

# **FRONTIER**

## **JR-SR HIGH SCHOOL**

# **ATHLETIC HANDBOOK**



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# **TABLE OF CONTENTS**

<b>The Responsibilities of Sportsmanship</b>	<b>2</b>
<b>Purpose of Handbook</b>	<b>3</b>
<b>Intro &amp; Welcome</b>	<b>4</b>
<b>Parents Code</b>	<b>6</b>
<b>Objectives of Participation</b>	<b>8</b>
<b>Administrative Organization</b>	<b>9</b>
<b>Requirements for Participation</b>	<b>13</b>
<b>Code of Conduct for Athletes</b>	<b>16</b>
<b>Scholastic Eligibility Requirements</b>	<b>22</b>
<b>General Athletic Department Policies</b>	<b>24</b>
<b>Practice Sessions</b>	<b>29</b>
<b>Athletic Awards Policy</b>	<b>31</b>
<b>Admission Policies</b>	<b>34</b>
<b>Criteria for Adding/Deleting A Sport</b>	<b>36</b>
<b>Changes in Athletic Policies</b>	<b>37</b>
<b>Athletic Teams Offered</b>	<b>38</b>
<b>Quick Facts-Athletic Orientation</b>	<b>39</b>

## **THE RESPONSIBILITIES OF SPORTSMANSHIP**

### **THE PLAYER**

1. Treats opponents with respect
2. Plays hard, but plays within the rules
3. Exercises self-control at all times, setting the example for others to follow
4. Respects officials and accepts their decisions without gesture or argument
5. Wins without boasting, loses without excuses and never quits
6. Always remember that it is a privilege to represent the school and community

### **THE COACH**

1. Knows the rules
2. Inspires in the athletes a love for the game and the desire to compete fairly
3. Is the type of person he/she wants the athletes to be
4. Disciplines those on the team who display unsportsmanlike behavior
5. Respects the judgment and interpretation of the rules by the officials
6. Knows he/she is a teacher and understands the athletic arena is a classroom

### **THE OFFICIAL**

1. Knows the rules
2. Places welfare of the participants above all other considerations
3. Treats players and coaches courteously and demands the same from them
4. Works cooperatively with fellow officials, timers, and/or scorers for an efficient
5. Contest is fair and firm in all decisions, never compensating for a previous mistake
6. Maintains confidence, poise, and self-control from start to finish

### **THE SPECTATOR**

1. Attempts to understand and be informed of the playing rules
2. Appreciates a good play no matter who makes it
3. Cooperates with and responds enthusiastically to cheerleaders
4. Shows compassion for an injured player, applauds positive performances, does not heckle, jeer or distract players, and avoids use of profane and obnoxious language and behavior
5. Respects the judgment and strategy of the coach and does not criticize players,
6. coaches, or officials for loss of a game
7. Respects property of others and authority of those who administer the competition
8. Censures those whose behavior is unbecoming

## **Purpose of Handbook**

This handbook is an attempt to cover most of the questions, problems and situations that come up during the course of a school year concerning athletics at Frontier Jr.- Sr. High School. We have tried to answer as many questions about how the athletic department operates, the responsibility of athletes, parents, coaches, and the administration as is possible. It is our hope that this handbook will help establish and maintain a high level of understanding between the coaching staff, athletes, parents, and others involved with the athletic department. For our program to be successful, we need the support, communication, and cooperation of our athletes and our parents. If you have specific concerns or questions about the material contained in this handbook, please feel free to contact the athletic department or administration at any time. Your comments and suggestions are always welcome,

The following sources were used as background for this handbook:

1. The National Interscholastic Athletic Administrators Association's Reference Manual.
2. The IHSAA By-Laws and Articles of Incorporation.
3. Frontier School Corporation Bylaws and Policies
4. Athletic Policies from nearby schools

# INTRODUCTION

## Welcome to Athletics at Frontier Jr.- Sr. High School

### A. To Our Athletes

Being a member of a Frontier athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of Frontier Jr. - Sr. High School, you have inherited a wonderful tradition, a tradition you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, our school and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years our teams have achieved their fair share of recognition. It will not be easy to contribute to such a great athletic tradition. When you wear the colors of your school, we assume that you not only understand our traditions, but also are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

**1. Responsibilities to Yourself:** The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your Jr.-Sr. High School experiences. Your academic studies, your participation in other extracurricular activities as well as in sports, prepare you for your life as an adult.

**2. Responsibilities to Your School:** Another responsibility you assume as a squad member is to your school. Frontier Jr. - Sr. High School cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school. You assume the leadership role when you are on an athletic team. The student body and citizens of the community know you, You are on stage with the spotlight on you. The student body, the community and other communities judge our school by your conduct and attitudes, both on and off the field/court, Because of this leadership role, you can contribute greatly to school spirit and community pride, Make Frontier Jr. - Sr. High School proud of you, and your community proud of your school, by your faithful exemplification of these ideals.

**3. Responsibilities to Others:** As a member of an athletic team, you also bear a responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all of the training rules, that you have practices to the best of your ability every day, and that you have played the game "all out", you can keep your self-respect and your family can be justly proud of you. The younger students at Frontier are watching you. They will copy you in many ways. Don't do anything to let them down, Set good examples for them.

## **B. To The Parent(s)**

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences, which assists students in personal adjustments. We, who are concerned with the educational development of our students through athletics, feel that a properly controlled, well-organized sports program meets the students' needs for self-expression, mental alertness and physical growth. It is our hope to maintain a program that is sound in purpose and will further each student's educational maturity.

A student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-denial. These are the reasons we place such stress on good training habits and positive behavior. Failure to comply with the rules of training and conduct means exclusion from the team. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our athletes to compromise with mediocrity.

When your son/daughter enlisted in one of our sports programs, he/she committed our staff to certain responsibilities and obligations, which are:

1. To provide adequate equipment and facilities.
2. To provide well trained coaches.
3. To provide equalized contests with skilled officials.

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well organized program of athletics. It is the role of the department of athletics to make rules that govern the spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent(s). It is our hope to accomplish this objective through this athletic publication for students and parents.

## **PARENTS CODE**

Parents should remember:

- Children have more need of example than criticism
- Make athletic participation for your child and others a positive experience
- Attempt to relieve the pressure of competition, not to increase it
- A child is easily affected by outside influences
- Be kind to your child's coach and to officials. The coach is providing valuable community service often without reward other than the personal satisfaction of having served the community
- The opponents are necessary friends. Without, your child could not participate
- Applaud good plays by your team and by members of the opposing team

Between the exuberance of the winner and the disappointment of the loser we find a person called a referee. All of them follow the same creed to watch every move of every player and to call the game to the best of his/her ability.

- Do not openly question his/her judgment and never the honesty.
- Accept the results of fair play, integrity and sportsmanship.
- Accept the results of each game, Encourage the child to:
  - Be gracious in victory.
  - Turn defeat into victory by working towards improvements.

Parental evaluation carries a great deal of weight with the pre-adolescent, The attitude shown by parents at games towards the child, the opposing team, the officials and the coach influence the child's values and behavior in sports.

### **Parent (Fan) Decorum**

Frontier School Corporation will not condone or permit inappropriate parental behavior directed toward Frontier staff or players, the opposing school and all its representatives, or the game officials. Such behavior by parents can cause the school to suffer severe sanctions from the IHSAA and is embarrassing to the school and reflects poorly on our values as a community.

Frontier Athletics supports the IHSAA rules and emphasis on good sportsmanship. We embrace this fully by definition and in spirit of intent, Proper human courtesies, kindness and decorum must apply to all relationships and situations, and sports are no exception. High school sports exist to build character, allow students to express themselves through physical exertion, and as entertainment. There is no place for poor behavior toward anyone. Parents need to understand certain facets of the structure of high school athletics and the relationship involved.

