

— 2023 —

NATIONAL SENIOR GAMES
FAN GUIDE



National
Senior Games
Association

SportsPITTSBURGH 

MY ATHLETE INFORMATION

Name _____

State _____

Sport(s) _____

Venue(s) _____

What days do I play? _____

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2023 RESULTS

BRIDGING CHAMPIONS

— *through the ages* —



PITTSBURGH BUCKET LIST

- Ride the Duquesne or Monongahela Incline
- Order a sandwich at Primanti Bros.
- Visit the Andy Warhol Museum
- Kayak on the Three Rivers
- Eat fries on a salad
- Attend a sporting event
- Explore one of the Carnegie Museums



2023 NATIONAL SENIOR GAMES FUN FACTS

10,097*

Registered Athletes

*Pittsburgh hosted games; excludes softball

19

Unique Events

Representatives from

50

States

Representatives from

8

Countries

States with highest number of attendees:

1. Ohio
2. Pennsylvania
3. Maryland
4. Florida
5. North Carolina

Friday, July 7

2023 FLEET FEET LIBERTY MILE

7 p.m.

Liberty Avenue, Downtown Pittsburgh
libertymile.org

Run (or walk!) your BEST. MILE. EVER. at the Fleet Feet Liberty Mile, right in downtown Pittsburgh! The event organizer - P3R - has created a special heat for this one-mile race exclusive to National Senior Games Athletes.

Saturday, July 8

FLAME ARRIVAL CEREMONY

7:30-9:30 p.m.

David L. Lawrence Convention Center Rooftop
sportspittsburgh.com

Join the official kickoff of the 2023 National Senior Games!

Enjoy Pittsburgh-themed entertainment including the Pittsburgh Steeline and grab photos with the iconic Mrs. T Pierogies.

Don't miss the live viewing of the flame arrival and cauldron lighting or the Sky Elements drone show.



Sunday, July 9

BLOCK PARTY at THE TERMINAL

10 a.m. - 2 p.m.

The Terminal, Strip District
sportspittsburgh.com

Explore the iconic Strip District neighborhood during the National Senior Games Block Party at The Terminal! A little under a mile away from the Athlete Village, we encourage you to bring family and friends to all the fun including:

- Live Music
- The Chalking Dad - Interactive Art Installation
- Games
- Caricature Artist

The Strip, as it's called, is a foodie heaven and as authentic as it is fun. Locals love it for its low, low prices and tremendous selections. The half-square-mile shopping district is chock full of ethnic grocers, produce stands, meat and fish markets and sidewalk vendors. Breathe deep because you won't want to escape the splendid aromas of fresh-roasted coffee or just-baked bread.



Tuesday, July 11-Sunday, July 16

THE SOUND OF MUSIC

Benedum Center, Downtown Pittsburgh
pittsburghclo.org

One of the World’s Most Beloved Musicals Returns to Pittsburgh CLO. Enjoy this live performance and cherished songs, including “Climb Ev’ry Mountain,” “My Favorite Things,” “Do Re Mi,” “Sixteen Going on Seventeen” and the title number. Use code **CLOSOMSR** for 15% off your ticket!

*Not valid on previously purchased tickets or in combination with any other offer. Not valid on Price Scale E.

Saturday, July 13-Sunday, July 15

BLACK MUSIC FESTIVAL

Point State Park & Market Square, Downtown Pittsburgh
stoptheviolencepgh.com

Music Lovers, get ready for the 2023 Pittsburgh Black Music Festival, a free, family-friendly celebration of Black Music in Downtown Pittsburgh.

The City of Pittsburgh is a hub for Jazz music and the birthplace of many internationally renowned jazz artists. The Pittsburgh Black Music Festival showcases and celebrates the city’s rich jazz heritage.



