

Sports Science Committee Agenda February 2017, Annual Meeting Horseshoe Bay, Texas

TEXAS

- 1. Welcome
- 2. Roll Call
- 3. Introductions/Welcome of new committee members
 - a. Officers:
 - b. Returning Sports Science Committee Members:
 - c. New Sports Science Committee Members for 2017-2018 Term:
 - d. 1st year USTA Volunteers:
- 4. USTA Texas Sports Science Committee Mission Statement: "To educate and serve the Texas tennis community by promoting wellness, safety, and performance using science based principles." (new mission statement 2016)
- 5. History of USTA Texas Sports Science Committee:
 - a. Review of Sports Science Committee efforts last 2 year cycle:
 - b. How does Sports Science Committee fit into USTA Texas strategic plan?
 - c. Sports Science Committee at National Level why SSC at section level?
- 6. Goals for Sports Science Committee Members
 - 1. Attend USTA Texas Annual and Semi Annual Meeting
 - 2. Bring your expertise, ideas, open mind, while keeping Sports Science
 Mission statement (above) and USTA mission statement: (To promote
 and grow the game of tennis) in focus.
 - 3. Participate in Sports Science Content Research
 - 4. Participate in at least 1 of the 4 Sports Science Sub-committees
 - a. Grant

- b. Internal Education
- c. Education Outreach External Focus
- d. Research
- 7. Review 2016: USTA Texas Semi-Annual Minutes
- 8. Sports Science Committee Budget
 - a. 2016 Final Numbers Review
 - b. 2017 Budget Requested in Fall 2016, to be voted on at 2016 Annual Meeting
- 9. 2017 Athletic Trainer Matching Grant
 - a. What is the Athletic trainer 50% matching grant:
 - b. Set up a sub committee:
 - c. 2017 Grant Applications and Awards
 - d. Vote on grant awards as it relates to 2017 Budget
- 10. Sports Science Content Research: (committee goal #3)
- 11. Nutrition Blog: Caroline Sullivan
- 12. USTA Sports Science Committee activity:
 - a. Partnership with Hospital Systems for athletic trainer coverage at tournaments
 - b. Sports Science/Wheelchair at national level
 - c. Shoulder Survey and Sports Science Tent Adult Sectionals (August 2016)
 - d. Junior Competitive Survey Results (Julio/Anisley)
- 13. Sports Science Committee and Educational Outreach opportunities.
 - a. Partnership with USPTA at Annual Meeting
 - b. Texas High School Tennis Coaches Association
 - c. Others?
- 14. Junior Grand Slam: Abilene, Texas: June 9-10, 2017 (Friday/Saturday)
- 15. "Drop Shot App": Darvin McBrayer
- 16. Other Business
- 17. Adjournment