There is no inherent right to participate. By allowing one's child to participate in sports, the parent is, in effect, turning the child over to that coach for that time period. The coach, as is naturally assumed, will instruct the child and keep the child safe within normally expected standards.

Coaches are professional and, until proven otherwise, it is assumed that they are operating within the best interests of all student-athletes in their charge.

It is inappropriate for a parent to confront a coach after a practice or event. Parents should wait until the next day and schedule a meeting with the coach. This will help avoid conflict at a potentially emotional time.

Making derogatory comments about the officials, coaches, players of either team or other parents and fans at an athletic event is never acceptable.

Swearing in public at athletic events is never acceptable.

Coming to an athletic event intoxicated is not acceptable.

Being offensive in any fashion is not acceptable.

Parents who violate any of the above standards of decorum risk sanctions by the School Corporation including, but not limited to, the following:

1. A warning, verbal or written
2. Removal from the contest or premises
3. Banishment from attendance at athletic contests for a short period of time or even permanently
4. The severing of further contact with team personnel
5. Civil or legal action could result

In conclusion, we commend those parents who have always exhibited exemplary behavior and who, by such, have served as positive role models for our student-athletes. We encourage our parents to volunteer, to become involved with the teams, and to be supportive of the attempts of the entire community to educate our youth. By working together, we will establish Frontier Schools and athletics as a "class" act. We sincerely want to strive to make sportsmanship at Frontier an exception where we let the players play, coaches coach, officials officiate, and let fans be positive.

### **Athletic Philosophy**

Athletics at Frontier Jr.-Sr. High School is an integral part of our school program. It is by far the broadest and most comprehensive component of our student activities program. The purpose of our athletic program is to provide opportunities for our students to learn and improve their individual skills in a competitive situation, to develop physical fitness and desirable habits of health and safety and to make meaningful friendships through team play. More importantly, we believe that athletics helps instill the meaning of sportsmanship, responsibility, respect and sacrifice. While we take great pride in winning, we do not condone "winning at any cost" and frown upon any and all pressure, which might tend to submerge good sportsmanship and good mental health beneath the desire to win. We expect our athletes and coaches at all times to represent our school and community in the finest possible manner. Athletic competition adds to our school spirit and helps all students and spectators as well as participants to develop pride in their school.



## Objectives of Participation

To enable the athletic program of the Frontier School Corporation to function for the greatest good to all concerned, the following objectives should be kept in mind:

- A. To contribute to the general school program.
- B. To provide opportunities that will allow the program to serve as a laboratory where students may cope with problems and handle situations similar to those encountered under conditions prevailing in the contemporary world. The laboratory should provide adequate and natural opportunities for:
  - a. Physical, mental, emotional, and moral growth and development.
  - b. Acquisition and development of special skills in activities of each student's choice.
  - c. Team play with the development of such commitments as loyalty, cooperation, fair play and other desirable social traits.
  - d. Directed leadership and supervision that stress self-discipline, self-motivation, excellence, and the ideals of good sportsmanship that make for winning and losing graciously.
  - e. A focus of interests on activity programs for student body, faculty, and community that will generate a feeling of unity.
  - f. Achievement of initial goals as set by the school in general and the student as an individual.
  - g. Provisions for worthy use of leisure time in later life either as a participant or spectator.
- C. To strive always for playing excellence that will produce winning teams within the bounds of good sportsmanship and mental health of the student athlete.
- D. To provide opportunity for a student to experience success in an activity he or she selects.
- E. To provide sufficient activities to have an outlet for a wide variety of student interest and abilities.
- F. To provide activities which offer the greatest benefits for the greatest number of students.
- G. To create a desire to succeed and excel,
- H. To develop high ideals of fairness and respect in all human relationships,
- I. To practice Self-discipline and emotional maturity in learning to make decisions under pressure.
- J. To be socially competent and operate within a set of rules, thus gaining respect for the rights of others.
- K. To develop proper work habits that will lead to outstanding scholastic achievement.

## **Administrative Organization of the Frontier Athletic Program**

### ***Chain of Command***

**Board of Education:** The Board of Education, responsible to the people, is the ruling agency for the Frontier School Corporation. It is responsible for interpreting the needs of the community and requirements to the professional organization. Additional responsibilities include:

- developing policies in accordance with state educational needs and wishes of the people
- approving means by which professional staff may make these policies effective
- evaluating the interscholastic athletic program in terms of its value to the community

**Superintendent of Schools:** The Superintendent is responsible to administer the schools according to adopting policies of the Board of Education, rules and regulations of the State Department of Education, and in accordance with state school codes. The Superintendent shall represent the school system, as its chief executive officer and its foremost professional educator in its dealings with other school systems, social institutions and businesses.

**Jr. - Sr. High School Principal:** The Principal is the official representative of the school and is directly responsible for the general attitude of the student body and the conduct of the athletic affairs by the Athletic Director and the coach. It is his/her duty to establish a definite school athletic policy and to have an understanding of that policy. By delegation and by established precedent, the school Principal is the official school representative in matters dealing with the Indiana High School Athletic Association (IHSAA). The Principal is solely responsible for any official action taken by his/her school.

**Athletic Director:** The Athletic Director is directly responsible to the Principal. The primary responsibility of the Athletic Director is the administration and supervision of the interscholastic athletic program in the Frontier School Corporation. The Athletic Director's duties will be those described in his/her job description and any others as designated. He/she will provide the leadership necessary for the day-to-day operation of the athletic department.

**Head Coaches:** All Head Coaches shall be responsible to the Athletic Director for the total operation of their respective sports programs. Head Coaches shall act as official representatives of the school as they carry out their interscholastic athletic responsibilities. Head Coaches will be responsible for the normal duties required of interscholastic competition, those described in the coach's job description, and/or any duties delegated by the Athletic Director.

## ***Definition of the Administrative Chain***

### **Superintendent of Schools:**

- Is ultimately responsible for all phases of the public school program.
- Delegates his/her power of administration of the interscholastic athletic program through the High School Principal to the Athletic Director.

### **Jr.--Sr. High School Principal:**

- Is responsible for all activities affecting students in his/her building.
- Is closely involved with the operation of the athletic program.

### **Athletic Director:**

- Directs the operation of the athletic program.
  - Is responsible for all game schedules.
  - Is responsible for transportation.
  - Is responsible for all schedule changes.
- Supervises all coaches.
- Evaluates the athletic program and the athletic staff
- Participates in budget preparation for the athletic program.

### **Coaches:**

- Represents the school in interscholastic activities.
- Conduct their work within the framework of the goals of the school system, the policies and procedures of the department of athletics, and the regulations of the Indiana High School Athletic Association (IHSAA).
- Strictly enforce eligibility rules.
- Determine team selections.
- Consider athletics as a part of the total educational program, encouraging athletes to work to their maximum ability in academics as well as sports.
- Exhibit proper and exemplary behavior at all times.
- Implement the Code of Conduct for student athletes.
- Are entirely responsible for the guidance of sport and students in their charge.

### **Line of Authority:**

1. Superintendent of Schools
2. Jr.- Sr., High School Principal
3. Athletic Director/Head Coach
4. Assistant Coach
5. Jr. High Coach

### **The Athletic Council:**

1. **Purpose:** The purpose of the athletic council is to integrate all interscholastic athletics of the Jr. - Sr. High School with the total educational program of the School system.
2. **Function:** The athletic council will establish athletic policy for the entire interscholastic athletic program of the school system, subject to the approval of

the Board of Education. The athletic board will exist as an open forum for the discussion of the athletic concerns of the coaching staff and student athletes.

