

TENNIS TALK May 2015
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TITLE: Yes, YOU can teach your child to play tennis

The way to teach a child to play tennis has changed DRASTICALLY in the last 5 years. No longer does a coach stand at the net feeding balls to a line of “patiently” waiting children. Have you EVER seen a child wait patiently?

With the use of age appropriate equipment and courts scaled to the size of the player, children have FUN and are successful from the first bounce of the ball. Even the ball looks different – bigger softer foam balls for the youngest players, and lower-bouncing bright red and orange balls for children 10 and under and even a green dot (yes, a green dot ball) for the 12 and under player. Not until a young player is over 12 years old do they hit the YELLOW ball you and I recognize.

Come see how YOU can teach a child to play tennis at a workshop at the Western Rockingham YMCA on Saturday June 6 at 1pm. For just \$15 and a 3-hour investment of your time, you will have the tools to introduce your child and family to one of the games for a lifetime – tennis. You will leave with a Coach Youth Tennis workbook, workshop certification and a recipe for FUN and SUCCESS on the court.

Led by Bruce Staples, one of our nation’s most highly recognized youth tennis trainers, this workshop is for ANYONE (age 16 and over) who wants to help grow tennis including parents, grandparents, Parks & Recreation summer camp counselors, youth program providers, RC Tennis volunteers, Junior Team Tennis parents, PE Teachers, After School providers, adaptive tennis providers, and tennis teaching professionals. No tennis experience is necessary but a love of working with children IS.

Have FUN, Make new FRIENDS, Get Fit ... play more tennis Rockingham County.



Rockingham County Tennis Association (RC Tennis), formed in 2014, is an organized group of dedicated volunteers and professionals who come together to provide programs and events to promote the growth of tennis in Rockingham County.

For more information about tennis for all ages in Rockingham County, go to our webpage at www.rockingham.usta.com and follow us on Facebook at www.facebook.com/RCYouthtennis.