

Cabrini Boys and Girls Track Records

CABRINI MONARCHS					
TRACK & FIELD VARSITY RECORDS					
GIRLS		EVENT	BOYS		
DONNA LIPHARDT	16'5" 1977	LONG JUMP	ED SALIPANDE	20'4"	1996
SUE SOMMERVILLE	34'2" 1978	SHOT PUT	MAX FISTER	49'0"	2015
MELISSA NELSON	111'11" 2013	DISCUS	KEITH SUTHERLAND	133'0"	1983
C.GABROWSKI P.JESUS	J.HALEY K.WALSH	51.75 1985	4x100 METER RELAY	K.DAVID S.DAVID J.GASS D.SEKERAK	45.7 2010
D.ANDRYSIAK J.KAMALAY	N.CABAY D.LIPHARDT	1:51.6 1977	4x200 METER RELAY	M.DARIN A.McLean J.SHRUM J.SUDA	1:35.74 1999
R. CUNNINGHAM L.HASKE	J.HALEY K.WALSH	4:21.0 1983	4x400 METER RELAY	A.KOCHIS A.McLean J.SHRUM J.SUDA	3:37.44 1999
JJANKOWSKI T.McCALL	B.BAKER A.PALMER	10:35.7 2001	4x800 METER RELAY	A.KOCHIS J.SUDA A.WESSERLING A.McLEAN	8:23.1 1998
CAROLYN FERRAIUOLO	19:28.9 2011	CROSS COUNTRY 5K	JIMMY HOUCK	16:23	1983

CABRINI MONARCHS					
TRACK & FIELD VARSITY RECORDS					
GIRLS		EVENT	BOYS		
CAROL HOUCBAUM	12.8 1983	100 METER DASH	JIM OBRYCKI	10.94	1973
DONNA LIPHARDT	26.34 1977	200 METER DASH	JOHN ALESANDRO	22.77	1970
KAREN WALSH	59.67 1984	400 METER DASH	PAUL GASS	49.73	2013
LORI HASKE	2:27.1 1985	800 METER RUN	CHRIS McCABE	1:57.04	2004
JORDAN POWELL	5:29.4 2013	1600 METER RUN	JOHN HENNING	4:20.48	1979
JEAN ZYLKA	12:01 1989	3200 METER RUN	RON BUCHANAN	9:42.0	1977
JAN KAMALAY	16.21 1978	100/110 METER HURDLES	JOEY TROHIMCZYK	15.20	2015
NICHOLE LENNON	50.54 2011	300 METER HURDLES	BRIAN O'NIEL	40.56	1985
		POLE VAULT	DAVE BACHLEDA	11'0"	1973
DENISE SOFIAN	5'0" 1978	HIGH JUMP	ADAM NINER	6'5"	2009
BILLIE McCALL	5'0" 2009				