3. **Prohibited Functions:** The Athletic Council shall not function in any way that will interfere with the duties and responsibilities of the local superintendent or the Jr. - Sr. High School Principal or the Board of Education, The athletic council will not review any personnel for employment, re-employment, transfer of duties or termination of employment.
4. **Membership:** The Athletic Council shall be composed of the:
  - a. The Jr. - Sr. High School Principal shall serve as the chairman.
  - b. The Athletic Director shall serve as the secretary.
    - i. Jr. - Sr. High School Principal
    - ii. Athletic Director
    - iii. All Head Coaches
5. **Meetings:** The Athletic Council may meeting October, February, and May. The secretary (Athletic Director) shall notify all members of the date, time, and place for all meetings. The meetings are open to all coaches, or interested parties who may present athletic items for discussion. The chairman may call special meetings. The chairman may cancel a meeting by notifying all committee members if there is not sufficient business to warrant a meeting.
6. **Quorum:** A quorum of all meetings of this council shall consist of a majority of the members.

### **State Athletic Association**

Frontier Jr. - Sr. High School is a member in good standing of the Indiana High School Athletic Association (IHSAA), which serves as the authorized representative of the Department of Education in the supervision and control of the interscholastic athletic activities of all schools in the state, The purpose of this organization is to promote, develop, direct, protect and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry and good sportsmanship among contestants, schools and communities throughout the state.

As a member of the Indiana High School Athletic Association, Frontier Jr. - Sr. High School agrees to abide by all of the state by-laws, rules and regulations with special emphasis placed on those governing eligibility, age limitation, enrollment and attendance, scholarship, residence, transfers, recruiting, amateurism, and the conduct, character and discipline of athletes.

### **Midwest Athletic Conference** (beginning in 2017-2018)

Frontier High School is a member of the Midwest Conference. The Midwest Conference was organized in September 1955. Charter members of the Conference; Brook High School, Brookston High School, Camden High School, Fowler High School, Kentland High School, Monon High School, Royal Center High School, and Wolcott High School. Present membership includes: Frontier High School, North Newton High School, North White High School, South Newton High School, Tri-County High School, and West Central High School.

The purpose of this conference shall be to encourage member schools to take an active part in all desirable school activities, to stimulate good public relations between schools and communities and to promote good sportsmanship. The constitution is to govern both boys and girls activities.

In each sport, the Midwest Conference will recognize team and/or individual champions. In sports where individual champions are not named, the conference will establish All-Conference Teams, comprised of individuals, worthy of special recognition, Team championships will be awarded in the following:

Boys Sports: Cross Country, Football, Basketball, Wrestling, Track, Baseball, and Golf

Girls Sports: Cross Country, Volleyball, Basketball, Softball, and Track

The Midwest Conference will provide an All-Sports Trophy to the school(s) whose boys and girls team have accumulated the most points, as determined by final standings in each of the respective sports, at the conclusion of each school year. Points are awarded in the following manner: 6 points for first; 5 points for second; 4 points for third; 3 points for fourth; 2 points for fifth; and 1 point for sixth.

## Requirements for Participation

- A. To be eligible for interscholastic athletics - a high school student must meet the following IHSAA regulations:
- a. **Enrollment:** See IHSAA Rule C-12-1-2-3
    - i. In order to be eligible for athletic competition during any semester, a student must have enrolled in some high school within the first 15 school days, of the semester in which the contest occurs.
    - ii. After enrollment in the 9th grade for 15 or more school days, students shall be eligible for no more than four (4) consecutive years, or the equivalent, (e.g. 12 semesters in a trimester plan, etc.)
    - iii. After enrollment in the 9th grade, if a student is injured or contracts an illness which necessitates the student's complete withdrawal from the school or prohibits enrollment in the school for that semester, and the student does not receive any academic credit for that semester, then the semester shall not count as one of 8 consecutive semesters of enrollment.
  - b. **Age:** See IHSAA Rule 4 - 1
    - i. A student who is or shall be twenty (20) years of age prior to or on the scheduled date of the IHSAA state finals in a sport shall be ineligible for interschool athletic competition in that sport; a student who is nineteen (19) years of age on the scheduled date of the IHSAA state finals in a sport shall be eligible as to age for interschool athletic competition in that sport.
  - c. **Physical Examinations:** See IHSAA Rule 3 - 10
    - i. Between April 1st and student's first practice in preparation for inter school athletic participation:
      - 1. The student shall have had a physical examination by or shall provide certification from a physician holding an unlimited license to practice medicine
      - 2. The parent or guardian shall give written consent for such participation unless the student is emancipated; and
      - 3. The parent or guardian shall consent to the disclosure by the school, the IHSAA, of all requested detailed financial (athletic or otherwise), scholastic and attendance records of the school, including records which may concern or be related to the student unless the student is emancipated which event the student shall give such consent. The consent and Release Certificate shall be on file in the Principal's office prior to the student's first practice, Such certificate may suffice for the entire school year. This rule cannot be waived.
  - d. **Scholarship:** See IHSAA Rule 18 - 1
    - i. To be eligible scholastically, students must have received passing grades at the end of their last grading period in school in at least

five full credit subjects or the equivalent and must be currently enrolled in at least five full credit subjects or the equivalent. Nine-week grades take precedence. Two semesters of the state required physical education course may be counted as a full credit subject for eligibility purposes even though a full credit is not granted by the Department of Education. **See page 23 for additional requirements set by the Frontier School Corporation.**

- e. **Transfer:** See IHSAA Rule 19. You will be ineligible if:
  - i. You transfer from one school to another for athletic reasons.
  - ii. You were not enrolled in your present high school your last semester or at a junior high school from which your high school receives its students unless:
    - 1. You are entering the 9th grade for the first time.
    - 2. You are transferring from a school district or territory with a bona fide move by your parents.
    - 3. You are award of the court.
    - 4. You are an orphan.
    - 5. You transfer to reside with a parent.
    - 6. Your former school closed,
    - 7. Your former school is not accredited by the state accrediting agency in the state where the school is located.
    - 8. Your transfer was pursuant to school board mandate.
    - 9. You enrolled and/or attended in error, a wrong school.
    - 10. You transferred from a correctional school.
    - 11. You are emancipated.
    - 12. You are a foreign exchange student attending under an approved NASSP program.
    - 13. You did not participate in any contests as a representative of another school during the preceding 365 days.
    - 14. You return to an IHSAA member school from a non-member school and reside with the same parent(s) or guardian(s).
    - 15. NOTE: An athlete is automatically ineligible when transferring from another school. The athlete must go through the IHSAA transfer process to become eligible.
- f. **Amateurism:** See IHSAA Rule 5. You will be ineligible if:
  - 1. You play under an assumed name.
  - 2. You accept money or merchandise directly or indirectly from athletic participation.
  - 3. You sign a professional contract in that sport.

**B. To be eligible for interscholastic athletics - a high school student must meet the following school regulations:**

- a. **Parent Acknowledgment of Athletic Policies:** Upon entering high School or at the time a student tries out for an athletic team, he/she will be presented with this handbook and all the necessary forms and information

for participating in athletics. Each student, parent or guardian shall read all of the enclosed material and certify that they understand the athletic eligibility rules. Code of Conduct and policies of the school system. This signed document will be filed in the Athletic Director's office.

- b. **Risk of Participation/Intent to Warn:** By the very nature of the athletic activity, participants are at risk of physical injury. No matter how careful the athlete and coach are, no matter how many precautions are taken, the risks cannot be eliminated. It can be reduced but never eliminated. The risk of injury includes minor injuries such as broken bones, dislocations and muscle strains. The risk also includes catastrophic injuries such as permanent paralysis or even death. It is important everyone understand these risks, and that athletes follow all safety directions from their coaches because they are established to reduce the risk of injury. It is not our intent to alarm anyone, but we have a legal and moral obligation to inform you that such injuries do occur.
- c. **Drug Testing Consent Form:** The School Corporation encourages all students to participate in extracurricular programs of the school, but believes the opportunity for such participation is not an absolute right. It is a privilege offered to students who meet both the scholastic and the physical conditions of eligibility. One such condition shall be agreement by the student to submit to testing for the use of drugs and alcohol, if selected, in accordance with the drug-testing program. The program shall apply to all students in grades seven (7) through twelve (12) who are participating in athletics. A complete copy of this policy is found at the end of this handbook.
- d. **Insurance:** The School system does not carry insurance to cover student athletic injuries. Parents will need to sign the acknowledgment stating they have purchased school insurance or possess a family insurance plan.
- e. **Emergency Medical Authorization:** Each athlete's parents shall complete an Emergency Medical Authorization card giving permission for treatment by a physician or hospital when the parent(s) are not available. The card will be kept in the medical kit for availability at all practices and contests.
- f. **Financial Obligations & Equipment:** All athletes are responsible for the care and security of equipment issued to them. School furnished equipment is to be worn only for contests, practices or other times designated by the coach. All equipment not returned in good condition at the end of the season will be subject to a financial penalty.



