

Sports Medicine

2017 Millard Public Schools (Grades 7-12) Pre-Participation Sports Physicals



Physical Evaluation Includes:

Height, Weight, Vision and Blood Pressure
Musculoskeletal Exams conducted by Physical Therapists and Athletic Trainers
Pre-Participation physical exams conducted by a CHI Health Clinic Family Physician
and an Orthopedic Physician

Date and Times

Thursday, June 8, 2017; 7:00pm-9:00pm

Tuesday, July 25, 2017; 7:00pm-9:00pm

(Appointments are every half hour, with 45 athletes maximum per 30 minute time slot)

Location

Lakeside Wellness Center/Physical Therapy Clinic
16940 Lakeside Hills Plaza, Suite 109
Omaha, NE 68130

*Parking is available in front of the Wellness Center

Cost

\$20 per athlete.

Cash or check accepted. Money will be collected at check-in.

Registration

ONLINE: <https://chihealth.gosignmeup.com/Public/Course/Browse>

Choose "Health and Wellness"

Choose "Millard Public Schools Sports Physicals"

BY PHONE: 888-333-7520

***Space is limited, and registration is required.**

*Please complete the Pre-Participation Physical Forms found on www.chihealth.com/sportsphysicals
Forms must be filled out completely and brought with you to your appointment.