

John F. Kennedy High School

2017-2018

Spirit Tryouts

★ Varsity Poms ★

**Information
Packet**



★ JOHN F. KENNEDY CAVALIERS ★

**1901 Randolph Road
Silver Spring, MD 20902**

**Principal: Mr. Joe L. Rubens
Athletic Director: Mr. Walter Hardy**

Dear Candidate:

Thank you for your interest in the **2017-2018 John F. Kennedy Spirit Tryouts** for Varsity Poms. The purpose of our extra-curricular organizations is to promote school spirit and uphold the standards of John F. Kennedy High School. As a member of Poms, you can show your Cavalier Pride through performances, competitions, and community events.

This can be a truly rewarding experience, but it is also a **TREMENDOUS TIME COMMITMENT and can be costly**. These are organizations that require your earnest effort and sincere dedication. Be aware of these facts as you prepare to take on the responsibilities of representing John F. Kennedy High School.

This packet has been prepared to familiarize you with our organization. Please read all of the information **CAREFULLY**. You will find the basic qualifications to become a member are not difficult to achieve. Aside from an **academic 2.0 minimum GPA requirement**, you must have pep and enthusiasm, want to be involved, enjoy performing, and be willing to work hard. (Specific guidelines for evaluating the tryout performances are stated later in this packet.)

To participate in the 2017-2018 JFK Spirit Tryouts, you must complete and submit the **permission form and Student/Parent Athletic Participation Information form**. Additionally, you must have a **VALID athletic physical documented on the MCPS Health Inventory Form, and Medical Card**. Please note: Athletic **physicals are only valid for ONE calendar year**. Be sure yours is dated **after February 22, 2017** and that it will last throughout the entire tryout process and winter season. **All paperwork is due** at the time of clinics.

Permission form and Student/Parent Athletic Participation Information form

http://montgomeryschoolsmd.org/uploadedFiles/departments/athletics/parent/parent_student_contract.pdf

MCPS Health Inventory Form (Athletic Physical documented, page 4)

<http://www.montgomeryschoolsmd.org/departments/forms/pdf/SR-8.pdf>

Medical Card (front and back)

<http://www.montgomeryschoolsmd.org/departments/forms/pdf/560-30.pdf>

If you or your parents have any questions, please feel free to contact:

Mrs. Michalyn Jones-Hanna, Varsity Poms 301-922-0966 jfk.poms@gmail.com

Thank You and Good Luck!

★ What are we all about? ★

The purpose of our extra-curricular organization is to promote school spirit and uphold the standards of JFKHS.

Varsity Poms

- ★ varsity athletic sport
- ★ two seasons : fall, winter
- ★ 18 – 28 members: grades 9 – 12
- ★ precision and technical dance; pom, kick, jazz and hip-hop styles
- ★ pre-game and halftime performances at all home varsity football games
- ★ halftime performances at most home boys & girls varsity basketball games
- ★ participation in two local competitions and the MCPS Pom Championships
- ★ hosts and performances at various school and community events

Let's
Go
Cavaliers!

★ Tryout Procedures ★

Candidates must submit the following forms:

- ★ Complete Spirit Tryout Information Form with signed parent permission
- ★ Valid MCPS Health Inventory Form **(dated after February 22, 2017)**
- ★ Medical Card

The tryout process will consist of:

- ★ 3 clinics (including conditioning, techniques, and learning 1 routine)
- ★ 1 formal audition

ALL CLINICS ARE MANDATORY!

However, should a candidates need to miss a clinic, they must inform the coach at least 4 hours prior to the start of clinics

All clinics will be held at Kennedy High School, Dance Studio, room # 285.
Clinics are closed – **friends and family may not attend.**

Candidates must bring a water bottle to clinics, be dressed appropriately, and be ready to practice at the stated times.

For clinics, candidates need to wear a fitted t-shirt or fitted tank top with shorts (jazz slippers are suggested). Hair should be out of the face, **NO JEWELRY** of any kind is permitted. **For the formal audition, candidates MUST wear** a fitted t-shirt or tank, shorts, with jazz/dance shoes. Hair should be out of the face and **NO JEWELRY** of any kind. **CLOTHING SHOULD NOT INDICATE PAST TEAM AFFILIATION.**

Candidates will tryout in groups of three and are free to choose their own partners/groups. In addition to the group performance, the candidates will participate in an **individual performance and in a dance formation with other candidates to perform various skills.**

★ Tryout Schedule ★

Monday, June 12	Clinic	3:45 - 5:45 p.m.
Tuesday, June 13	Clinic	3:45 - 5:45 p.m.
Wednesday, June 14	Clinic	3:45 - 5:45 p.m.
Thursday, June 15	Final Auditions	3:45 - 6:00 p.m.

★ Judging Criteria ★

These are the general criteria that will be used to evaluate candidates during clinics and the formal tryout performance.