## Code of Conduct for Athletes

- A. **School Philosophy:** In order to have a positive atmosphere in our athletic program. ALL of our athletes must attempt self-discipline. It has been our observation that the athlete who lacks self-discipline, can be disruptive to the total program, and thus to other individuals who make up this program, Participation in athletics at Frontier Jr.-Sr. High School is a privilege which carries with it varying degrees of honor, responsibility and sacrifice, Realizing the athlete represents the student body, school and community, it is our athlete's responsibility to conduct themselves on and off the "field of competition" in a manner that is becoming to themselves, their family, the student body and the community. Therefore, the coaches have set up certain guidelines they believe are necessary, but fair, for our athletes to meeting order to be a part of the athletic program at Frontier. None of these guidelines are meant to be a form of punishment, but rather a means to become a more responsible person on and off the "field of competition". The coaching staff will attempt to help each athlete in every way possible to meet the following guidelines, but the real efforts must come from the athlete.
- B. **Rules & Regulations:** Athletes participating on school teams are required to live according to the rules listed below, all of which are in effect during the entire year. **ABSTINENCE IS A TWELVE (12) MONTH RESPONSIBILITY. The following rules apply to athletes, managers, and cheerleaders:**
- a. No student shall consume or be in possession of alcoholic beverages.
  - b. No student shall use or be in possession of tobacco in any form.
  - c. No student shall knowingly possess, use transmit, or be under the influence of any narcotic drug, hallucinogenic drug, stimulant, depressant, marijuana, steroids, or any substance represented to be any of the above-or possess, use or transmit paraphernalia for use of such substances. (Use of authorized drugs as prescribed by a registered physician shall not constitute a violation of this rule).
  - d. No student shall attend a place where alcoholic beverages are being served or consumed by minors unless accompanied by his/her parent. Attendance at parties where alcohol and drugs appear is strictly prohibited and all athletes are expected to leave the party immediately.
  - e. Every student must be at school for the half day (PM) to be eligible to participate in practice or a contest. If the athlete or manager is absent more than half day for personal illness, he/she will not be allowed to practice or participate in a contest that day. Exceptions are such things as: medical appointments, or pre-arranged absences with a school administrator. The school must have a medical note signed by the doctor in order to practice or participate in a scheduled contest the day of a medical appointment.

**NOTE:** Appointments should not last more than half the school day. When appointments are scheduled in the morning, students need to be in school during the afternoon. When appointments are scheduled in the afternoon, students need to be in

School during the morning. Special appointments and circumstances need to be pre-approved by the Principal and/or Athletic Director. However, the student must have a signed doctor's note saying they can participate if they miss a full day that is pre-approved.

1. Every student shall attend the practices and contests of his/her squad unless excused by his/her coach.
2. . Every student shall adhere to the curfew time set up by his/her coach.
3. Every student shall maintain good citizenship in and out of school.
4. Every student is expected to adhere to local and state laws, IHSAA regulations, Frontier Jr.-Sr. High School Student Handbook, Frontier Athletic Handbook and his/her coach's rules.

C. **IHSAA Rule 8 - 1:** Conduct, Character and Discipline states: "Contestant's conduct, in and out of school, shall be such as (1) not to reflect discredit upon their school or the Association, or (2) not to create a disruptive influence on the discipline, good order, moral or educational environment in the school. It is recognized that principals by the administrative authority vested in them by their school corporation may exclude such contestants from representing their school.

D. **Code Enforcement:** Upon possible violations of the Frontier Athletic Code of Conduct, parents will be called and a meeting will be set up to discuss violations with Administration, Parents, Coaches, and the Athlete. If parents can't attend, a Guidance Counselor will sit in for the parents. Possible violations of the Athletic Code of Conduct will be investigated by four methods. The identifications through any one of these methods are sufficient reason for the consequences of such an occurrence to be implemented. These methods include:

- a. Notification to school official by verified police report or court action.
- b. Self-admission of a violation by the student.
- c. The determination of a "positive" test results from a random or subsequently required urinalysis.
- d. Direct observation of violation by a member of the staff, the student group, or the administration, Student athletes of Frontier Jr. - Sr. High School shall not possess, use, sell, give or otherwise transmit, or be under the influence of any drug, or counterfeit drug, the possession of which is prohibited by law. This includes narcotics, hallucinogenic drugs, alcohol, amphetamines, steroids, cocaine, or intoxicants of any kind. The use or possession of any tobacco product is also prohibited.

This policy will be subject to enforcement and/or disciplinary action by the athletic department and administration for twelve (12) months of the year. Additionally, once you become an athlete and sign the code of conduct, you are always considered an athlete and must adhere to the code of conduct throughout your Jr.-Sr. High School career. Offenses in violation of this policy is cumulative grade 7 through 12. Notwithstanding the consequences for violation of the Athletic Code which follows, the Athletic Director or other person designated by the Principal may exclude the student athlete from all athletic participation for one (1)

calendar year for a violation which involves the selling or distributing of any quantity of illegal drugs, counterfeit drugs or controlled substances.

**E. Violations and Consequences for Code Violations:**

a. First Violation:

- i. No athletic participation for one (1) calendar year from date of assessment of penalty, unless the parents agree to have the athlete participate in and complete assessment and education under an approved drug and alcohol counselor or other counseling if appropriate as determined by the administration at the cost of the parents.
- ii. Should the athlete agree to participate in counseling the student may reduce his/her first offense suspension by 50% of the contest season. If there is less than 50% of the contest remaining there will be a carry over into the next sport played including the following year so that the total exclusion is 50%. Suspensions will be based on the Varsity schedule. A player cannot play JW to shorten a suspension. If a player plays JW only, then the JV schedule will be used. If an athlete is in 2 recognized sports during the same sports season, the suspension will be 50% for each sport from the time of the infraction.

b. Second Violation:

- i. Exclusion from all athletic participation for one (1) calendar year from date of assessment of penalty.

c. Third Violation:

- i. Permanent suspension from all athletics for the remainder of his/her high school career.

**F. Self-Referral by Student Athletes:** Student athletes may take advantage of a self-referral procedure to seek information, guidance, counseling, and assessment in regard to student athlete use of tobacco, alcohol and other drugs. Voluntary referrals will result in 25% suspension of the contest season, instead of the 50% of the contest.

- a. Referral is allowed one (1) time in a student's four-year high school career (two-year junior high school).
- b. Referral must be only by the athlete or a member of the immediate family and/or foster parent guardian.
- c. Referral must be previous to the first violation.
- d. Referral cannot be used by athletes as a method to avoid consequences once a Code of Conduct rule is violated and a student has been identified as having violated one of the Code of Conduct rules.

