



2017-2018
Olympia High School
Cheerleading Tryout Application



Varsity and JV Spirit Team Tryouts for students already enrolled at OHS
or from an OHS feeder school will be held in the OHS Gym from 6:00pm – 8:00pm
Wednesday, May 17th and Thursday, May 18th, 2017

Last tryouts for spirit teams for transfer students or students moving into Olympia's
school zone will be held on Tuesday, June 20th.

RECORD THESE DATES AND TIMES TO REMEMBER

*If you have any questions please contact Coach Kubany at sandra.kubany@ocps.net *

Paperwork Due Date: Tryout Applications and physicals must be received
NO LATER than 2:30pm on **Monday, May 15th, 2017**

If Coach Kubany does not receive your paperwork, you may be ineligible to try out for either spirit team.
Please bring all paperwork to room 536C (NOT DURING CLASS TIME)
or the school's front office – Monday-Friday between 8:00am and 3:00pm.

****Paperwork should be handed directly to Coach Kubany, turned in at physical night or
dropped off at the front office if you do not currently attend Olympia High School.****

DO NOT slide paperwork under the door or give it to anyone else.

- ***What to wear** – black shorts, white shirt (plain – no markings), proper white cheer shoes
- ***Hair** – pulled back away from your face (neat pony tail)
- ***No jewelry** – this is a safety rule (earrings, rings, bellybutton rings, necklace, etc.)
- ***No Gum**
- ***Cell phones must be turned off** – cell phone use is *not* permitted during breaks

These are **CLOSED TRYOUTS.**

This means no parents, siblings, or other students are allowed to attend tryouts.

- * **There is no such thing as a guaranteed spot on the team for any reason.**
- * **Tryouts are exactly that – everyone has a fair chance of making the team.**
- * **A tryout sheet is included for your understanding of skills and expectations.**
- * **All cheerleading positions are chosen by the coaches.**
- * **Coaches decisions are final.**

*Two cheers, two sideline chants and two dances are posted for you to learn prior to tryouts
these will not be re-taught at tryouts

These videos are viewable on Google Classroom
and enter code 3xd4kg

If you have any difficulty, please email sandra.kubany@ocps.net

Principal - Guy Swenson

Athletic Director - Lauren Bradley

Head Varsity and Competition Coach - Sandra Kubany

JV and Assistant Competition Coach - Stefanie Stafford

Paperwork Checklist

Please return ONLY the following NO LATER than Monday, May 15th, 2017

*Team Selection form (with a current picture) (**signed**)/Parent Release form (**signed**)

*Rules and Regulations form (**signed**)

*Physicals – **for your convenience, Olympia will be holding a physical night in our gym**

Tuesday, April 25th from 6:00pm – 8:00pm for a cost of \$20.00.

Please take advantage of this opportunity and save yourself time and \$\$\$.

The proceeds are a fundraiser for Olympia Athletics.

Physical Forms are found on the Olympia web site or you may obtain a copy from our front office.

You may not tryout without a current physical on file

PLEASE TURN IN APPLICATION PAPERWORK
AS SOON AS POSSIBLE

**If all paperwork is not completed and turned in by
Monday, May 15th, 2017 you may be ineligible to tryout.**

	This is what the coaches are looking for:
Coachable	Able to listen and understand instructions and make the necessary adjustments quickly and consistently
Personality Projection	Eye contact, smile, sincerity, rapport with audience
Spirit	Enthusiasm, ability to motivate the crowd
Cheer and Chant Motions	Sharp, strong, good placement
Timing & Rhythm	Routine is balanced, flowing, smooth, natural
Appearance	Neatness, grooming
Voice Projection	Loud, clear, natural
Jumps	Height, form, variety

Olympia High School Cheerleading

TEAM SELECTION FORM

*Place your
picture here
(head shot preferred)*

Name _____
Please Print

Please check any of the following you are trying out for.

If you do not check a team that you are eligible for – you will NOT be considered for that team.
Please make sure you check ANY and ALL teams you are considering.

Varsity: OPEN TO ALL GRADES. Must cheer football and basketball season.
Cheerleading must be your first priority. Spirit and competition season is from August – February.
***It is mandatory that you are available for competition**
*Practice days and times will be addressed at the parent meeting.

Junior Varsity: SENIORS ARE NOT ELIGIBLE. Must cheer football and basketball season.
Cheerleading must be your first priority. Spirit and competition season is from August – February.
***It is mandatory that you are available for competition**
*Practice days and times will be addressed at the parent meeting.

Which position(s) do you have experience and would be most comfortable. Check all boxes that apply to you.