Friday, July 14

CELEBRATION OF ATHLETES

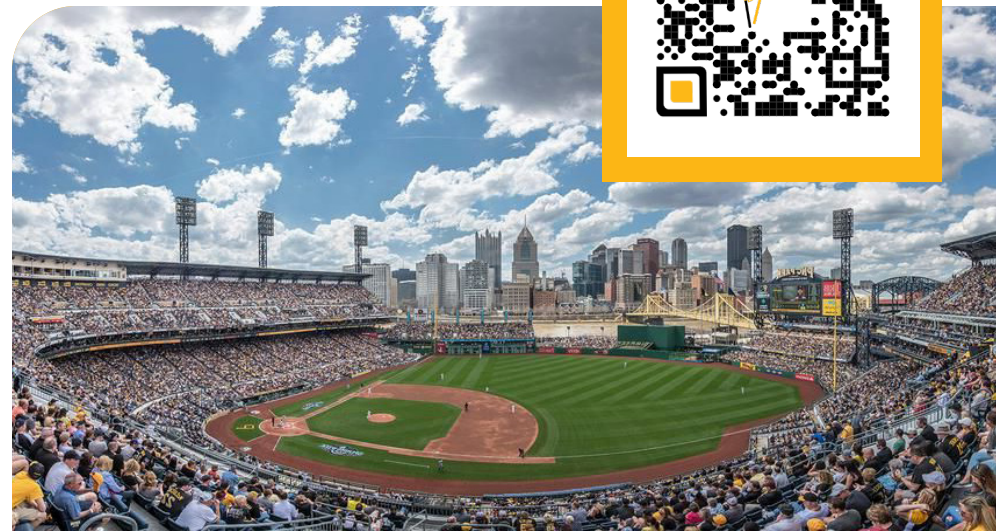
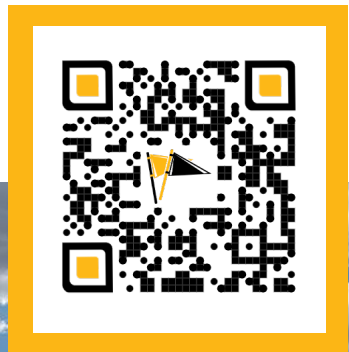
7:05 p.m.
PNC PARK
sportspittsburgh.com

Join us as we recognize the 10,000+ athletes descending on Pittsburgh at the Pittsburgh Pirates vs. San Francisco Giants game at 7:05 p.m. on Friday night!

A pre-game parade for all registered athletes will take place on the field to kickoff the festivities, followed by a ceremonial first pitch, passing of the torch and much more!

Registered athletes must arrive outside the stadium at Mazeroski Way at 5 p.m. to begin staging for the on-field parade.

Scan this code with your phone to access the **Celebration of Athletes Frequently Asked Questions:**



Friday, July 14-Sunday, July 16

NORTHSIDE MUSIC FESTIVAL Historic Deutschtown, Northside northsidemusicfestival.com

The inaugural Northside Music Festival will take place July 14-16 within the heart of Historic Deutschtown on Pittsburgh's Northside. The free, three-day event will feature 65 bands, art vendors, and more than 30 food trucks.

In addition to music, the festival will feature numerous art vendors, food and family-friendly activities. Don't miss this opportunity to enjoy some great music and food in a beautiful setting.

Friday, July 14-Sunday, July 16

PITTSBURGH VINTAGE GRAND PRIX **HISTORICS at PITT RACE** Pittsburgh International Race Complex pvgp.org

Experience the heart-pounding thunder of the PVGP Historics at Pittsburgh International Race Complex. The Pittsburgh Vintage Grand Prix is the nation's largest vintage street race and the largest vintage race event, spanning 10 days with two race weekends, car shows, parties, parades and motorsport events.

Show your credentials at the gate and receive a \$30 ticket for the discounted price of \$20!

Saturday, July 15

PITTSBURGH RIVERHOUNDS vs DETROIT 7 p.m. Highmark Stadium riverhounds.com

Cheer on Pittsburgh's professional soccer team at the beautiful Highmark Stadium while the team takes on Detroit City!

Tickets have been reserved in the Supporter Section (General Admission) seats for \$10 and Edgeview Seats (Section 108) for \$15.

Don't miss out on this incredible opportunity! Grab your special offer tickets today and experience Pittsburgh's sports while taking in breathtaking city views!

Scan this code with your phone to
purchase discounted tickets:



SENIOR SAVINGS SCORECARD

We can't wait to welcome you to Pittsburgh for the National Senior Games! To help with planning your trip or for using while you're in town, we made the Senior Savings Scorecard along with participating businesses to help save you money and see even more during your visit. From restaurants and breweries to tours, shopping and spas, everyone is getting in on the fun!

Save 15%* off at participating businesses when you show your National Senior Games Credentials July 7-18, 2023.

Scan this code with your phone for a digital map and list of participating businesses:



*Exclusions apply. Scan the QR code for complete business listings and specifications.



DOWNTOWN

306 Forbes Boutique
412-338-2222
306forbesboutique.com
306 Forbes Ave.

A local, women-owned business located in the heart of downtown Pittsburgh.