- e. Referral must be made to Coach, Athletic Director, Principal, or counselor.
- G. **Individual Coach's Rules:** Coaches may establish additional rules and regulations with the approval of the Athletic Director and Principal for their respective sports. These rules pertaining to a particular sport must be given by the coach in writing to all team members and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and shall be administered by the coach. Copies of all additional team rules by coaches are on file in the athletic office.
- H. **Violation of School Policies and IHSAA Rule 8-1:** Any athlete who is declared truant will be ineligible for a period of one (1) week after the infraction is discovered. The Athletic Director and coach may deny any student athlete referred to the office for a school rule violation the privilege of participation in all athletic activities for a period as determined. Should the athlete and or/parents wish, they may appeal following the Temporary Denial of Participation outlined below in Section.K.
- I. **Policy on Fighting in Interscholastic Sports:** No fighting or taunting will be permitted at any time during a contest. The coach shall enforce violation of this rule.
- J. **Suspension Appeal Procedure:** The following regulations shall be observed in the administration of the athletic program:
  - a. This handbook applies to all athletes at Frontier Jr.-Sr. High School. In addition to these policies each coach may develop additional rules for his/her team. These rules must be on file in the Athletic Director's office. Students are to be notified in writing of both the Athletic Handbook/Code of Conduct and rules by the coach.
  - b. The coach must administer reasonable disciplinary action for violation of these rules including suspension from the activity for a temporary period or removal from the activity altogether.
  - c. Violation of the Code of Conduct may result immediately in suspension or removal from the team by the coach. In these violations, the coach must follow the procedures as outlined in K and L below.
  - d. Violation of a coach's rule may result in suspension from the team only, however, before denying participation in the activity, the coach should communicate with the parents, discuss the situation with the student and administer other appropriate disciplinary action.
- K. **Temporary Denial of Participation:**
  - a. Temporary denial is defined as any suspension less than a permanent denial of participation.
  - b. When a athletic director/coach denies participation of a student in an

activity, the student must be informed of the intended action by completing form 1-DP. It is then the responsibility of the coach to discuss the situation with the student and then determine whether or not to deny the student participation. If the student is denied participation, the coach must complete form 2-DP.

- c. The student may appeal the denial of participation within 72 hours of the action to an appeal board.
- d. The appeal board shall consist of the Athletic Director, Assistant Principal, or Principal and two coaches. Such an appeal must be conducted within a mutually agreed upon time when school is in session. (In the event of school vacation, closings, holidays, an appeal will be held as soon as possible.)
- e. Procedures for conducting the appeal hearing are as follows:
  - i. The Athletic Director may serve as chairperson at the appeals committee. In the event that the Athletic Director is presenting the reasons for the denial of participation, the Assistant Principal or Principal shall serve as chairperson, along with 2 coaches.
  - ii. The athletic director/coach who is denying participation will present the reasons for the denial.
  - iii. The student and/or parents may then present evidence or reasons why the student should not be denied participation.
  - iv. The student has the option of being represented at the appeal hearing; however, the hearing is not a legal process.
  - v. The appeal board shall make its decision within 24 hours of the hearing to either uphold, or repeal the denial of participation. The appeal board will only overrule the decision of the coach if it is "arbitrary and capricious".
  - vi. During the appeal process the students shall attend practices but cannot participate in contests or performances of the group/team.
  - vii. The decision of the appeal board will be based upon generally accepted preliminary procedures with a majority vote of the members of the appeals board necessary to take action. h. The appeal board is responsible for notifying the student in writing of its decision and the reasons for the decision by using form 3-DP, A copy of the report shall go to the Jr. -Sr. High School Principal and the coach.
  - viii. There is no provision for appeal beyond the appeal board in the case of a temporary denial of participation.

**L. Permanent Denial of Participation:**

- a. If the student is to be permanently denied participation, the coach shall notify the student in writing on form 4-DP.
- b. The appeal board will then conduct a hearing with the coach and student, if the student or parent requests a hearing concerning the possible permanent denial. If the student attends such hearing, the steps outlined in item K above shall be observed in conducting the appeal. However, at the conclusion of the hearing, the appeal board shall prepare a written recommendation to the Principal regarding the matter. It is then the responsibility of the Principal to either uphold denial, modify the denial or reinstate the student.
- c. The Principal is responsible for evaluating the report of the appeal board and for rendering a decision within 24 hours after receipt of the record.
- d. The Principal shall then notify the student, the coach, the appeal board and the Superintendent of his decision in writing by using form 5-DP.
- e. During this appeal process, the student is denied participation until the appeal is completed.
- f. The student may appeal the final decision to the Superintendent.

## Scholastic Eligibility Requirements

To be eligible to participate in interscholastic athletics at Frontier Jr. -Sr. High School, all students will be required to meet the following standards. These standard(s) shall include:

- A. Frontier Jr.-Sr. High School Academic Requirements. All high school student athletes must meet the scholastic requirements of the state association which require that the athlete pass a minimum of five full credit subjects or the equivalent toward graduation during the immediately preceding grading period in order to be eligible the following grading period. In addition, student athletes must have and maintain a 1.67 grade point average (C-) for the nine (9) weeks, Jr. High students must pass six (6) courses out of the seven (7) that they take in order to be eligible for participation in athletics. All class periods will count as a full course. Junior High students will be required to participate in any and all study rules and guidelines.

Any student who has not made a passing score on all of the State-mandated testing and assessment tests shall be ineligible to participate in any extracurricular activity, including athletics. The Board believes a student who has not passed these tests should be using extracurricular time to participate in one or more of the Corporation's programs for assisting students to pass the tests. However, if apparent believes that his/her child may be unduly affected by lack of participation in a particular activity, she may come to the school and sign a waiver, which will release the student from this eligibility rule and allow him/her to participate in the activity. The parent should be informed, prior to signing the waiver that State law does not allow a student to receive a high school diploma unless s/he has passed all of the State-mandated testing and assessment tests.

Changes of eligibility will become effective on report card day as reported to the IHSAA.

**Note:** This standard is higher than the IHSAA requirement, in that the second and fourth nine weeks grades will take precedence over the semester grades. The IHSAA requirement is that semester grades take precedence.

- B. **Mid-Term Check of Grades:** Frontier Jr.-Sr. High School athletes (both high school and junior high school) must maintain passing grades during the school year.
  - a. All student athletes' grades are to be checked at mid-term for deficiencies.
  - b. Junior high students should be passing six classes of their current schedule at this time.
  - c. High school students should be passing five classes of their current schedule at this time.

C. **Retention and Red Shirting:** The Frontier Community Schools recognizes that participation in interscholastic athletics is a privilege and not a right. Fair competition and safety of participants are prime concerns of this school corporation.

The Frontier Community Schools does not allow the retention of any student who has successfully completed any grade, except upon the recommendation of the appropriate School personnel. Should any student, who has successfully completed the sixth grade, repeat any grade for reasons other than academic failure in circumvention of this policy, she will lose his/her last year of eligibility in high school athletics. The school board reserves the right to waive this rule. for hardship cases. Such waiver will be considered on a case-by-case basis.



## General Athletic Department Policies

- A. **Dropping From Any Sport:** Quitting is an intolerable habit to acquire. A quitter may lose the privilege of participating in athletics. No athlete who is dropped from one team for disciplinary reasons, or "quits" shall be eligible to compete in another sport for that particular season. An athlete who quits during the season will be considered as an athletic code violation and subject to the punishment outlined therein. This does not apply to those athletes who quit prior to the first contest. Athletes cut from one sport may, however, try out for another sport providing they were not cut from the first sport for disciplinary reasons. On occasion however, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:
- Consult with your immediate coach.
  - Report your situation to the Athletic Director.
  - Check in all equipment issued to you.
- B. **Transferring Sports:** A student may not quit a sport once the contest season has begun, and go out for another sport during the same season. Prior to the contest season a student who attends a practice in one sport, and wishes to change sports (or attend open gyms) must have the consent of both coaches involved and the Athletic Director. No athlete may start another sport until the previous one has been completed. This procedure assures a smooth transfer, which is in the best interest of the student and athletic department.
- C. **Transportation:** All athletes must travel to and from out-of-town athletic contests in transportation provided (or on rare occasions school approved) by the athletic department unless previous or written arrangements are made by the parents for exceptional situations with the coach.
- Athletes will remain with their team and under the supervision of their coach when attending away contests.
  - Athletes that miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances.
  - All regular school bus rules will be followed.
  - Dress appropriately and in good taste.
- D. **Grooming & Dress Policy:** A member of an athletic team is expected to be well groomed. "He shows up best who shows off least". Appearance, expression and actions always influence people's opinions of athletes, the team and the school. Once you have volunteered to be a member of a team, you have made a choice to uphold certain standard expected of athletes in this community. The following rules will be adhered to by team members:
- Hair styles are to be maintained in a neat and clean manner so as to

present a positive image for both the team and the school, No moustaches, beards or unusual hairstyles.

