

Minimum Rest Between Matches

Divisions	<ul style="list-style-type: none"> • Best of 3 set matches • Best of 3 set matches with a 10 point tiebreak in lieu of the 3rd set • Best of 5 set matches • Any of the above formats with No-Ad scoring 	Pro set formats
Juniors	60 minutes except 30 minutes in doubles only tournaments*	30 minutes
Senior 35-45 & Parent-Child	60 minutes*	30 minutes
Senior 50 -90	90 minutes*	45 minutes
Parent-Child with minimum parental age		
Grandparent-Grandchild		
Husband & Wife (Combined ages)		
Wheelchair	<ul style="list-style-type: none"> • Match of 60 minutes or less: 30 minutes* • Between 60 and 90 minutes 45 minutes* • 90 minutes or more: 90 minutes* 	<ul style="list-style-type: none"> • Match of 60 minutes or less: 30 minutes • Between 60 and 90 minutes 45 minutes • 90 minutes or more: 90 minutes
NTRP without age restrictions	60 minutes*	30 minutes
NTRP 35-45	60 minutes*	30 minutes
NTRP 50-90	90 minutes*	45 minutes
All other divisions	30 minutes*	30 minutes
<p>Red, Orange, and Green Ball Tennis Formats: The tournament shall offer the players reasonable rest, which in many cases will be no more than 15 minutes.</p>		
<p>For any other format, the rest is at least 30 minutes.</p>		
<p>A player is governed by the amount of rest allowed for the division in which the player plays.</p>		
<p>Players who participate in more than one division are entitled to at least 30 minutes rest between matches in different divisions, unless the Recovery Rule applies in which case the Referee shall offer the player a rest of two hours.</p>		
<p>When more than one match format is played, the match format of the preceding match shall govern the minimum rest.</p>		
<p>*Recovery Rule: After all singles matches in Junior, Adult, Senior, NTRP and Wheelchair divisions in which the match format is two out of three standard tiebreak sets or more, the Referee shall offer a rest of two hours before the player's next singles match. This rule does not apply to short set matches, matches that play a tiebreak in lieu of a final 3rs set, nor to any match played indoors where the duration of the match is less than 120 minutes.</p>		

For more details, consult The Friend at Court, page 94.