

TRI-VALLEY ATHLETIC DEPARTMENT

Tri-Valley School District Athletic Policy Rules and Regulations

- I. Athletes found to be in possession of or using steroids or other illegal performance enhancing drugs will lose athletic participation privileges for a full calendar year.
- II. Athletes are to follow training rules regarding hours, diet, etc. established by each head coach in charge of that sport.
Athletes shall not exhibit conduct that has a negative reflection on the athlete or school.
- 1) First offense: Denial of participation in the next two (2) scheduled contests in which the athlete is a participant. (The athlete may practice with the team but may not dress, travel, or participate in contests.)
- 2) Second offense: Removal as a participating member of the team. The athlete may be denied the privilege of participating in interscholastic sports for a period of one calendar year and will forfeit all awards.
- III. Athletes shall not use or possess alcohol, illegal drugs, and/or tobacco products in any form. (May be detected by odor)
Penalties for offenses- Use/Possession of alcohol, illegal drugs and/or tobacco
- 1st offense – up to a 5 game denial of participation depending on severity of infraction.
2nd offense – up to 18 weeks denial of participation depending on severity of infraction.
3rd offense – 1 year denial of participation.
- Cooperation, self referral, and agreement to attend counseling will be taken into consideration when deciding the punishment for 1st and 2nd offenses.
- Each coach may decide to assign additional consequences on top of the athletic department's policy.
- IV. Violations may be detected by any coach, administrator, teacher, school personnel, law enforcement person, or parent of the player involved.
- V. **THE RULES AND REGULATIONS OF THE ATHLETIC DISCIPLINE POLICY APPLY FOR THE FULL CALENDAR YEAR! (365 DAYS!)**
- VI. Removal from a sport or contest will carry over to the next sport if a season ends before the assigned time is served. Athletes not finishing a season will not be considered team members of that sport unless failure to complete the season is due to injury or acceptable circumstances.
- VII. Scrimmages do not count as athletic contests.

****STUDENT SIGNATURE** _____

****PARENT SIGNATURE** _____

SPORT _____ YEAR _____ DATE _____ Grade _____