

# KINGSLEY HIGH SCHOOL JUNIOR CHEER CLINIC

The Kingsley Cheer Team will be hosting a Winter Jr. Cheer Clinic on Saturday, February 27th, 2016 from 10 am to 1 pm. Ages Pre K to 5<sup>th</sup> grade. Cost is \$25 per child you will receive a Cheer Clinic T-Shirt along with admission to a Varsity Basketball Game. Our clinic is designed to teach the fundamentals of cheerleading: Cheer, Dance, Tumbling, Jumps, Stunting and Spirit! Its always a pleasure to have former participants from our clinic become Kingsley Cheerleaders themselves!

The performance of the material will be done on Tuesday March 1<sup>st</sup>, 2016 at Halftime at the Kingsley vs. St. Francis Boys Basketball Game at Halftime. We ask that you arrive to the game by 6:15pm to ensure review of material along with distribution of t-shirts.

*You may register the day of the event or may mail in.*

## **Our Schedule**

9:30-10AM Check in & Registration

10AM- Welcome s, Introduction & Demo

10:15- Basic Motions & Meet Private coaches

10:30- Cheers/Dance

11:00- Jumps

11:30-11:45 Lunch/Snack

11:45-12:30- Cheers/Dance

12:30-12:45 Review of Material  
Parents Welcome!

12:50 Parent pick-up

## **Other useful information**

Please provide your own lunch and water bottle. Wear athletic shoes, t-shirt, and gym shorts or sweats. Please no jewelry. A limited amount of bows will be available for purchase at the clinic as well. Any questions please email: [KingsleyCheerCoach@gmail.com](mailto:KingsleyCheerCoach@gmail.com) or contact Erin Lord at (231)633.2036.

# REGISTRATION FORM

Please mail along with payment to:

Erin Lord  
7475 Kingsley Road  
Kingsley, MI 49649

Make Checks Payable to:  
Kingsley Competitive Cheer

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Total Enclosed: \_\_\_\_\_

Will you be attending the game? \_\_\_\_\_Yes \_\_\_\_\_NO

## Liability Release Form

I, the undersigned parent or guardian do hereby grant permission to my child whose name is \_\_\_\_\_, and hereinafter shall be referred to as the "participant" to participate in the Kingsley Junior Cheer Clinic. In order that the participant may receive necessary medical treatment in the event of injury or illness, I hereby hold the events staff and participants harmless in the exercise of this authority.

I further acknowledge and understand that certain activities in cheerleading have inherent risks and can be dangerous if the participant fails to follow established guidelines,

I further hold harmless Kingsley School District including its representatives, students and staff for injury or illness incurred by the participant during the course of events.

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_