



Basketball

Player Handbook

Player Name (Print): _____

Player Signature: _____ Parent Signature: _____

Eaton Basketball – Player Handbook

Academics

Eaton High School believes that academics are very important. A three strike policy will be enforced for academics. After a student athlete has appeared on the failing list for a third time during the season they will be removed from the team so that the student athlete will be able to focus on their academics.

Athletic Training Rules

Review the athletic training rules that you, as a student athlete, and your parent/legal guardian signed. Once you become a member of a sports team at Eaton High School, the athletic training rules are in effect for the entire school year.

Hazing

Any form of initiation of any player which involves intimidation, harassment, assault, or any other form of initiation will result in immediate dismissal from the team and possible legal consequences.

Player Conduct and Responsibilities

The conduct of a player is expected to be at a high level, and deviations from this expectation could be detrimental to the player's progress.

- Be ON TIME, including practice, meetings, departure times, games, and any other team function. Tardiness to any of the above will not be tolerated and may result in extra conditioning, loss of play time, or dismissal from the team if it becomes habitual.
- Two unexcused absences will result in dismissal from the team. If you are sick you are still expected to be at practice. If there is an emergency and you are unable to attend practice you must notify me (leave a message) at school (970-454-5163).
- Pre-arranged absences need to be kept to a minimum. Although these absences are excused they can be detrimental to the player's progress.
- Missing practice will result in missing game time. This will be determined by the coaching staff. Players who are habitually missing practice may be dismissed from the team.
- It is expected that all student athletes be in attendance on game days and on practice days for at least ½ the school day.

Practice With Outside Groups

Members of any high school sports program may not practice with a non-school team without prior approval of the high school principal.

Game Days

- On away games we will go and return as a group. You are required to go and return to Eaton High School on the bus. You may travel home with your immediate family if all paperwork is completed and you have communicated with the coaching staff. If you miss the bus, you will not be allowed to play.
- While traveling, we are a reflection of EHS to everyone whom we come in contact with. You not only represent yourself, but you represent your family, your fellow teammates, the coaching staff, the school, and the community. Make a positive representation. Players are expected to remove hats while indoors along with headphones and be respectful at all times.
- Varsity players will need to be at the gym at the start of the JV game. The team will sit in the bleachers as a group, concentrating on the upcoming game.
- A technical foul called on a player during a game for his behavior will result in removal for the rest of the game. Certain situations and circumstances may arise when the player may return to the game. This will be determined by the coaching staff.
- Any player ejected from a game shall be disqualified for the remainder of that game. In addition, the player shall be ineligible for the next scheduled game.
- Any player leaving the bench area when a fight occurs during a game will be ejected from that game, and shall be ineligible for the next scheduled game.
- Taunting is an unsportsmanship offense which may result in ejection from that game and shall be ineligible for the next scheduled game.
- Treat game officials in a courteous manner at all times. Talking back, foul language, facial, or bodily expressions will not be tolerated. Never set the ball down on a call; always hand the ball to the official. I will handle the officials; you will play the game.
- Bench Behavior – Enthusiasm is contagious and consequently encouraged. Every player on the bench is important to the team and must assume a positive attitude at all times. When a player comes out of a game, he should sprint off the court. Players on the bench should applaud “positive plays”. The bench will count down the last 10 seconds of each quarter when we have the ball. Immediately after the game, we will pick up our bench area of any trash.
- Dress for Games – Seniors will decide how we dress as a team on game days.

Lettering Guidelines

To earn a letter in basketball you must:

- Be a varsity player who plays in a minimum of 38 quarters at the varsity level and completes the season in good standing.
- Be a sub-varsity player who plays in a minimum of 38 quarters at the varsity level and completes the season in good standing.
- Be a member of the traveling squad of 12 for a state qualifying team and completes the season in good standing.

To earn a letter as a basketball manager you must:

- Adhere to your duties and responsibilities as a manager and complete the season in good standing.

Athletic Training Room / Trainers

1. No one will use or handle any of the training equipment or supplies without the permission from the trainer.
2. An athlete requiring taping needs, or any other service from the trainer, needs to allow enough time to get taped before the start of practice. "I was getting taped" will not be an excuse for being late to practice.
3. Follow all of the trainer's guidelines and or instructions. The coaching staff will be informed as to your ability to practice/compete and limitations you should observe.

Policy and Procedures for contacting coaches

1. Player talks to his coach
2. Player talks to the head coach
3. Parent may talk to the head coach
4. Parent may contact the athletic director

A player/parent who contacts a school administrator who has not followed this procedure is referred to the policy and back to the coach.

Coach Information

Dean Grable – Head Coach
(970)-454-5163 *School*
(970)-217-2271 *Cell*
dgrable@eaton.k12.co.us

Amy Ross – JV Coach
(970)-454-5238 *School*
(970)-381-5280 *Cell*
aross@eaton.k12.co.us

Cameron Stewart – C Coach
(970)-371-8567 *Cell*
cam_stewart15@hotmail.com