Monticello Athletics – Team Tryouts Rubric

Sport _____ Level (Varsity, JV, 9th) _____

Student Name _____ Grade _____

Rating Scale: 5 = Excellent 4 = Strong 3 = Good 2 = Marginal 1 = Poor

SPORT SKILLS		**INTANGIBLES**	
_____	5 4 3 2 1	Sportsmanship	5 4 3 2 1
_____	5 4 3 2 1	Ability to take instruction	5 4 3 2 1
_____	5 4 3 2 1	Ability to take criticism	5 4 3 2 1
_____	5 4 3 2 1	Aggressiveness	5 4 3 2 1
_____	5 4 3 2 1	Team player	5 4 3 2 1
_____	5 4 3 2 1	Listening skills	5 4 3 2 1
_____	5 4 3 2 1	Enthusiasm	5 4 3 2 1
_____	5 4 3 2 1	Effort	5 4 3 2 1
_____	5 4 3 2 1	Leadership	5 4 3 2 1
_____	5 4 3 2 1	**ATHLETE SKILLS**	
_____	5 4 3 2 1	Speed	5 4 3 2 1
_____	5 4 3 2 1	Quickness	5 4 3 2 1
_____	5 4 3 2 1	Endurance	5 4 3 2 1
_____	5 4 3 2 1	Strength	5 4 3 2 1
_____	5 4 3 2 1	Agility	5 4 3 2 1
_____	5 4 3 2 1		
_____	5 4 3 2 1	**STRENGTHS**_____	
_____	5 4 3 2 1	_____	
_____	5 4 3 2 1	_____	
_____	5 4 3 2 1	**WEAKNESSES**_____	
_____	5 4 3 2 1	_____	
_____	5 4 3 2 1	_____	

GENERAL COMMENTS *(must include comments for any performance area rated 2 or 1)*:

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