

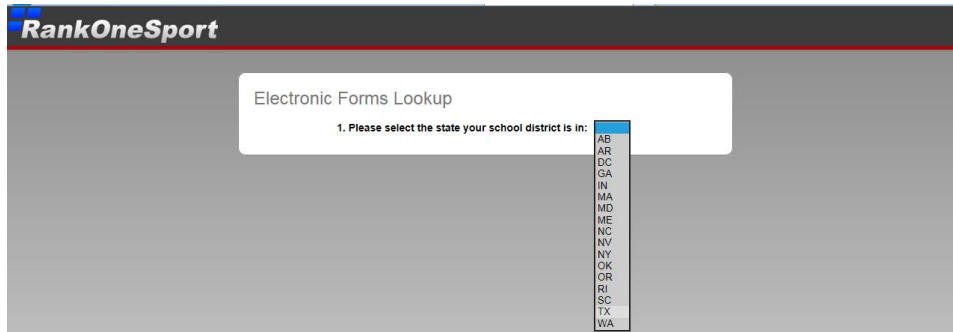
## Online Physical Packet Instructions

Search: [www.rankonesport.com](http://www.rankonesport.com)

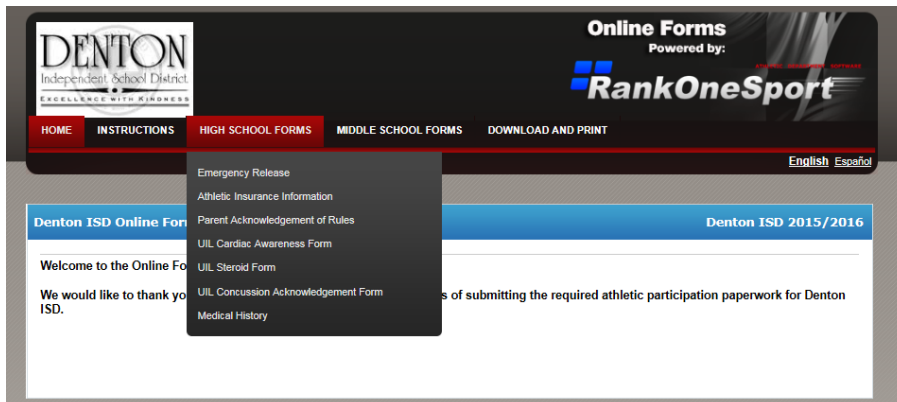
Click: FILL OUT ELECTRONIC FORMS (near the top right)



In the Drop-Down Menu, Select: TX



Scroll Down and Select: Denton ISD



**Click on High School Forms:** From here, you will follow each link to fill out all of the following forms:

The screenshot shows the Denton ISD Online Forms website. At the top left is the Denton Independent School District logo with the tagline 'EXCELLENCE WITH KINDNESS'. To the right, it says 'Online Forms Powered by: RankOneSport'. Below this is a navigation menu with 'HOME', 'INSTRUCTIONS', 'HIGH SCHOOL FORMS', 'MIDDLE SCHOOL FORMS', and 'DOWNLOAD AND PRINT'. The 'HIGH SCHOOL FORMS' link is highlighted. Below the navigation is a blue header with 'Denton ISD Online Forms' and a welcome message: 'Welcome to the Online Forms for Denton ISD!'. A table lists the following forms under the 'High School Forms' heading:

High School Forms
<a href="#">Emergency Release</a>
<a href="#">Athletic Insurance Information</a>
<a href="#">Parent Acknowledgement of Rules</a>
<a href="#">UIL Cardiac Awareness Form</a>
<a href="#">UIL Steroid Form</a>
<a href="#">UIL Concussion Acknowledgement Form</a>
<a href="#">Medical History</a>

At the bottom, there is an advertisement for 'Document Management' with the text 'Seamlessly Manage Your Documents. Solutions For Your Management Needs' and a blue square icon.

**Please Fill Out the Following Forms:**

- Emergency Release
- Athletic Insurance Information
- Parent Acknowledgement Form
- UIL Cardiac Awareness Form
- UIL Steroid Form
- UIL Concussion Acknowledgement Form
- Medical History

**Click DOWNLOAD AND PRINT:** The Pre-Participation Physical Evaluation (and Medical History) must be printed. The Physician will complete the Physical Evaluation, but the parent or guardian should complete the Medical History Page. These forms will be returned to the Athletic Trainer or Coach.

\*There is also an instructions tab for any questions.\*