



“Success doesn’t just come and find you, you have to go out and get it.”



**“Coming together is the beginning.
Keeping together is progress.
Working together is success.”**



Questions?

Please contact YHS Head Coach
Barbie Langhoff at
blanghoff@y115.org
or by phone at (630) 553-4380

Camp Location
Yorkville High School Gymnasium
797 Game Farm Road, Yorkville, IL 60560



Is Volleyball Camp Right For Me?

The Yorkville High School Volleyball Camp will provide each camper with fundamental training based on the skills and age level of each individual player. In no way is experience or talent a prerequisite for the camp. Training will include breaking down and teaching the various aspects of volleyball and putting each camper through a variety of drills, each of which will take into account the individual capabilities of the athlete. With this being said, those thinking of participating in the camp should not be discouraged by lack of prior experience or knowledge about the sport. The intention of volleyball camp is to learn more about volleyball and have fun along the way!

What Should I Bring?

Campers should bring indoor court shoes and knee pads if desired.

**Yorkville
Volleyball Camps
2017**



Elementary (grades 3rd-6th)

Starting Date: Monday July 10th
Ending Date: Friday July 14th
Time: 9am-10:30am

Skills Camp (grades 8th-12th)

Starting Date: Monday July 10th
Ending Date: Friday July 14th
Setting and Hitting Camp Time: 11am-12pm
Serve Receive and Defense Time: 12pm-1pm

Middle School (grades 7th-8th)

Starting Date: Monday July 17th
Ending Date: Friday July 28th (Monday-Friday only)
Time: 9am-11am

High School (grades 9th-12th)

Starting Date: Monday July 17th
Ending Date: Friday July 28th (Monday-Friday only)
Time: 11:30am-2pm

Volleyball Camp Application

**Application due JUNE 30th
Camper's Information**

Name: _____

Home Phone _____

(Emergency Name & Number)

Grade in 17-18 school year : _____

Summer Camp Selection (check all that apply):

_____ Elementary Camp (entering 3rd-6th)
July 10th-14th

_____ Middle School Camp (entering 7th-8th)
July 17th-28th (Monday-Friday only)

_____ High School Camp (entering 9th-12th)
July 17th-28th (Monday-Friday only)

Individual Skills Camp (entering grades 8th-12th)
July 10th-14th:

check all that apply

_____ Setting & Hitting

_____ Serve Receive & Defense

Shirt Size: (Circle one)

Youth S M L XL

Adult S M L XL

As a parent of _____, I hereby give my permission for my child to participate in the YHS Volleyball Camp and acknowledge the fact that she is physically able to participate in the camp activities. I further understand that any Yorkville High School staff member, personnel, or Yorkville School Board Member will in no way be held liable for any accident or injury at the camp by my child.

Parent/Guardian

Date

2016 YHS Volleyball Highlights



- Overall record of 27-9
- 2nd in Conference
- Oswego High School Invite Champions
- Joliet Central Invite Champions for the 3rd year in a row
- Two unanimous and two honorable mention all conference selections

Camp Expectations

Good conduct is expected from all Yorkville Volleyball Players. The same code of conduct will be expected of our campers. We are proud of our players on and off the court, and our staff will demand **good sportsmanship and behavior** at the camp.

Injuries

Should any injuries deemed serious by the staff occur, the parent and/or guardian will be notified.

Want to Attend Camp?

Please detach the **Camp Application** and send to the following address by June 30th. Any applications submitted after this date will be charged an additional \$10. Cash and checks will be accepted. Checks can be made payable to Yorkville High School.

Barbie Langhoff
797 Game Farm Road
Yorkville, IL 60560
E-mail: blanghoff@y115.org



Camp Details Elementary Camp

Age Level: Campers entering 3rd-6th grade

Date: Monday July 10th-Friday July 14th

Time: 9am-10:30am

Price: \$50 (includes a t-shirt)

Details: Campers will learn the basic fundamentals of volleyball including movement, passing, setting, serving, and blocking. Participants will put through various drills and have fun playing a variety of games!

Middle School Camp

Age Level: Campers entering 7th-8th grade

Date: Monday July 17th- Friday July 28th (M-F only)

Time: 9am-11am

Price: \$75 (includes a t-shirt)

Details: Campers will review and practice basic volleyball skills such as passing, blocking, hitting, setting and serving and will be introduced to the more advanced aspects of the game such as defense, serve receive, rotating and offensive options.

High School Camp

Age Level: Campers entering 9th-12th grade

Date: Monday July 17th- Friday July 28th (M-F only)

Time: 11:30am-2pm

Price: \$75 (includes a t-shirt)

Details: All skills will be reviewed and campers will be put through various high intensity and fast paced drills where they will apply those skills in game like situations. Instruction will be differentiated based on each camper's ability level and more advanced aspects of the game such as offensive systems and reading will be introduced.

Individual Skills Camp

Age Level: Campers entering 8th-12th grade

Date: Monday July 10th-Friday July 14th

Time: Setting & Hitting- 11am-12pm

Serve Receive & Defense- 12pm-1pm

Price: 1 camp for \$25 or both skill camps for \$35

Details: Fundamentals in each skill area will be broken down and instruction will be individualized for each camper. Participants will receive in depth training and multiple reps for their respective skill area.