- b. An athlete shall dress presentably at all times, on trips, assemblies, or banquets.
  - c. Athletes will not be permitted to participate until deviations of the above rules are satisfactorily corrected.
- E. **Attendance:** To be eligible to participate in practice or a contest, the athlete must be at school for the half day (PM). If the athlete or manager is absent any part of the day for personal illness, he/she will not be allowed to practice or participate in a contest that day. Exceptions are such things as: medical appointments, or pre-arranged absences with a school administrator. The school must have a medical note signed by the Dr. or Dr. designee in order to practice or participate in a scheduled contest the day of a medical appointment.
- F. **Missing Practice:** An athlete should always consult his/her coach before missing practice. Missing practice or a game without good reason will be dealt with severely.
- G. **Vacation Policy:** Vacations by team members during the sport season are discouraged. Parents/athletes wishing to do so may wish to reassess their commitment to being an athlete. In the event of an absence due to a vacation is unavoidable, an athlete must:
- a. Be accompanied by his/her parents while on vacation.
  - b. Contact your coach prior to the vacation.
  - c. Practice one day for each practice or contest day missed prior to resuming competition (contest day will not count as a practice day).
  - d. Be willing to assume the consequences related to their status on that team as a starter, 2nd string, 3rd string, etc.
  - e. Jeopardize his/her opportunity to receive Varsity awards.
- H. **Conflicts in Extra-Curricular Activities:** We feel it is important that students at Frontier Jr.-Sr. High School be encouraged to participate in a wide range of School sponsored activities. Expanding extra-curricular and co-curricular programs has allowed the opportunity for scheduling conflicts to occur. By providing clearly defined guidelines, staff members, students and parents will be able to communicate with each other in an atmosphere of fairness and consistency. The following basic guidelines will be used in determining appropriate resolutions to conflicting schedules:
- a. Scheduled State Athletic Association Tournaments and State Association Division of Student Activities Contests, including travel time, shall have the number one precedence. If a conflict exists between two of these activities the student shall make the choice without penalty.

- b. Regularly scheduled games and major performances beyond item A shall be second priority. If a conflict exists between two of these activities the student shall make the choice without penalty.
- c. The importance of the students' participation in the success of the total group's performance is the third priority. The coach(s)/sponsor(s) and the Athletic Director shall determine this.
- d. A previously scheduled event on the official school calendar will take precedence over a calendar addition or a rescheduled event.
- e. Regularly scheduled games, performances and activities will take precedence over practices.
- f. All school sponsored extracurricular activities take precedence over non-school activities (i.e. travel ball teams, club teams, AAU teams, etc). See items F and G above.

NOTE: To a and b above; No penalty will be assessed to the student participant if he or she properly communicated the decision to all parties. Any student penalty to be assessed must be done with the approval of the principal. All decisions will be adhered to, however, if unusual circumstances do occur at a later date, the student may request a change by submitting his or her requesting writing to the coach(s)/sponsor(s) and Athletic Director prior to the activities and/or athletic event.

- I. **Reporting of Injuries:** All injuries, which occur while participating in athletics should be reported to the coach. The coach will take the necessary steps to treat the injury and then complete an injury report form. If the athlete is treated by a physician, the athlete must obtain the doctor's permission to return to the activity. IHSAA rule 3-11 states that any students properly certified to participate in interschool athletic activities, who are absent from school for five consecutive days due to illness or injury or who are physically unable to practice for five consecutive days due to illness or injury, must present to their principal a statement from a physician holding an unlimited license to practice medicine that they are again physically fit to participate in interschool athletics.
- J. **Squad Selection:** In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program of Frontier Jr.-Sr. High School, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, transportation, equipment, personal preference and other factors will place limitations on the most effective team size for any particular sport.
- K. **Cutting Policies:** Choosing the members of a team is the sole responsibility of the coach of that sport, Prior to trying out, the coach shall provide the following information to all candidates for the team:

1. Extent of try-out period.
2. Criteria used to select the team.
3. Number to be selected.
4. Practice commitment if they make the team.
5. Game commitments.

When a cut becomes necessary, the process will include three important elements. Each candidate shall have:

1. Competed in a minimum of three (3) practice sessions.
2. Performed in at least one inter-squad session.
3. Been personally informed of the cut by the coach, including the reason for the action.

**L. Locker Room Regulations:**

1. Rough-housing and throwing/snapping towels or other objects is not allowed in the locker room. Hazing of other players is not allowed.
2. All showers must be turned off. The last to leave the shower room is expected to check all showers.
3. No one except coaches and assigned players are allowed in the locker room.
4. No glass containers are permitted in locker rooms.
5. All spiked or cleated shoes must be put on and taken off outside of the school.
6. All equipment must be removed from all lockers by the end of the first school day following the conclusion of each sport season.

**M. Strength, Reconditioning and Rehabilitation Facility Regulations:**

1. No one is allowed to use this facility, unless a school-approved adult is present (see posted list of school-approved supervisors).
2. Anyone using this facility shall be subject to the control and guidance of the supervisor and follow any instructions given.
3. Individuals agree to conduct themselves in a quiet and well-mannered fashion, so as not to cause any disturbances which would interfere with the use and enjoyment of the facility by others.
4. Individuals agree to keep and obey all rules and procedures now and in the future should changes be necessary.
5. No max lifting is allowed, other than on designated days during the year. These days are posted.
6. Anyone using the free weights must have a spotter.
7. Individuals doing circuit training will have priority over individuals doing "set-rep training" or "pyramid training".
8. Exercise clothing must be worn. Males must wear gym shorts and T-shirts or sweat suits and soft-Soled gym shoes. Females must wear gym, shorts

and T-shirts, sweat suits or leotards, tights and soft-soled gym shoes. No clothing with zippers allowed.

9. Absolutely no food or drinks are allowed in this facility.
10. Upon completion of an exercise, please wipe the pads off and return the weight plates to the weight trees.

ANY UNSAFE ACT, FAILURE TO COMPLY, OR MAX LIFTING OTHER THAN ON DESIGNATED DAYS, WILL RESULT IN IMMEDIATE REMOVAL FROM THE FACILITY AND FORFEIT FUTURE USE OF THE FACILITY.

**N. Student Purchase Policy:**

- a. All money for student purchases must be received before items are ordered CASH ONLY preferred.
- b. Patches for letterman jackets will be purchased by the Athletic Department for team members and individuals for the following accomplishments only:
  - i. Conference Championship (team)
  - ii. 1st Team All-Conference
  - iii. 1st Team All-State (Coaches Association and AP only)
  - iv. IHSAA Tournament Championships (highest level)
    1. Sectional
    2. Regional
    3. State Runner-up
    4. State Championship
- c. All other patches will need to be purchased by the individual athlete.

## Practice Sessions

According to IHSAA rules you must complete ten separate days of organized practice in a sport under the direct supervision of the high school coaching staff preceding participation in a contest.