Knowledge
Precision & Dance
Performance Ability
Technique

**A panel of judges may or may not be used during the formal audition.
However, the Coach has the FINAL AUTHORITY IN MEMBER SELECTION.**

In conjunction with the formal tryout scores and teacher comments, the Coach will consider each candidate's past history/experience on this or any team, ability to learn required material, execution of technical skills, and ability to be a beneficial team member (work ethic, commitment, dedication, cooperation, and attitude) when making selections.

★ Tryout Results ★

Final Team Selections will be made
on Saturday, June 17 and will be posted on Kennedy Athletics.

www.kennedyathletics.org
Click on Fall Sports > Poms

★ Financial Information ★

The chart below outlines purchases for the upcoming school year. Since catalog prices are subject to change and shipping fees often vary, amounts are approximate. Other expenses (professional team & individual photos, performance videos, squad bonding activities, uniform cleaning) may arise throughout the year, but will be kept to a minimum.

Item	Size	Quantity	Cost	Total	Due Date
*Dance Clinic	N/A	N/A	\$25		More info will be provided
*Practice Wear			TBD		More info will be provided
Jazz Slippers			\$35		
Dance Sneakers			\$60-80		
Performance Pants			\$39		
Pom Hair Bows (4)	N/A		\$22 -\$25		
Team warm-up jacket			\$40		
Pom Bag (optional)	N/A		\$35		
Pom T-shirt(s)			2/\$25		

Clinic wear- black or white fitted tank top or fitted t-shirt
 black yoga pants or shorts
 jazz slippers, footsies, sneakers/running shoes for conditioning

***Practice wear** is required for practices. Members/parents will be informed of the cost.

***Dance Clinic** is for official squad members. More information will be provided (dates, location, and times).

Let's
Go
Kennedy Cavalier Poms!

2017-2018 Spirit Tryouts

★ Varsity Poms

Information & Permission Form

DUE on Monday, June 12, 2017

Name _____ Student ID # _____

Address _____

City, State, Zip _____

Home Phone _____ Date of Birth _____

Student's Email Address _____

Student's Cell Number _____ Current Grade _____

Parent/Guardian's Name _____

Parent/Guardian's Email _____

My MCPS Health Inventory Form is included valid* (dated after February 25, 2017)
* Date of most recent physical evaluation: _____

* Health Concerns: _____

*** Note: Poms is a two-season sport: Fall and Winter**

Do you have any dance experience? _____ If so, share with us: _____

I, the above named student, have read and understand the information in the 2017-2018 Kennedy Spirit Tryout Packet.

Sign _____ **Date** _____

I, the parent/guardian of the above named student, have also read the information in the 2017-2018 Kennedy Spirit Tryout Packet. I give permission for my student to participate in this tryout. I fully understand that the school and coaches will take every reasonable precaution to prevent accidents, but that they will not be responsible if any accident occurs.

In case of emergency, I can be reached at (_____) _____ ext. _____

Sign _____ **Date** _____

TEACHER Recommendation Form

GUIDELINES: Students interested in trying out for Kennedy Cavalier Poms must have this form signed by four (4) teachers and a parent prior to participating in the clinics and formal audition (June 12-June 15). Students who do not submit a completed teacher recommendation form will not be eligible to participate in tryouts.

Teachers: Thank you in advance for taking the time to complete this form. If you have any specific questions or concerns, please email: Michalyn Jones-Hanna jfk.poms@gmail.com

Students: Please remember that you are a student first. Your academic standing will determine your participation in the Kennedy Athletic Program. **Achievement in the classroom** is your first commitment to Kennedy Cavalier Varsity Poms.

Parents: Please sign this completed form indicating that you have reviewed the comments, current grades, and that you understand the guidelines for the recommendation form.

Candidate's Name: _____

Please check (✓) the appropriate box

GRADE _____	Always	Often	Rarely	Improvement needed		GRADE _____	Always	Often	Rarely	Improvement needed
Attends class regularly						Attends class regularly				
Arrives to class on time						Arrives to class on time				
Completes assignments						Completes assignments				
Appropriate behavior						Appropriate behavior				

Current grade (GPA): _____ Class Period: _____

Current grade (GPA): _____ Class Period: _____

Teacher's name: _____

Teacher's name: _____

Teacher's Signature: _____

Teacher's Signature: _____

GRADE _____	Always	Often	Rarely	Improvement needed		GRADE _____	Always	Often	Rarely	Improvement needed
Attends class regularly						Attends class regularly				
Arrives to class on time						Arrives to class on time				
Completes assignments						Completes assignments				
Appropriate behavior						Appropriate behavior				

Current grade (GPA): _____ Class Period: _____

Current grade (GPA): _____ Class Period: _____

Teacher's name: _____

Teacher's name: _____

Teacher's Signature: _____

Teacher's Signature: _____

Comments:
