

**Burleson Elk Summer
Strength and
Conditioning Camp**

June 12—June 29, 2017

&

July 10—July 27, 2017

Contact: mcopeland@bisdmail.net

2017 Registration Form

Name : _____

Age: ____ Grade (Next School Year): ____

Parent/Guardian Name _____

Address: _____

City, State, Zip: _____

Home Phone # _____

Work/Cell # _____

Emergency Contact Information

Name: _____

Emergency # _____

Position/Sport: _____

Gender: (Circle One) Male Female

Checks payable to BHS Athletics

BHS Athletics

I hereby grant permission for my child to attend the Burleson Elk Summer Strength and Conditioning Camp. I certify that he is physically fit for all camp activities. Furthermore, I release Burleson ISD, its officers, directors, agents and employees, as well as the institution providing the facilities, from any and all liability for personal injury arising out of the applicant's participation in the Burleson Elk Summer Strength and Conditioning Camp.

Parent/Guardian Signature

Date



**BURLESON HIGH
SCHOOL**

100 Elk Drive
Burleson, Texas 76028

817-245-0038

**BURLESON
ELKS**

**SUMMER
STRENGTH AND
CONDITIONING
CAMP**



2017

Camp Information



Payment

Payment should be made to:
BHS Athletics

Cost

Cost is \$75 per participant
Family Rates: \$110 for
Two, \$135 for three or more
FAMILY members. Same
household only.

Contact

For questions or concerns:
mcpeland@bisdmail.net

Who?

All incoming 7th—12th Grade Male
Athletes

What?

This is a strength and conditioning camp
designed to assist athletes in maintaining
strength and speed in order to enhance
performance and prevent athletic injuries.

When?

Monday-Thursday

11-12 Graders 10:15—11:45 a.m.

9-10 Graders 10:15—11:45 a.m. .

MS Athletes 10 a.m.—11:30 @ Hughes

Grade you are going in to

Dates

June 12—June 29, 2017

Off for week of July 3-7

July 10—July 27, 2017

Where?

Burleson High School Athletic Facilities
MS Session will be at Hughes MS

BURLESON ELK SUMMER STRENGTH & CONDITIONING CAMP 2017

The instructors will be high
school coaches who are
experienced in strength and
conditioning training.

