

JAGUAR WRESTLING CAMP

Any 3rd - 7th graders interested
in wrestling are invited to come!

WHEN:

June 5, 2017 - June 15, 2017
Monday - Thursday
1:00pm - 3:00pm

WHERE:

Desert Ridge High School
Wrestling Room
10045 E. Madero
Mesa, AZ 85209

*This will be a basic fundamental
wrestling camp in which wrestlers
will be taught fundamentals of
takedowns, referees position, and
pinning combinations and tilts.*

Camp Director:

Travis Jackson
Cell: 970-946-5294
Email:
travis.jackson@gilbertschools.net

COST:

\$100 per wrestler
**Please make checks payable to: Desert
Ridge Strength & Speed*

Send checks to:
Desert Ridge High School
ATTN: Travis Jackson
10045 E. Madero
Mesa, AZ 85209

SCHEDULE:

Week 1

Monday: Takedowns & Live Wrestling
Tuesday: Review, Referees Position & Live Wrestling
Wednesday: Review, Pinning Combinations & Live Wrestling
Thursday: Review, Pinning Combinations & Live Wrestling

Week 2

Monday: Takedowns & Tilts, Live Wrestling
Tuesday: Review, Referees Position & Live Wrestling
Wednesday: Review, Pinning Combinations & Live Wrestling



Thursday: Mini Tournaments

Student Name:

Grade: _____

School: _____

Phone:

Email:

"As a condition precedent to participating in the Jaguar Wrestling Camp, I, as the parent and/or legal guardian of _____ agree to maintain health insurance for my son/daughter while he/she participates in this club. If I do not maintain health insurance for my son/daughter, I agree to purchase the student accident insurance policy offered by the camp through the school district."

Parent/Guardian Signature

Date