



Oakville Water Polo Camp



This camp provides an opportunity for middle-school athletes to develop fundamental skills necessary for a rewarding water polo career. Each session will offer an ability-appropriate workout for all attendees.

Daily Workouts will focus on:



- Improving/developing basic fundamentals
- The importance of a strong counter attack
- Developing a successful man-advantage
- Special attention on defensive positioning/technique

10 hours of Professional Instruction

Cost for an **Individual** is..... \$50.00

OR a **Family (2 or more)** for..... \$75.00

Checks made payable to Oakville Aquatics

 Enrollment includes a Camp T-shirt 

Camp available to all Mehlville Community members ages 10 and above.

Camp will run Monday, July 24th—Friday, July 28th
- The pool is located in the back corner of the campus-
- 2pm-4pm -

Please provide your own ride to and from the Mehlville Pool.

If you are interested in signing-up or need more information, email the coaches at schoenfeldtd@mehlvilleschooldistrict.net or call 314-406-6630.

Please send registrations to:

Dan Schoenfeldt
5557 Milburn Rd.
St. Louis, MO 63129
Phone: 314-406-6630

Name of Athlete(s)

Address

Phone

Grade/school

Age

T-shirt Size: S M L XL

I will not hold Mehlville R-9 School District or the Mehlville-Oakville Swimming Camp Coaching Staff responsible for any injury sustained to my child while participating in camp.

Signature of parent or guardian

Date

Amount included