Arcade Comedy Theater
412-339-0608
arcadecomedytheater.com
943 Liberty Ave.

Arcade Comedy Theater inspires joy and nurtures community-building by connecting artists and audiences with the dynamic artform of comedy. With exceptional performances and educational offerings, Arcade entertains and uplifts Pittsburgh audiences and beyond.

Boutique La Passerelle
412-434-1325
shop-blp.com
417 Wood St.

At BLP you'll find European clothing brands you won't find anywhere else in the U.S. or online.

Cadence Cellars Speakeasy
412-912-9134
cadenceatthestrip.plus
2400 Smallman St.

A modern day speakeasy, this renovated space features made from scratch cooking, including lunch, shareable plates and full dinner service.

Five Iron Golf
315-613-4653
fiveirongolf.com
2 PPG Place

Five Iron Golf aims to make golf for everyone by delivering a dynamic, entertaining, and inclusive way to experience golf. Five Iron has quickly re-shaped urban golf culture by putting a modern spin on an old classic.

Fresh Nostalgia
412-586-7304
freshnostalgia.com
143 Sixth St.

A unique, whimsical, eclectic & vintage inspired fashion boutique catering to creative professionals in the Pittsburgh area and beyond.

Freshii
412-430-0318
freshii.com
501 Grant St.

Freshii offers the same kind of options you might find at "mom-and-pop" delis, but with fresh branding and elevated service. A great option for healthier breakfasts and lunches, as well as juices and smoothies.



Howl at the Moon

412-866-4695
howlatthemoon.com
125 Seventh St.

Get ready for the most unique nightlife experience in the country! Come sing, dance and howl as the most versatile and talented musicians perform your favorite songs from 80s rock, 90s pop and today's dance hits on pianos, guitars and more in a high-energy show!

Kayak Pittsburgh

412-255-0564
ventureoutdoors.org
Downtown, Sharpsburg & North Park

Rent kayaks, stand-up paddle boards, canoes and pedal boats from one of the organization's three locations. Participants can use the code **NATIONALSENIORGAMES** at checkout for 15% OFF Kayak Rentals at any location.

Liberty Magic

412-456-6666
trustarts.org/magic
811 Liberty Ave.

Located at 811 Liberty, on the same block where Harry Houdini mesmerized Pittsburgh crowds in 1916, Liberty Magic is an intimate, speakeasy performance space dedicated to the art of sleight of hand and prestidigitation. Participants can use promo code **GAMES15** for discount online, over the phone or at the box office.

Pittsburgh Cultural Trust for Architects of Air: Daedalum

trustarts.org/architectsofair
The Backyard at 8th & Penn
An awe-inspiring, immersive inflatable sculpture known as a "luminarium," Daedalum's core element is a maze of 17 egg-shaped domes & the arrangement of their translucent dome tops and pods, designed to produce vistas and hues of considerable variety and subtlety.

Primo Hoagies

412-587-0950
primohoagies.com
526 Penn Ave.

Considered a gourmet sandwich franchise featuring Thumann's gourmet cheeses and meats in proprietary hoagies and other sandwiches.

Redbeard's

412-261-2324
redbeardspgh.com
144 Sixth St.
Redbeard's is a casual restaurant and bar, with locations in Downtown Pittsburgh and Mt. Washington, offering classic American cuisine and delicious brews.



Sullivan's Steakhouse

412-775-4000
sullivanssteakhouse.com
600 Grant St., Lower Lobby
Step into Sullivan's for hand-cut steaks, fresh seafood, signature cocktails and the chance to unwind to the sounds of jazz music and a friendly, familiar atmosphere. Offer not valid on alcohol or happy hour pricing.

The Simple Greek

724-261-4976
thesimplegreek.com
432 Market St.
Simple Greek is a fast-casual restaurant offering meals made-to-order.

STRIP DISTRICT

City Grows

412-203-1473
citygrowspgh.com
1659 Smallman St.
This organic garden & gift shop offers seeds, potted plants, soils, amendments, pots, tools and more. Enjoy 10% off!

Mayweather Boxing + Fitness

412-737-0366
mayweather.fit
1647 Smallman St.
Mayweather's offers coach-led boxing workouts designed by Floyd himself to make your best even better. You'll leave class feeling undefeated with that post-workout glow. Enjoy one free week!

