# WELCOME TO HIGHLAND HIGH SCHOOL PRESEASON MEETING FOR ATHLETES / PARENTS

Dr. John Deuber – Athletic Administrator

Mr. Dana Addis – Principal

Mrs. Carrie Knapp – Assistant Principal

# Required Paperwork

Final Forms: HS all paperwork submitted electronically <a href="https://highlandmedina-oh.finalforms.com">https://highlandmedina-oh.finalforms.com</a>

Students! To log into your Google account, you must sign in as Ex. HStudent15@hlnd.org jdeuber22@hlnd.org

Your password will remain the same.

(hard – copy still for middle school athletes)

- Physical current w/in 1 calendar year.
- Emergency Medical Form
- Impact Testing (Freshman, Juniors, 1<sup>st</sup> year HS athletes
- Highland Code of Conduct signature page
- Concussion Information Sheet Acknowledgement
- Consent to Drug Testing (HS only)

### Highland Code of Conduct

- ✓ Interscholastic Athletics Policy
- ✓ Interscholastic Extracurricular Eligibility Policy
- ✓ Student Conduct Policy
- ✓ Co-curricular and Extra-curricular Activities Policy

# Pay to Participate

#### Due prior to first contest

- \$250 HS payment to AD office
- \$200 MS payment to MS office
- Annual Family Cap = \$750
- Includes athletic and clubs

contact Amy Dean if you believe you are at the cap

# Eligibility - Academic requirements

#### High School -

Must have *passed* five (5) one credit courses or the equivalent in the preceding grading period *and* maintain a GPA of <1.5 *and* be enrolled in 2.5 units of study.

#### Middle School -

Must have received passing grades in a minimum of five subjects in the immediately preceding grading period. All incoming 7<sup>th</sup> grade students eligible for fall sports.

http://www.ohsaa.org

# Eligibility - Academic requirements

#### NCAA -

Https://web1.ncaa.org/ECWR2/NCAA\_EMS/NCAA.jsp

Courses the NCAA denies are as follows:

Conversational Spanish

**Cinematic Literature** 

Independent Reading

**Theater Drama** 

Theater Drama II

Establishing Entrepreneurship

Yearbook

Pre-Algebra

Algebra I concepts

**Geometry Concepts** 

Algebra II concepts

College Math

Computer Programming I & II

DO NOT drop a class or change a schedule without checking with your counselor!

#### Health of our Athletes

# Sharon Family Physicians Highland High School 330-239-4455

Team Physicians: Dr. Sean Hoynes, MD

Dr. Todd Zeiger, MD

Team Trainers: Dr. Trish Strazar

Mr. Tim Hoynes



#### Team Physicians of the Cleveland Browns

James E. Voos, M.D. Head Team Physician of the Cleveland Browns.

Medical Director, Chief, Division of Sports Medicine, Dept of Orthopedics

Michael J. Salata, M.D. Team Physician of the Cleveland Browns, Dept. of Orthopedics

<u>Todd M. Zeiger</u>, M.D. Associate Team Physician of the Cleveland Browns.

#### Athlete Health

Dr. Sean Hoynes

#### **OHSAA Video Presentation**

https://www.youtube.com/watch?v=O5GWwuE Ln6c&feature=youtu.be

On-line participants:

Send an email confirming that the parent and athlete have viewed the video to: <a href="mailto:jdeuber@highlandschools.org">jdeuber@highlandschools.org</a>

(please include parent name, athlete name and grade)

# Sportsmanship



## Respect

"Hey, are you OK?" -

Highland student asked opponent after a physical play, helping him up.

# Sportsmanship

From everyone. *All The Time*.

**Players** 

Coaches

**Parents** 

WE should be THE SCHOOL for all that is right in athletics.

Honor. Pride. Commitment. Tradition. Sacrifice.

Highland.