

# Basic Tennis Rules (12U, 14U, 18U)

Equipment: 78' court/Up to 29" racquet | 12U - Green Ball, 14U & 18U - Yellow Ball

- 1) Before you begin to play, introduce yourself to your opponent.
- 2) Warm up for 5 minutes.
- 3) To see who serves first, spin your racquet. If you win the racquet spin, you may (1) choose to serve or receive first; (2) choose which side of the court you want to start playing on; or (3) require your opponent to choose first.
- 4) After the last point of the match, come to the net quickly and shake hands. Tell your opponent, "Great match and thanks for playing!"

## **SCORING: (1 Set to 6, No-Ad)**

- A **game** is played to 4 points (15-30-40-Game).
- At 40-40 the receiving team chooses to which side of the court the server will serve; whoever wins that point wins the game.
- A **set** is made up of games. The first player to win 6 games wins the set and match.
- At 5-5, a 7 point tiebreak is played for the match.
- **Tiebreak:** *The first server shall serve **one** point from the **right** side. The second server shall serve **two** points, starting on the **left** side and ending on the **right** side. The players continue to alternate serving **two** points each until one player/team reaches 7 points by a 2-point margin. Players change ends of the court every **six (6)** points.*

## **BASIC RULES:**

- Always call out the score before you serve.
- If the ball touches any part of the line, it is good.
- Call the ball out immediately if it does not land in the court.
- Keep a positive outlook and display proper sportsmanship throughout your match. Remember, you're playing for fun!