



**DEDICATION-UNCOMMON-DISCIPLINE-EFFORT-SELFLESS**

**EAST SUNS CORE VALUES FOR PARENTS**

**MOTTO  
VISION**

- PLAY HARD, LOVE EACH OTHER, DO WHAT WE DO
- EMPOWER AND ENVIRONMENT WHERE PEOPLE CAN SUCCEED AS PARENTS AND ROLE MODELS

**PRINCIPLES**

- **DEDICATION** DO WHAT YOU NEED TO DO WHEN YOU NEED TO DO IT, REGARDLESS OF HOW YOU FEEL
- **UNCOMMON** IF WE DO WHAT COMMON PEOPLE DO, WE GET COMMON RESULTS
- **DISCIPLINE** YOU ARE HELD ACCOUNTABLE FOR YOUR OWN ACTIONS; DO RIGHT!!
- **EFFORT** ALL OUT, ALL THE TIME; DOMINATE THE DAY!!
- **SELFLESS** WE OVER ME, EXECUTE YOUR ROLE; THINKS OF RIGHT AND FEELINGS OF OTHERS

*\*Updated 2017-08-01 - 3:22pm*

**IN SPORT**

- Separation and Seclusion; teams need to be alone; please do not come to the bench, dugout, sideline etc. WE GOT THIS!! We don't need to depend on you for everything
- Please don't yell at the team, coaches or officials from the stands; we do not need that to win; we love challenges and love to overcome adversity (NO BCD BEHAVIOR)
- Come to watch the TEAM not just ME!!
- HOLD yourself to the standards listed above just like we hold ourselves accountable for our core values listed in our locker room
- Provide support for me throughout the year (transportation to and from practices, events, school etc)
- Accept what happens in MY CAREER AS MINE and NOT YOURS; THIS IS MINE and I GOT THIS!!
- PLEASE SIT WITH OTHER SUNS PARENTS IN THE STANDS AND UNIFY AT GAMES IN OUR SUPPORT
- DON'T KEEP STATS; COACHES SHOULD BE KEEPING STATS AND THOSE STATS WILL TELL US EVERYTHING WE NEED TO KNOW
- IF YOU ATTEND A PRACTICE, PLEASE SIT IN SILENCE AND ENJOY US AT WORK; WE THINK YOU WILL BE IMPRESSED BY WHAT YOU SEE AND HOW WE WORK AS A TEAM

**IN HOME**

- Don't talk about the game or give constructive criticism unless I ask or talk about it first; if I don't ask, don't tell me; IT'S MY EXPERIENCE
- Use the 24 hour rule; Let 24 hours pass to process the game; don't let your emotions get into the conversation (24 hour rule)
- Only be positive and supportive at home of the efforts at the athlete and team; negative talk relays to athlete which relays to the team; you may not always agree with coaching philosophy or coaching strategy, but all we ask is that you support it and accept it
- Let the athlete wash his or her own uniform and practice clothes or Let it be DIRTY; IT IS THEIR OWN; LET THEM TAKE RESPONSIBILITY

**IN COMMUNITY**

- Don't Boast, Brag, Criticize or Condemn the program, coaches or other athletes within the community
- No predictions ONLY PROCESS; DO NOT TALK ABOUT FUTURE OR OUTCOMES; THAT'S NOT WHO WE ARE. WE are focused on the process and going 1-0 today
- Support other programs within EAST HIGH SCHOOL. Be a FAN of the school and the athletic department
- Participate in fundraisers the athletic department has as well as b members of the booster club; Support new initiatives