

**2017**

# Girls Swim Summer Camp

Dates: July 24-28, 2017

**Mehlville  
Pool**

**Location: Mehlville School District Pool  
(behind Mehlville Senior High School)**

**Time: 4:30 pm – 6:00 pm**

**Fee: \$50.00**

**Checks Payable to Oakville Athletics**

**Participant Information (please print)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email : \_\_\_\_\_

School Attends: \_\_\_\_\_ Grade: \_\_\_\_\_

T-shirt Size: S M L XL (adult sizes) (circle one)

**Emergency Contact Information (please print)**

Parent/Guardian Name: \_\_\_\_\_

Phone(s): \_\_\_\_\_

**I will not hold Mehlville R-9 School District or the Mehlville-Oakville Swimming Camp Coaching Staff responsible for any injury sustained to my child while participating in camp.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Campers will work on the following:**

- ⇒ Reviewing/Learning swimming fundamentals
- ⇒ Learning/Improving Strokes
  - Butterfly ~ Backstroke ~ Breaststroke ~ Freestyle
- ⇒ Technique for starts
- ⇒ Evaluate/Practice turns
- ⇒ Skill-level appropriate workout to apply what is being learned
- ⇒ FUN ~ FUN ~ FUN

**Please send registrations to:**

Oakville Athletics  
5557 Milburn Rd.  
St. Louis, MO 63129

Phone: 314-467-7201

Email:

[hromnaki@mehlvilleschooldistrict.net](mailto:hromnaki@mehlvilleschooldistrict.net)