

## **USTA In-house League Guidelines**

### **Adult Leagues**

#### **Playing in more than one level**

Yes. You can play 0.5 above or below your rating, so you could theoretically play in three different levels. We monitor feedback and hope that we see a high level of enjoyment and good competition. Many players are between two NTRP levels and can offer a great match at either level. We do ask players to remember the need for integrity in placing themselves in this program.

#### **Match Scheduling**

We recommend contacting all of your opponents early in the season to get a match date on your calendars. You can find your opponents' contact information by logging into TennisLink: <http://tennislink.usta.com/Leagues/Common/Home.aspx> and clicking on the My Teams tab. Click on the name of your In-house League team and then on the tab that says Captain's Report.

When you view your schedule, you will see that each match is set for Friday at midnight. This marks the beginning of the week in which we recommend you play each match; however, you can schedule each match with your opponent at any day and any time so long as the scores are entered by the end of the season.

#### **Balls**

Each player should bring their own can of new balls to each match.

#### **Courts**

Reserve courts ahead of time with the facility to ensure availability.

#### **Contacting Opponents**

Communication is an important aspect of the In-House League. Acknowledge your opponent's calls or emails even if you are unavailable to play. If you are leaving town, let your scheduled opponents know that you will contact them when you return.

We encourage players to reschedule matches if necessary, to allow for matches to be played instead of having defaults. Players have the entire season to play all of the scheduled matches, so there is not a deadline for rescheduled matches.

#### **Match Scoring**

A round robin format is used with one match assigned per week.

Scoring format is best 2 of 3 sets with a 10-point match tiebreaker played in lieu of a third set and scored as 1-0. No-ad scoring is the standard scoring format; however, if the club has enough court time available and if both players agree, regular scoring may be used instead of no-ad scoring.