OnPar Now

412-849-1617
onparnow.com
1669 Smallman St.
OnPar Now offers a welcoming environment where beginners can learn the basics and golfers of all levels can hone their skills.

The Burgh Bus

412-324-4134
burghbus.com
1027 Penn Ave.
The Burgh Bus offers interactive comedy shows, sightseeing tours, themed rides, shuttle services and party bus rentals. This is not your average bus, so bring your smiles, good vibes and enjoy the ride!

Walk Run Lift Studio

walkathome.com/studio
1913 Smallman St.
FREE Walk Run Lift Classes for the amazing Senior Athletes: Saturday, July 8 at 10 a.m. and Monday, July 10 at 5:30 p.m.

Wigle Whiskey

412-224-2827
wiglewhiskey.com
2401 Smallman St.
Wigle Whiskey is a small-batch, craft whiskey distillery.



NORTH SHORE/ NORTHSIDE

40 North

412-435-1111

40northpgh.com

40 W. North Ave.

40 North is the restaurant by City of Asylum, nestled in Pittsburgh's historic Mexican War Streets on the city's North Side.

Children's Museum of Pittsburgh

412-322-5058

pittsburghkids.org

10 Children's Way

The mission of Children's Museum of Pittsburgh is to provide innovative and inclusive museum experiences that inspire kindness, joy, creativity and curiosity for all learners.

City of Asylum Bookstore

412-435-1112

cityofasylumbooks.org

40 W. North Ave.

City of Asylum creates a thriving community for writers, readers, and neighbors. It provides sanctuary to endangered literary writers, so that they can continue to write and their voices are not silenced.

Mike's Beer Bar

412-322-2337

mikesbeerbar.com

100 Federal St.

Located across the street from PNC Park, Mike's Beer Bar is a premier craft beer destination in Pittsburgh. With 80 rotating taps and more than 500 beers, you are sure to find the perfect beer for any occasion.

Moonshot Museum

412-314-4111

moonshotmuseum.org

1016 N. Lincoln Ave.

Moonshot is a museum like no other – one where you can watch the real-time assembly of lunar spacecraft, go on your own immersive lunar mission and find your place in the future of human space exploration.

North Shore Tavern

412-465-9865

northshoretavern.com

120 Federal St.

Located on Federal Street directly across the street from PNC Park, North Shore Tavern is ideal for lunch, happy hour or enjoying dinner and a drink before, during, or after events happening throughout the Downtown Pittsburgh area.

Shorty's Pins x Pints

412-904-4450

shortysx.com

252 North Shore Drive

Shorty's is a newfangled laid-back spot with a decidedly old-school vibe. Classic cocktails, ice cold pints & Latin-inspired street food are mixed liberally with retro-gaming like duckpin bowling, pinball, darts, shuffleboard & bocce. Outside, camp-style fire pits are the perfect place to cozy up & hang out with friends.

Steelers Hall of Honor Museum and Acrisure Stadium Tours

412-697-7150

steelers.com/museum

943 Liberty Ave.

Located in Acrisure Stadium, the Steelers Hall of Honor Museum is dedicated to promoting, preserving and celebrating Steelers football. Use promo code **Seniorgames2023** when booking either of the experiences for the following:

July 9: Museum only

July 10: Museum only

July 11 – 18: Stadium or Museum

SOUTH SIDE

ASCEND South Side

412-745-2141

ascendclimbing.com

2141 Mary St.

ASCEND strives to provide the best climbing and fitness experience for their customers. From excellent equipment to knowledgeable staff, this gym is a top-notch operation. Offer valid for day passes only.

