



Pinckney Pirate ATHLETICS

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The Benefits of High School Athletics

Before making the decision to become the Athletic Director for Pinckney Community Schools, I needed to know how much of an impact sports has on a student's life. This is what I learned from my research:

- People who competed in high school sports tend to get **better jobs**, with **higher pay**.
- When companies hire individuals for **employment** they look for participation in high school sports.
- Student-Athletes tend to have **higher self confidence, self respect and leadership skills**.
- **Improved Academics** – Student Athletes on average have a **higher G.P.A.** That non-athletes, scoring **10% higher in core subjects** like Math, Science, S.S. And Language Arts.
- Student-Athletes learn the 3 “P’s” **Patience, Persistence, and Practice**.
- **Teamwork and Cooperation** – A lifelong skill.
- Student-Athletes forge **close friendships** that go way beyond high school.
- Develop **time management skills**.
- Create, support, and foster a “**Success**” Mindset
- Student-Athletes have **better health habits** and are **physically in better shape**.

High School Athletics are not just something to do, they are an investment in the future of students.