

TENNIS IS YOUR CHILD'S PERFECT MATCH!

YouthTennis.com 
Get Active

IT'S NEVER BEEN EASIER TO GET YOUR CHILD ACTIVE AND HEALTHY!

“I was looking for a new sport for my son to try, and tennis seemed like a great way for him to have fun and get active. He has since met some new friends, has begun to compete and is looking for ways to improve. All he wants to do is play tennis now!”

Laura H.

- With smaller courts, shorter racquets and balls that bounce lower, your child will achieve greater physical activity and feel successful right from the start.
- Play incorporates aerobic exercise, improves balance, agility and hand-eye coordination, and teaches self-confidence and self-assurance.
- It's a sport the whole family can play together right at home, in the driveway or on any flat, safe surface.

TENNIS PARTICIPATION POSITIVELY INFLUENCES THE LIVES OF U.S. YOUTH ACROSS ALL SOCIOECONOMIC LEVELS*

GET BETTER GRADES



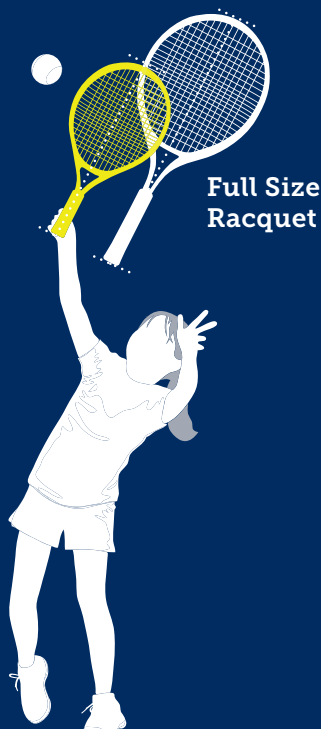
SPEND MORE
TIME STUDYING

HAVE COLLEGE
ASPIRATIONS



MORE SAY THEY WILL
GRADUATE FROM COLLEGE

Sized Right for Age and Ability



Get Out and Play!

AGE

5-8

COURT



36' X 18'

BALL



FELT OR FOAM
REDUCED BOUNCE

AGE

9-10

COURT



60' X 21' (SINGLES)
60' X 27' (DOUBLES)

BALL



REDUCED BOUNCE

AGE

11+

COURT



78' X 27' (SINGLES)
78' X 36' (DOUBLES)

BALL



SLIGHTLY REDUCED
BOUNCE FROM YELLOW
TENNIS BALL

Racquet Sizes

19"



21"



23"



25"



*USTA Serves Special Report: More Than a Sport – Tennis, Education and Health, is the first nationwide study to compare the education and health profiles of youth tennis participants with participants in other contact and non-contact sports, as well as students who do not participate in sports. 54,048 8th and 10th graders surveyed, 4,278 participants included. © 2014 USTA. All rights reserved.

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