf Course

August 18th-3 pm- Rattlewood Golf course

Practice Schedule will range after teams are set.