



Athletics Code of Conduct

~ Los Gatos High School

Participation in athletic activities at Los Gatos High School is a privilege extended to the student body by the Board of Trustees of the Los Gatos-Saratoga Union High School District. Students choosing to participate in athletic activities act as representatives of the district and the school. Students who are selected for this privilege of membership on athletic teams are expected to conduct themselves in such a manner as to represent the highest standards of Los Gatos High School at all times.

The code of conduct is specifically designed to establish high expectations and guidelines for all participating student-athletes. Coaches and school administrators will enforce this code of conduct, based upon the principles of honoring the game. **Student-athletes will show respect for self, teammates, coaches, school, officials, and opponents at all times. LGHS student-athletes, coaches, parents, and administrators are expected to demonstrate true sportsmanship, in pursuing victory with honor.**

Los Gatos High School student-athletes who fail to abide by the code of conduct are subject to disciplinary action. Rule enforcement will be consistent and immediate. School officials are not expected to police off-campus or non-school related activities. Each head coach may establish additional, individual sport rules for his or her team. These rules may include, but are not limited to attendance at practice, curfew, personal appearance, and personal conduct.

The athletic program is an integral part of the educational experience. The following guidelines have been established as expectation of all student-athletes. Failure or violation may result in removal from the team and dismissal from participating in LGHS athletics.

Guidelines for Student-Athletes (in addition to what is stated above)

- Meet and maintain required academic standards.
 - Each student-athlete must be enrolled in five class periods
 - Each student-athlete must pass 20 units the previous progress report
 - Each student-athlete must maintain a 2.0 GPA during the previous grading period
 - * Los Gatos-Saratoga Union High School District allows each LGHS student-athlete to be eligible to participate in athletics on an academic waiver for one grading period during his or her freshman and sophomore years and for one grading period during his or her junior and senior years. The academic waiver is obtained from the Athletic Director and must be approved by the Principal.
- Abide by school, league, section, and CIF rules in the governance of eligibility.
- A student-athlete that is suspended from school will not be allowed to participate in athletics in any way while on suspension.
- Assault on opponents, coaches, teammates, or officials will not be tolerated in any way.
- A student-athlete may not have an unexcused (cut) absence the day of an athletic contest. If a student-athlete has an unexcused absence, he or she is not allowed to participate in any athletic contest that same day.
- There shall be no use or possession of alcoholic beverages, tobacco product, illegal drugs, substances, non-prescribed controlled substances or paraphernalia in any form by any student-athlete member of an athletic team associated with Los Gatos High School.
- "As a condition of membership in the CIF, all member schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating student-athletes and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully-licensed physical (as recognized by the AMA) to treat a medical condition." (CIF Bylaw 523)
 - * By signing, both the participating student-athlete and the parents, legal guardians/caregiver hereby agree that the student-athlete named herein, shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF bylaw 202, there could be penalties for false or fraudulent information. We also understand that the Los Gatos High School policy regarding the use of illegal drugs will be enforced for any violations of these rules.

* **Please keep this form for your own records.**

We
Honor
the
Game
Here