



## **Basic Tennis Rules**

**EQUIPMENT:** 78' court/Up to 29" racquet/Yellow or \*Green Ball  
\*12U – Green Ball

- 1) Before you begin play, introduce yourself to your opponent.
- 2) Warm up for 5 minutes.
- 3) To see who serves first, spin your racquet. If you win the racquet spin, you may **(1)** choose to serve or receive first; **(2)** choose which side of the court you want to start playing on; or **(3)** require your opponent to choose first.
- 4) After the last point of the match, come to the net quickly and shake hands. Tell your opponent great match and thanks for playing!

### **SCORING** (*1 Set to 6, No-Ad*)

- A **game** is played to 4 points (15-30-40-Game).
- A **set** is made up of games. The first player to win 6 games wins the set and match.
- At 5-5, a 7-point tiebreak is played for the match.
- **Tiebreak:** *The first server shall serve **one** point from the **right** side. The second server shall serve **two** points, starting on the **left** side and ending on the **right** side. The players continue to alternate serving **two** points each until one player/team reaches 7 points. Players change ends of the court every **six (6)** points.*

### **BASIC RULES**

- Always call out the score before you serve.
- If the ball touches any part of the line, it is good.
- Call the ball out immediately if it does not land in the court.
- Keep a positive outlook and display proper sportsmanship throughout your match. Remember, you're playing for fun!