- A. Participant requirements prior to first practice:
  - 1. All eligibility requirements have been satisfied (Both IHSAA and Frontier).
  - 2. Completed physical examination form.
  - 3. Completed emergency medical form.
  - 4. Completed parent/athlete Code of Conduct/Athletic Handbook form on file.  
(Fall sports athletes must have these in coach's hand by the first contest.)
- B. Practice sessions shall be scheduled so as to create the minimum amount of daily conflict with normal family activities of the participants.
- C. A student must be at school for the full day to participate in practice or a contest. If the athlete or manager is absent any part of the day for personal illness, he/she will not be allowed to practice or participate in a contest that day, Exceptions are such things as: medical appointments, or prearranged absences with a school administrator. The school must have a medical note signed by the Dr./for Dr. designee in order to practice or participate in a scheduled contest the day of a medical appointment.
- D. Upon completion of all afternoon classes, athletes are to take all needed items (coats, books, etc.) to their athletic lockers in order to avoid entering hall areas after 4:00 p.m.
- E. Students are not to be in the building unless under the direct supervision of the coach; this includes time before practice, during practice, and after practice.
- F. Team members are to insure that after practice is over that they leave the building immediately.
- G. Vacation practices held over Thanksgiving, Christmas and Spring Break shall be scheduled earlier in the day. All practices should be concluded by 5:00 p.m. Unless approved by the Athletic Director.
- H. Early Dismissal of School or Emergency Closing:
  - 1. In the event there is a scheduled early dismissal of school, practices may be held at that time only provided the coach(s) are available. Normally, the dismissal results in the coach attending a meeting or workshop during this time.
  - 2. Emergency weather conditions may result in an early dismissal or extended period of school closing. Should this occur, there will be no Junior High practices. Senior High teams may practice during this time with the approval of the Athletic Director and the Superintendent. For a closed school day a decision will be made by no later than 12:00 p.m.

whether to practice. Practices will conclude by no later than 5:00 p.m.  
These practices will be optional to the players and parents.

- I. The practice season of each sport shall be kept within the limits of the practice season for that sport as established by the IHSAA. The ending date for each season shall be the last day of competition in the state tournament for that team or the individuals on that team.

## **Athletic Awards Policy**

### **A. General Requirements for Awards:**

1. The Athletic Council, composed of the Principal, Athletic Director, and all head coaches, will award all awards including unusual cases. The Principal must approve these awards.
2. A student must be in good standing with the Athletic Council and Frontier School Corporation to qualify for any awards. The student must:
  - a. Be a value to his/her team and the school.
  - b. Cooperative with and have the good will of their fellow team members.
  - c. Have ability as an individual performer and show improvement.
  - d. Observe training rules.
  - e. Display good sportsmanship.
  - f. Attend practice regularly.
  - g. Represent true Frontier spirit and good citizenship
  - h. Must be academically eligible at the end of the season.
3. All awards will remain the property of Frontier Jr.-Sr. High School until graduation. Any awards that are misused and not worn in the proper manner will be forfeited to the school. The Athletic Director shall see that they are collected.
4. No awards will be given until all equipment is returned.
5. Any transfer student may after earning a letter in a sport, appeal to the Athletic Council for credit of letters earned in a sport at a previous high school. In special senior cases, a student may appeal for credit.
6. Players must finish the sport for which the award is to be given or be excused in good faith. An individual who is injured and is unable to complete the requirements for an award, may be awarded a letter or whatever award is due him/her when recommended by the coach and with the approval of the Athletic Council.
7. Players must be in good standing at the completion of the season as determined by the Athletic Council.
8. There will be an award program following the completion of the fall, winter, and spring seasons for all Junior and Senior High School athletic teams. Athletes are required to attend the program or forfeit all awards including letters (Varsity, Jr. Varsity, Freshmen or Jr. High). Any athlete not able to attend the program must be excused in advance by the Athletic Director or coach.

Note: According to Rule 6 of the IHSAA you are ineligible if:

1. You receive in recognition for your athletic ability any award not approved by your high school principal or the IHSAA.
2. You use or accept merchandise as an award, prize, gift or loan or purchase such for a token sum.
3. You accept awards, medals, recognition, gifts, and honors from colleges/universities or their alumni.



## B. Awards

1. Jr. High and Sr. High Certificates: Presented to the athlete who completes a season of competition.
2. Varsity Letter: Presented to the athlete who completes the participation requirements listed below:
  - a. Recommendation of the Coach and Athletic Director.
  - b. Athletic Director will approve all Varsity Letters
3. Letter Jackets - Any athlete who letters in the (i) sport is eligible to receive a letter jacket. The Frontier Athletic Boosters will pay 50% of the price of a jacket for qualifying students who make the A or A/B academic honor roll. All letter jackets will be presented to the athlete during the awards program for the respective sports. Cheerleaders and Dance Team members will earn one varsity letter for completion of both football and basketball seasons. The letter "F" will be presented to the athlete as well.
4. Falcon Award/Outstanding Achievement Certificate - Outstanding performance in a sport, as proposed by the coach of that sport or to any individual(s) that breaks a school record.
5. Statistical Award Certificates-Variou certificates may be presented based on statistics from the season.
6. Sportsmanship/Memorial Awards - These awards are based  $\frac{1}{3}$  on academic achievement,  $\frac{1}{3}$  on athletic ability, and  $\frac{1}{3}$  on citizenship. The Frontier Athletic Council selects the recipients.

Football:	Dykhuizen/Victor Award
Volleyball:	Volleyball Sportsmanship Award
Cross Country:	Brad Gish Memorial Award
Boys' Basketball:	Virg Klepinger Memorial Award
Girls' Basketball:	W.O. Harmon Memorial Award
Wrestling:	Wrestling Sportsmanship Award
Cheerleading:	Cheerleading Sportsmanship Award
Dance Team:	Dance Team Sportsmanship Award
Baseball:	Tom Harmon Memorial Award - Mental Attitude
Boys' Track:	Brad Gish, Memorial Award
Girls' Track:	Kappa Sigma Award
Boys' and/or Girls' Track:	Julie George Memorial Award
Golf:	Golf Sportsmanship Award
Softball:	Ralph Jackson Memorial Award

7. Team. Patches: Any athlete who participates on an recognized Frontier Varsity championship team or wins an individual IHSA championship will receive a patch from the athletic department. All other patches will need to be purchased by the individual athlete.
8. Individual Pictures: Will be displayed when an athlete has:
  - a. Qualified for the state finals as an individual.
  - b. Been named first team all state.

9. Team Pictures: Will be displayed when a team wins:
  - a. Recognized Frontier Championship (highest championship won).
  - b. Any other outstanding accomplishment as designated by the Athletic Council.

C. **Awards By Sport:** Trophies may be awarded by the Athletic Department for presentation at the awards night for each individual sport. These awards will be up to the discretion of each head coach.

## Admission Policies

### A. Contests requiring an admission.

Admission tickets will be sold at all athletic events sponsored by the Frontier School Corporation where the contest facility is so designed to permit a controlled spectator environment. This policy may be affected and altered by:

1. IHSAA rules and regulations
2. Spectator interest
3. Contest site

### B. Use of gate receipts.

All gate receipts collected will be used to finance the athletic programs of the Frontier Community School System as provided for in the annual athletic budget.

### C. Ticket sale policy.

1. The ticket admission price will be established by the local Board of Education following the recommendations set forth by the Athletic Director. The MWC sets admission prices for all conference events.
2. The gate admission prices for 2013-2014 are:

	<u>Adult</u>	<u>Student</u>
Varsity Football	\$5.00	\$5.00
Varsity/JV Basketball	5.00	5.00
Varsity/JV Volleyball	5.00	5.00
JV Football	4.00	4.00
Wrestling	5.00	5.00
Freshman sports	4.00	4.00
JH Sports	4.00	4.00
Elementary Sports	4.00	4.00
Spring Sports	5.00	5.00

3. Conference ticket prices may vary at tournaments.

**Note:** Passes or discount tickets are not acceptable at any state-sponsored tournament, Midwest Conference or White County Tournament.

