

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2	3	4	5
	1 st OFFICIAL PRACTICE 8 AM	OFF SITE TEAM CAMP	8 AM MOVIE AT DEPAC 7 PM- ET	OFF SITE TEAM CAMP	8 AM	LOGAN'S RUN AT ND
SUNDAY 1	6	7	8	9	10	11
	8 AM	8 AM	8 AM	8 AM	8 AM TEAM PICS 10:15 AM/ND MASS 11:30	OX BOW INVITE (?)
SUNDAY 2	13	14	15	16	17	18
	3:35	3:35	1 st DAY OF SCHOOL 3:35	3:35	3:35	STAMPEDE
SUNDAY 3	20	21	22	23	24	25
	3:35	3:35	3:35	3:35	3:35	NORTHWOOD INVITE
SUNDAY 4	27	28	29	30	31	
	3:35	3:35	3:35	3:35	SB CITY MEET	

SUMMER RUNNING IS 8-10 AM; SCHOOL YEAR PRACTICE 3:35-5:45 PM WITH MORNING SESSIONS OFFERED CERTAIN DAYS; SUNDAY IS ON YOUR OWN BUT SENIOR LED RUNS ARE ENCOURAGED
MEET DAY AGENDAS WILL BE GIVEN EACH WEEK WHEN PROVIDED BY THE HOST SCHOOL