

USTA Recreational Coach Training Matrix

	Recreational Coach Workshops (RCW)	School In-service	Organized Play Workshop	QuickStart Tennis Seminar	QuickStart Tennis (QST) Workshop
Description	<p>An RCW is an interactive, on-court training program designed for tennis teachers and coaches working with players at the recreational level.</p> <p>(6 hours)</p>	<p>Designed to train physical educators how to teach tennis to large groups of students in limited spaces (gymnasiums, playgrounds) with a teacher to student ratio of typically 1 to 30 or higher. Large group management techniques and station-based teaching is core to the in-service program.</p> <p>(2-3 hours)</p>	<p>Designed for individuals responsible for supervising and organizing play opportunities for tennis. No previous experience is required and attendees learn how to implement basic games and organized play formats suitable for all recreational settings.</p> <p>(1 ½ -2 hours)</p>	<p>This is a classroom session for tennis organizations who want to understand QuickStart Tennis. Topics include equipment, programs, events, lessons, and tournaments for ages 10 and under.</p> <p>(1 hour)</p>	<p>This is an on-court workshop designed for beginning tennis teachers and parent coaches be working with age 10 & under youth.</p> <p>(3 hours)</p>
Market/ Audience	<p>The audience is anyone working with players new to the game, coaching teams, or working with large groups.</p>	<p>Physical Educators</p>	<p>Out of school providers including intramural/ extracurricular activity staff, parent volunteers, and tennis coaches/instructors</p>	<p>Organizational meetings, conferences and seminars for CTA's, parks, sections, districts, etc.</p>	<p>New coaches with little or no teaching experience who will be working with children 10 and under</p>
Hosting Requirements	<ul style="list-style-type: none"> Minimum of two tennis courts Minimum of 20 attendees Host Site Director must apply one month in advance and be willing to be the contact person for the workshop 	<ul style="list-style-type: none"> Commitment from School District to implement tennis into curriculum Minimum 12 teachers 	<p>Flexible, can be adapted to the needs and size of the audience being served</p>	<p>Request from a tennis organization</p>	<p>25 park sites will be selected by the USTA National Office</p>
Benefits	<p>Attendees will receive:</p> <ul style="list-style-type: none"> Training on the QuickStart Tennis format, teaching large groups, the games-based approach to coaching, and effective team practices Eligibility for membership as a PTR Recreational Coach and as a USPTA Developmental Coach The Top 10 Games Every Coach Should Know CD-Rom A low compression and foam ball The USTA's Learn to Rally and Play manual Access to additional coaching resources Participant Manual Host site reimbursement 	<p>Attendees will receive:</p> <p>USTA Organizational Members</p> <ul style="list-style-type: none"> The USTA School Tennis Curriculum Kit Access to discounted equipment Eligibility for grants <p>Non-members:</p> <ul style="list-style-type: none"> Downloadable lesson plans Access to purchase curriculum kit and equipment at Gophersport.com 	<p>Attendees will receive:</p> <ul style="list-style-type: none"> Possible equipment and grant support from local level 	<p>Attendees will:</p> <ul style="list-style-type: none"> Learn about QST and how they can implement the format in their programming 	<p>Attendees will:</p> <ul style="list-style-type: none"> Receive on court training by a QST specialist Receive a QST manual
Website	<p>www.usta.com/rcw</p>	<p>www.usta.com/schooltennis</p>	<p>www.usta.com/schooltennis</p>	<p>partners.quickstarttennis.com</p>	<p>partners.quickstarttennis.com</p>