### D. All Sports Passes

Immediate Family Pass:	\$190.00
Individual Adult Pass:	100.00
Student Pass:	60.00

### Events Pass

Ten (10) Events:	\$35.00
Twenty (20) Events	\$55.00

**Free Senior Citizen passes are available for people age 60 and older.**

## **E. Pass Policy**

1. All employees of the Frontier Community School System may be given a yearly athletic Pass that is non-transferable.
2. Passes will be issued to superintendent, members of the Board of Education, principal and Athletic Director, good for two admissions to any athletic activity excluding any IHSAA Tournament.
3. Others who qualify for admission at athletic contest are:
  - a. Lower level coaches, which includes spouses and children.
  - b. Band members (if performing).
  - c. Cheerleaders in uniform.
  - d. Holders of press pass.
  - e. Concession workers with name on pass list.
  - f. Dance Team (if performing).
  - g. Workers who volunteer at athletic events will receive one additional adult pass.

## **Criteria for Adding/Deleting A Sport**

**A. The following criteria will be considered in depth prior to the addition of any sport:**

1. The Sport - By its nature, must be a competitive athletic activity, which requires a high level of physical conditioning, training and skill.
2. Student Interest - There should be an indication of strong student interest, not just in terms of participation, but spectator interest as well.
3. State Athletic Association - The sport must be a state sanctioned activity,
4. Competition - There must be organized interscholastic competition at the league and state levels.
5. Facilities Adequate facilities must exist. It must be possible to coordinate use of facilities so as not to conflict with existing programs.
6. Coaches - It must be possible to secure competent coaches.
7. Growth - Consideration must be given to the potential growth of the sport,
8. Funding - Adequate funding must be available so that the sport can be supported. Funding will not be diverted from the existing athletic programs to create new programs.
9. Revenue - Highest consideration will be given those sports with the highest potential to generate revenue.
10. Scheduling - The potential for scheduling competition on a league and/or regional basis will be a priority.
11. Weather - The sport must be conducive for adequate practice and competition given the local weather and geographical conditions.
12. Equal Opportunity - Priority will be given to those sports that best equalize the opportunities for boys and girls.
13. Midwest Conference- In order for the sport to be recognized by the conference, there must be at least 5 schools that have the sport.
14. Transportation- The additional cost of transportation will be a factor.
15. Title IX Issues- Frontier School Corporation must make sure Title IX is followed in adding a sport.

NOTE: All requests to add a sport must be made through the Athletic Director. No sport will be added in the immediate succeeding school year in which the request was made.

**B. The following criteria will be considered in depth prior to the dropping of a sport:**

1. Student Interest - Student interest declines to an unsatisfactory level both in terms of participation and spectator attendance.
2. Sanctions - The sport is not sanctioned by the IHSAA.
3. Coaches - It becomes impossible to secure competent coaches.

4. Competitiveness. The competition level of the sport is unsatisfactory.
5. Facilities - Adequate facilities do not exist, or the use of existing facilities conflicts with other athletic or academic programs.
6. Funding - Adequate funding is not longer feasible, particularly in view of participation members.
7. Scheduling - Scheduling of contests at the local or regional level becomes increasingly difficult.
8. Revenue - The sport has little or no opportunity to generate revenue.
9. Weather - Weather and geographical conditions make it increasingly difficult to adequately practice on schedule contests.
10. Tradition or Community Interest - This team has special historical or other meanings of importance to our school.
11. Midwest Conference-In order for the sport to be recognized by the conference, there must be at least 5 schools that have the sport. If the conference would ever drop below this number, then there would be some consideration for dropping the sport.
12. Transportation- The additional cost of transportation will be a factor.
13. Title IX- Frontier School Corporation must make sure Title IX is followed in dropping a sport.

NOTE: All recommendations to drop a sport will come through the Athletic Director's office. All efforts will be made to drop sports with as much prior notice as possible.

### **Changes in Athletic Policies**

**A. All changes in the Frontier Jr.-Sr. Athletic Handbook must be initiated in one of the following ways and then presented to the Athletic Council.**

1. Any changes must be discussed before the April meeting. It is suggested that the head coach consults with the Athletic Director on projected changes, The head coach/Athletic Director is to summarize in writing his proposal and present it to the Principal. The proposal will be reviewed by the Athletic Council.
2. The Principal may recommend changes in the handbook by presenting their proposal in writing to the Athletic Council. All proposals will be presented to the Superintendent and School Board for final approval.
3. The Athletic Handbook may be changed during the year by the Athletic Council only if called into special session by the Superintendent. Otherwise, the rules and regulations apply to the full year.



## QUICK FACTS-Athletic Orientation

### **Athletic Handbook:**

The Frontier Jr.-Sr. High School athletic handbook is located at the Froniter athletics website. All forms necessary to participate are located online. The website is updated on a need basis. The handbook covers all kinds of items relevant to athletics. The following items are highlights of the handbook. It is important to be familiar with the items in the handbook, as they pertain to your son or daughter, Too see the full version of the handbook go to [www.frontierathletics.com](http://www.frontierathletics.com) . Click on Falcon HQ and then click on Athletic Handbook. On [www.frontierathletics.com](http://www.frontierathletics.com) you will find not only the Athletic Handbook, but also all other items related to Athletics.

### **The Responsibilities of Sportsmanship**

Guidelines for coaches, athletes, and parents

### **Parent (Fan) Decorum**

Guidelines for parents

### **Chain of Command**

**NOTE:** If you have an issue to discuss, please make an appointment to talk with the coach. After a practice or game without prior notice is not the time to talk. Starting with the coach is paramount, as they would have more knowledge of the matter in question. Skipping the chain of command only raises more problems. Please follow the chain of command as listed below.

### **Works top to bottom**

1. Head Coach
2. Athletic Director
3. High School Principal
4. Superintendent

### **PROTOCOL FOR CONCERNS**

1. The player discusses the concern with the coach directly.
2. *IF NOT RESOLVED* - The parent contacts the coach to discuss the concern.
3. *IF NOT RESOLVED* - The parent, coach, and player are required to meet in person.
4. *IF NOT RESOLVED* - The parent or player puts the concern in writing and contacts the Athletic Director.
5. *IF NOT RESOLVED* - The Athletic Director will present the concerns to the coach and discuss possible solutions.
6. *IF NOT RESOLVED* - The Athletic Director will meet with the parent, student, and coach.



**NOTE:** The IHSAA is the governing body of high school sports in Indiana. Most of the policies we follow are mandated by the IHSAA. All schools that are members must follow rules and guidelines. All MWC issues will take precedent as well in regards to such items as ticket prices and game schedules.

### **Eligibility and Participation**

- Physical Examination
- Parent Acknowledgment of Athletic Policies
- Risk of Participation/Intent to Warn
- Drug Testing Consent Form
- Emergency Medical Form
- Financial Obligations & Equipment

### **Code of Conduct**

- 1st Violation- 50% reduced to 25% with self-report
- 2nd Violation- 1 calendar year
- 3rd Violation- Permanent Suspension from all athletics for career

### **Academic Requirements**

High School-must pass 5 classes and maintain a 1.67 GPA for the 9 weeks

Jr. High- must pass 6 classes out of 7

### **Attendance**

To be eligible to participate in practice or a contest, the athlete must be in school for the half day (PM). Exceptions are such things as: medical appt. or prearranged absences approved by a school administrator. The school must have a medical note signed by the Dr. or the Dr. designee in order to practice or participate in a scheduled contest the day of the medical appointment. Appointments should not last more than half of the school day.

### **Practice Sessions on early dismissal or school closings**

- Jr High-NO PRACTICE
- High School-Approval by Athletic Director and Superintendent
- **On days school is closed:** A decision will be made at 12:00pm (noon) whether to practice.
- **If school lets out early:** a decision will be made promptly if teams will be allowed to practice. Practices will be between the hours of 12:00-5:00pm. All practices will be optional.

### **Athletic Communications**

The frontierathletics.com website is the one of the best tools of communication offered. The school website provides practice schedules. It also gives parents the ability to see what is going on in the next five days, the month, and it can also customize for a specific sport. On Twitter: @FrontierSports1 & on Facebook: search Frontier Athletics.