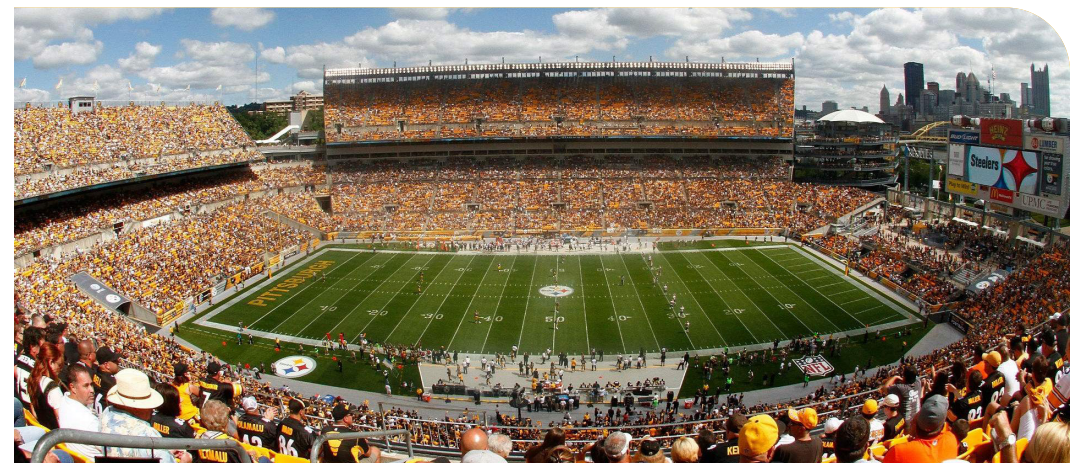
Rush Hour Boat Charter

412-855-7874

rushhourboatcharter.com

Station Square

Rush Hour Boat Charter offers clients a new style of charter boat service in Pittsburgh. Their mission is to provide a more intimate setting to enjoy & experience the city via the three rivers. Personalized boat tours for small groups to enjoy and explore Pittsburgh & the surrounding area can be arranged to fit your interests.



LAWRENCEVILLE/ MILLVALE

11th Hour Brewing Co.

412-676-8034

11thhourbrews.com

3711 Charlotte St.

Nestled in the heart of historic Lower Lawrenceville, this taproom is the perfect location for craft beer lovers & newbies.

ASCEND Point Breeze

412-745-7443

ascendclimbing.com

7443 Thomas Blvd.

ASCEND strives to provide the best climbing and fitness experience for customers. From excellent equipment to knowledgeable staff, this gym is a top-notch operation.

Lawrenceville Pet Supply

412-223-5467

5152 Butler St.

A locally owned and trusted pet supply store. Many of its products come from local, small business owners and are made with organic, natural and grain-free ingredients.

Salty Paws Pittsburgh

412-251-0294

saltypawspittsburgh.com

4126 Butler St.

Salty Paws is the first Doggie Ice Cream Shop in the country. Some may say its a dog restaurant so pet friendly that customers can sit at tables while enjoying their treats!

Songbird Artistry

412-427-5500

songbirdartistry.com

4316 Penn Ave.

This boutique in Pittsburgh's Lawrenceville neighborhood features one-of-a-kind and hand-made items, including mosaics, jewelry and screen printed apparel.

The Church Brew Works

412-688-8200

churchbrew.com

3525 Liberty Ave.

Enjoy beers brewed in-house, Pittsburgh classics like pierogi & bratwurst, or a freshly baked pizza at this restaurant housed in a former church.

The Maxo Vanka Murals

412-821-3438

vankamurals.org

24 Maryland Ave.

Maxo Vanka's 25 powerful murals are one of Pittsburgh's hidden gems. Painted in two intense periods - 1937 and 1941 - in a church high above Millvale, the murals' timeless tales leave viewers awestruck.

Total Peace and Wellness

412-709-6199

totalpeaceandwellnesscbd.com

4213 Butler St.

Total Peace & Wellness is dedicated to providing you the purest high quality hemp CBD products. Every product is third-party lab tested and made in the USA.

ALLEGHENY COUNTY

Eat'n Park (Various locations)

eatnpark.com

With an extensive menu of breakfast, lunch and dinner favorites, Eat'n Park, a local family-owned restaurant chain, has been serving up smiles since 1949! With almost 60 locations across Pennsylvania, Ohio and West Virginia, they have something for everyone to enjoy - from all-day breakfast to late night Superburgers. Enjoy 10% off your order!

esSpa Organic Hungarian Skincare + Salon (Aspinwall)

412-772-3888

esspa.net

17 Brilliant Ave.

Enjoy facial services such as dermaplaning or microdermabrasion, a massage, body wrap, pedicure or so much more at this Hungarian spa in Aspinwall, Pa.

Full Throttle Adrenaline

Park (Monroeville)

412-380-1314

gofullthrottle.com

360 Mall Circle Drive

The Pittsburgh Adrenaline Park is a 64,135 sq. ft. facility of premier adrenaline-based activities for individuals & groups up to 200+ people. Full Throttle offers electric high-speed Go Karting for both juniors & pros, axe throwing, rage room with a break bar and a fun-filled Arcade.