Main Base Side Base Back Spot Flyer

PLEASE CIRCLE THE YEAR YOU GRADUATE - 2018 2019 2020 2021

Birthday _____ Cell Phone _____ email _____

Address _____ City _____ Zip _____

Mother _____ Cell _____ Father _____ Cell _____

Home Phone _____ Emergency Phone _____

Overall Un-weighted GPA _____
this will be checked by administration

**YOU MUST HAVE AND MAINTAIN A MINIMUM OF A 2.0
TO PARTICIPATE IN ALL ATHLETICS PROGRAMS**

Mandatory Camp July 26TH – JULY 29th

UCA camp will be held at UCF, we will be staying at the
Residence Inn by Marriott across from the UCF campus

A parent meeting and uniform fitting
will be held in the OHS gym on Friday, May 26th @5:00pm.
All cheerleaders and their parent(s) must be at the meeting,
Fundraising, payments and other important issues will be discussed.

OLYMPIA HIGH SCHOOL CHEERLEADING RULES AND REGULATIONS 2017-2018

Character

- Team members should be leaders within and out of Olympia High School and set a good example AT ALL TIMES.
- Team members should be above reproach maintaining good personal appearance and habits that cannot be criticized
 1. Smoking, drinking and/or drug use are grounds for dismissal by the Coach as well as disciplinary actions from Orange County Public Schools
 2. Each member must abide by those standards set by OHS, which are found in the student code of conduct handbook
- All members must be courteous and friendly to all other team members as well as the student body of Olympia High School
- All members must be courteous and friendly to other teams and visitors
- All members must be respectful to their Coaches, Captains, and Teachers
- Best behavior in the classroom is expected from all members. Referrals and detentions will result in disciplinary action. (see below)
- **Behavior which is clearly beyond the bounds of acceptable and tolerable student conduct in the community, while in Olympia uniform or any identifying Olympia attire, is grounds for immediate dismissal. This extends to Facebook, Twitter, Instagram, and any other forms of social media that can be mass communicated.**

Disciplinary Actions

- **Sitting out of a scheduled performance (game) – including quarters, half, whole games** may be issued for the following infractions:
 1. **Tardiness** at any team activity. School or teacher detention will not be considered an excuse from being tardy.
 2. **Wearing jewelry** at practice or during a performance. ***This is a safety rule.***
 3. **Uniform** not in compliance at practice or any performance.
 4. **Disrespect** toward coach, team captains or fellow team members.
 5. Any reported behavioral issues in the classroom by a teacher, written or verbal
 6. **Unexcused absence** from previous practice or game.
 7. Use of **inappropriate language** in uniform.
 8. **Gossiping and/or bullying, especially on social** media that undermines the integrity of the team.
 9. **ISS** for any reason and for any amount of days.
- **Automatic suspension** (suspension is not attending any team function for two weeks. Two suspensions will result in dismissal from the team) will be issued for the following infractions:
 1. Lack of minimal **grade requirements**
 2. **External suspension from school** for any reason
 3. Any combination of infractions in the above section.
- **Immediate dismissal** will be issued for the following infractions
 1. **Expulsion from school**
 2. **In possession of alcohol or drugs outside of school**
 3. **Conduct in the community that is detrimental to the integrity and reputation of Olympia High School**
 4. Any combination of infractions in the above section(s).

Uniform

- **There is absolutely** no jewelry during practice or games.
THIS IS A SAFETY RULE – NO EXCEPTIONS
- A calendar of practice and dress for each practice was given to every member. The result of not wearing the particular outfit for each practice may result in one of the previously mentioned disciplinary actions. It is necessary for every cheerleader to look the part of the squad.
- Uniforms for games are to be clean at all times. Uniforms consist of white cheer shoes, white crew socks, black bloomers, black or flesh sports bra, bow color will be determined by coaches, captains, or team members. The result of not wearing the proper attire for games **WILL** result in one of the previously mentioned disciplinary actions.

- YOU ARE HELD TO A HIGHER STANDARD BY YOUR SCHOOL, TEACHERS, AND COACHES.
- YOU ARE LEADERS IN THIS COMMUNITY THAT MATTER AND MAKE A DIFFERENCE.
- YOU ARE LEADERS THAT MOTIVATE AND INSPIRE OTHERS WITH YOUR ACTIONS.
- LEADERS LIKE YOU AFFECT THE FUTURE.

I understand that these are the expectations of the coaches for me to remain a member of the cheerleading squad for Olympia High School.

I understand the consequences of not complying with these standards.

I understand that I am responsible for my behavior and actions.

Cheerleader please print your name

Cheerleader please sign your name

I, as the parent/guardian of an Olympia High School Cheerleader, understand and accept the above rules and regulations and expect my daughter to abide by these standards or will be disciplined according to the above.

Parent (Guardian) please print your name

Parent (Guardian) please sign your name

