Seminole High School Athletics

Welcome to the 2017-2018 interscholastic athletic programs at Seminole High School. Seminole High School Athletics is committed to the well-rounded education of our student-athletes. Athletic team participation teaches core values such as hard-work, team work, sacrifice, discipline, and leadership. We believe these character traits developed in high school athletics will provide a strong foundation for physical, emotional, and social health as our athletes move on to the next stage in their lives.

Our vision is that all individuals associated with Seminole Athletics (coaches, staff, student-athletes, alumni and parents) will value the character traits developed through athletic participation. We expect all participants to respect themselves and others, demonstrate loyalty, be great teammates, respond to failures and adversities the same as how they handle success, be honest, and support the GREATEST TRADITION IN SEMINOLE COUNTY!

**Athletic Eligibility:** Athletic participation is contingent upon two main factors, academic standing and residence. The student must reside within the SHS attendance boundary to enroll at the school or be accepted into the IB or Health Academy Programs. All freshmen who are regularly promoted to the 9th grade are deemed eligible for athletic competition. All student-athletes must maintain a 2.0 cumulative GPA.

**ORANGE CARDS / Physical Exams / Insurance:** All potential student-athletes must have a current sports physical on file with the athletic department prior to trying out for any sports team on campus. The physical form must be fully completed for the athlete to be released for tryouts. All student-athletes must also have some form of insurance – personal or school based to participate. Upon completion and submission of all paperwork, athletes are issued an “ORANGE CARD” to give to their coach upon request. The card releases the athlete to participate/tryout for a team at SHS. Physical packets can be found at [SHS Physical Packet 2017-2018](#).

**Transportation:** Programs at SHS athletic have adequate access to transportation to away contests. Transportation may be accomplished in any of three acceptable forms: SCPs buses, approved drivers or personal vehicle. The mode of transportation is established by each program and approved by the athletic director. Under no circumstances will a student be permitted to ride with

**NCAA and Collegiate Eligibility:** Athletes may wish to participate on the collegiate level after high school. In order to be eligible, student athletes must enroll online at the NCAA Eligibility Center – [http://web1.ncaaa.org/ECWR2/NCAA_EMS/NCAA.jsp](http://web1.ncaaa.org/ECWR2/NCAA_EMS/NCAA.jsp). NCAA has very strict academic requirements for participation that are centered around the core course GPA and SAT/ACT scores. The NCAA GPA for incoming freshmen (2018 graduating class), is 2.3 cumulative grade point average.
Communication of Athletic Concerns: Positive and respectful communication between parents, athletes, coaches and administrators ultimately benefits the student-athlete. The SHS coaching staff works hard to ensure the success of every athlete in our programs and we ask that you respect their position on issues within the team. We strongly encourage the athlete and not the parents to talk with the coaches regarding any team issues during the season. This is not only the most direct and productive means of communication, but also a valuable method of teaching responsibility. We realize that situations may arise in which you as a parent deem it necessary to raise a concern and we ask that you adhere to the following guidelines.

Appropriate concerns: treatment of your child, ways you can help your child and your child’s behavior.
Issues not appropriate to discuss: playing time, team strategy, other athletes and play calling.

Protocol for registering concerns: Contact the coach first, if the meeting does not provide a resolution – please contact the athletic department, Mike Kintz @ 407-320-5058. Do not attempt to confront a coach before or after a game. These can be emotional times for both parties, meetings of this nature do not promote resolution.

Cut Policy: One of the most difficult and unpleasant tasks of coaching is making “cuts.” Before you tryout for any program at SHS, be prepared to accept the fact that you may not make the squad. There are over 3,200 students enrolled at the school. No one enjoys informing any student that he/she has not made the team, but in many instances it is necessary to reduce the number of participants to a manageable number. All roster decisions made by the coaching staff are final. No candidate, including a senior, is guaranteed a spot on a team.

Playing Time: Decisions regarding playing time are made solely by the coaching staff of each program. Playing time on all levels is based upon:
2. Discipline issues and team rule violations.
3. Physical preparedness to play – risk of injury. Athletes with questions regarding playing time should address them to the coaching staff of the program with the understanding that there is no playing time guarantee on any level.
1.) How can I begin to participate in a sport at Seminole High School?  
Maybe you had the opportunity to meet a coach at a sign up or informational meeting, but even if you didn’t the best way to find out how to get involved in a particular sport is to contact the head coach of that sport. Many (but not all) programs have stuff that goes on outside of the regular season including camps, conditioning, weight training, open gym, fundraising, informational meetings, etc. Make sure to contact the coach, so you don’t miss anything. Athletics Brochure and Contacts. Check out our website: www.shsnolesathletics.com

2) Is “off-season workouts and conditioning” mandatory?  
Nothing outside of the official season can be mandatory. You can try-out simply by showing up on the first day of try-outs. You should however, attend any pre-season meetings that a coach may have. You should also understand that off-season programs are designed to make you better, injury prevention, and proper conditioning.

3) What forms do I need to turn in before I can participate?  
You will need to turn in a COMPLETED physical packet. You may pick up this packet from the Athletics offices in the old gym. Athletics Eligibility and Clearance Packet. You MUST turn in a completed packet. Incomplete packets will not be accepted and you will not be cleared until you have completed the packet. You will be given back your ORANGE CARD which you will complete and take to your coach.

4) If I turn forms in, will I ever have to turn them in again?  
YES! Physical packets are only valid for 365 days from the date of the physical, so you will need a new sports physical each year. Additionally, the FHSAA will often update certain forms in the early summer. It is best to always complete an entire physical packet each time you have a new physical, not just one form from the packet. You will also need to get a new emergency card completed for every sport.

5) What if I am “Home Schooled Student”  
If you are a home-schooled student and would like to participate in sports here at Seminole High School the FHSAA has permitted that. Please see the FHSAA link for information on this. FHSAA HOME SCHOOL FAQS

6) I just moved here and had to have a physical when I enrolled. Can I use that physical for my sports physical?  
Unfortunately, the physical form you turned in when registering, may not be used for sports physicals. The FHSAA requires that a sports physical be completed on an “EL 2”. When registering for school, the physical must be done on a Department of Health form. The two forms are not interchangeable. Contact your doctor to see if he or she will complete the “EL 2” form based on your previous physical. This is at the discretion of the doctor and will vary from doctor to doctor.

7) What is the FHSAA?  
The Florida High School Athletic Association (FHSAA) is the major governing body of high school athletics in the state of Florida. They provide the framework for interscholastic athletics and are the sanctioning body for University High School as well as over 700 member schools in Florida. Additionally, they establish the eligibility criteria for student-athletes; this includes academics, transfers, residency, and age eligibility. You can find specific eligibility guidelines on www.uhsittans.com, under the athletics tab select “eligibility”. 7) Is there any cost to participate on an Athletic.

8) If I am an incoming 9th grader am I automatically eligible for high school athletics at SHS?  
Yes, however if you have been academically assigned you will not be eligible to participate in athletics. If you are required to go through the “transition program” you must complete all six weeks during the summer to become academically eligible at Seminole High School.

9) What if I want to become a corporate sponsor?  
That is a great way to expose your company and help support the continued and growing tradition of the greatest athletic high school in Seminole County. Check out our website link: Corporate Sponsorship