



## USTA Flex Leagues Information

Flex Leagues offer fun and competitive matches for players of all levels—from beginner to advanced. You'll get all the thrills, excitement and fun of USTA League, but on your own schedule. You play whenever it's convenient for you—weekends, mornings, nights, even on your lunch hour!

The Flex League format groups players of similar ability together in a seven to ten week league that allows participants to schedule matches on their own terms. Flex Leagues can be either singles or doubles, or both. Any player can take responsibility for setting up a match in any given week. That allows players to compete at a time and a date that's mutually convenient.

### **Guidelines**

- USTA membership is required.
- NTRP based – valid computer or self rating required. Players without ratings must self-rate according to the NTRP guidelines. (see below)  
[http://s3.amazonaws.com/ustaassets/assets/646/15/experience\\_player\\_guide\\_2015.pdf](http://s3.amazonaws.com/ustaassets/assets/646/15/experience_player_guide_2015.pdf)
- Players must be 18 years or older (turn 18 during the calendar year of 2015)
- Players schedule their own matches. The “home” player is encouraged to select a mutually convenient match location in consultation with the other player.
- Register and report results through TennisLink.
- Home team provides ball (the team on the left side of the scorecard). If necessary the home team is responsible for paying any court costs/guest fees.
- Both teams are responsible for entering scores.

### **General Overview**

- Team size
  - Flex Singles – 1 player
  - Flex Doubles – 6 players (only 2 play per match)
- Format is best of three sets with a match tiebreak in lieu of 3rd set (first to 10 points by 2). Set tiebreak (first to 7 points by 2) at 6-6 in first or second set.
- Players may play at their NTRP rated level or one level higher. (i.e. a 3.5 could play on a 4.0 team)
- Match results will NOT be used in year end NTRP rating calculations

- There is no advancement. There will be no Area Playoffs or Sectionals.
- In the event that a player must withdraw from the league prior to completing the schedule, he/she should notify the administrator and her/his opponents
- League dates for each area are posted on the pnw.usta.com website.  
<http://www.pnw.usta.com/USTA-League>

**Levels to be played are:**

- Men's Singles: 2.5, 3.0, 3.5, 4.0, 4.5
- Women's Singles: 2.5, 3.0, 3.5, 4.0, 4.5
- Men's Doubles: 2.5, 3.0, 3.5, 4.0, 4.5
- Women's Doubles: 2.5, 3.0, 3.5, 4.0, 4.5