Pittsburgh Brewing Company (Creighton)

412-682-7400

pittsburghbrewing.com

150 Ferry St.

Check out the brewery behind iconic Pittsburgh drinks like Iron City Beer, IC Light and Old German. While you're there, grab some Pittsburgh merch at the gift shop.

Press House Coffee (Sewickley)

412-259-8659

presshousecoffee.com

505 Broad St.

Press House wants to help you drink coffee the best way - the way you like it. They source premium coffees, ship them to your door within 72 hours of roasting for incredible freshness, and sell only their favorite brewing equipment.

Shorty's Tap x Taco

(West Homestead)

412-235-9758

shortysx.com

244 W. Bridge St.

Enjoy old school games like pinball, foosball, shuffleboard and darts, or belt it out with Karaoke at this laid-back spot.



GROVE CITY

Auntie Anne's

724-748-0069

auntieannes.com

1911 Leesburg Grove City Rd.

Their fresh, hot-out-of-the-oven pretzel snacks paired with refreshing drinks are the next-level snack you deserve, anywhere. Unmistakably butter-brushed and baked golden brown, their pretzels are formed into twists & bite-sized nuggets that are easy to eat for on-the-go lives.

Beef Jerky Experience

724-264-3204

beefjerkyx.com

1911 Leesburg Grove City Rd.

Beef Jerky Experience offers small batch, high quality beef jerky, while also providing options for your four-legged friends as well! Visit their other location at the Tanger Outlets in Washington, Pa., too!

Heritage Wine Cellars

724-748-5070

heritagewine.biz

1911 Leesburg Grove City Rd.

Heritage Wine Cellars offers an unparalleled selection and something to satisfy every palate - from unique fruit infused, to traditional red and whites and more.

Lee | Wrangler

724-748-0037

leewranglerclearancecenter.com

1911 Leesburg Grove City Rd.

Lee | Wrangler brings together two of the most iconic and trusted denim brands under one roof. With a rich heritage of design and innovation, Lee | Wrangler is home to a broad selection of clothing and is trusted for the quality, comfort and style.

Jockey

724-748-3532

jockey.com

1911 Leesburg Grove City Rd.

Jockey is known for its underwear, t-shirts, bras, panties and more for men and women.



CONTACT US

Questions? Ask the Pittsburgh experts!

Stop by the SportsPITTSBURGH Welcome Booth
in the Athlete Village at the David L. Lawrence
Convention Center.

412-281-7711

info@visitpittsburgh.com





TEAM DREAM

— PITTSBURGH PREMIERE —

The Team Dream Film has gained notoriety by winning film festival prizes, audience acclaim and being the subject of several positive media features. Team Dream is the first documentary short from the 2022 Queen Collective program, executive produced by Queen Latifah. The film follows Ann and Madeline who are 82 and 77 years old, respectively, revealing that nothing – not age, not race and certainly not Chicago’s notorious weather – will stop them from training for the National Senior Games. Athletes and older adults will see themselves in the film as it highlights the joy, sacrifice, victories, and personal histories portrayed in this age affirming film.



IMAGES OF THE GAMES: M. SEROTA'S STEEL CITY YOUTH PROJECT

In honor of Olympic Day, Art Of The Olympian photographer Marc Serota will guide City of Pittsburgh Youth Ambassadors and Manchester Bidwell Guild youth in capturing the wonder and joy of older adults participating in the National Senior Games.



ABOUT MARC SEROTA

As a Portrait photographer Serota has lensed iconic athletes and celebrities for CORBIS and GETTY as well as major brands such Sports Illustrated, ESPN, the NBA, NHL and the NFL. Serota is a renown award winning photographer having logged 25+ years with news agency such as REUTERS, Getty Images, The Associated Press and UPI, shooting the biggest news, entertainment and sports stories from the early 1990s and into the 2020s and has covered numerous Super Bowls, Olympic games, NHL Stanley Cups, NASCAR races, ATP and PGA events.

AGING WELL PITTSBURGH PARTNERS DAY

THURSDAY, JULY 13

Aging Well: Pittsburgh Partners Day will celebrate local older adults and agencies that provide age friendly services throughout greater Pittsburgh. Participants include Age Friendly Greater Pittsburgh, Area Agency on Aging of Allegheny County, Federal Trade Commission, Merrill Lynch/Bank of America and City of Pittsburgh Financial Empowerment.



THANK YOU

Special thanks to P3R, the Event Operations Partner of SportsPITTSBURGH, and the 2023 National Senior Games!